

CRESTON VALLEY

OFFICIAL VISITOR'S GUIDE
2024-2025



[ExploreCrestonValley.com](https://www.explorecrestonvalley.com)

CRESTON VALLEY

OFFICIAL VISITOR'S GUIDE 2024-2025

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COVER PHOTO:

Thompson Rim Hike.

Photo by Mitch Winton

THIS PAGE PHOTO

View looking east towards Canyon-Lister with the
Skimmerhorns (Purcell Range) in the background.

Photo by Binil Philip

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WELCOME TO THE CRESTON VALLEY

AS the local elected representatives for rural Creston, we are thrilled to extend a warm greeting to all our visitors, no matter where you're from. Tucked away amidst the Selkirk and Purcell mountains of British Columbia, our area offers a breathtaking array of natural wonders, including pristine rivers and lakes, dense forests, rolling farmlands and an internationally renowned wetland and wildlife corridor.

Whether you're admiring alpine vistas along our trail network, paddling on the waters of Kootenay Lake, or observing the diverse birdlife in our wetlands, the Creston Valley promises outdoor adventures that will rejuvenate your spirit. We also encourage you to explore our farms, orchards, and vineyards, or visit our popular farmers' market and fruit stands. Here, you'll have the chance to sample the abundance of locally grown and made goods and meet the passionate and dedicated producers behind them.

Additionally, a visit to our artisan shops, studios, galleries, and museums will reveal the unique creativity and charm that our region inspires and guarantees you leave with some one-of-a-kind mementos from your stay. And as you journey through our string of welcoming communities, from Yahk to Creston to Wynndel, we have no doubt you'll appreciate the genuine hospitality of residents.

We invite you to unwind, embrace simplicity, and forge connections with both the land and our community. Whether you seek a peaceful retreat or a taste of local delights, we are honoured to have you here.

Here's to an unforgettable stay in the Creston Valley—until we meet again!

Director Garry Jackman RDCK Area A – Wynndel, Sanca, Riondel, Crawford Bay

Director Roger Tierney RDCK Area B – Erikson, Canyon / Lister, Kitchener, Yahk

Director Kelly Vandenberghe RDCK Area C – Wynndel, West Creston, Kootenay Pass



L-R: Director Roger Tierney, Garry Jackman, Kelly Vandenberghe.

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KTUNAXA NATION ACKNOWLEDGEMENT



THESE beautiful lands are the traditional and unceded territory of the Ktunaxa Nation (pronounced k-too-nah-ha).

The lower Kootenay Band, locally known as Yaqan Nukiy are the original inhabitants of the lower Kootenay area. Yaqan Nukiy means “where the rock stands” referring to an important place in the Creston Valley. The people of Yaqan Nukiy speak the Ktunaxa language, which is one of the eleven original aboriginal language families in Canada, not related to any other language in the world.



A Yaqan Nukiy elder building a traditional Yaksumit canoe.
Courtesy of the Creston Museum

Traditionally, the Yaqan Nukiy people resided along the Kootenay River and Kootenay Lake, navigating the vast wetlands on the

valley floor and along the lake, hunting, fishing, and gathering in their birch bark canoe, called Yaksumit in Ktunaxa. The Yaksumit, renowned for its distinctive nose shape at both ends resembling the giant native Sturgeon fish species of the area, served as a vital tool for their way of life.

Today the Yaqan Nukiy community (also known as Lower Kootenay Band) continues to play a strong and vital role in the Creston Valley, with the band operating several important local businesses and the Yaqan Nukiy Independent School.

The Creston Valley Tourism Society acknowledges this area as part of the unceded territory of the Ktunaxa people and is grateful for the opportunity to live, play and share these beautiful lands and waterways with visitors.

DISCOVER CRESTON VALLEY



AS you discover the Creston Valley, the region in the Kootenays where east meets west, use this guide to support and enhance your explorations. Here you will find a temperate climate and expansive views, a rich history in agriculture, an extensive offering of recreation, and a delightful artisanal scene, all of which attract visitors year-round.

Tucked between the Purcell and Selkirk Mountain ranges, from the banks of the Moyie River in Yahk to the Goat and Kootenay River in the Creston Valley, meandering through rich farmlands and diverse wetlands onward to Kootenay Lake, the communities and people here are deeply connected to the area's land, water and history.

Travelling from the east, you'll find **Yahk** - a small and unique hamlet known for quiet and pristine camping, day use opportunities along the Moyie River, a well-known ice cream pit-stop at Two Scoop Steve, and the diverse selection and gift shop at Yahk Soap and Candle Co. where the resident goats, Toot, Buttin and Walter are often found on the roof.

Erickson's variety of orchards and fruit stands regularly draw visitors and families, many who have been coming for generations. This bounty of locally grown fruits and vegetables, baked goods, seasonal

flowers, and sweet and savoury preserves provides everything you need to prepare a meal or snack for the day's adventure, or to take home to enjoy later. Erickson is also increasingly known as the heart of the Creston Valley's growing wine scene, with four exceptional wineries, some offering tastings and light snacks while all boast stunning views of the valley.

Across the Goat River **Canyon** is known for its access to the popular Mt. Thompson - an outdoor enthusiast's paradise with some of the best hiking and views around. Add to this a beautiful community park with camping, ball fields, a horse arena, playground, and outdoor kitchen and picnic area, Canyon is also well-suited to gatherings for families and friends.

A little further south is **Lister**, home to rolling fields and dairy, grain, beef, and poultry farms - a little country paradise. Stop by the Kootenay Meadows' store to sample freshly made cheese or ice cream,



take a tour of the farm and meet the cows who make it all happen. Nearby, you will also find the Lister Park and its popular disc golf course, sports fields and playground and just down the road, the Creston Golf Club offering a challenging 18-hole course with breathtaking views from the fairways.

West of Lister is **Yaqan Nukiy** (Lower Kootenay Band), where their eye-catching office sits atop a beautiful bench overlooking the valley floor and the Kootenay River. Yaqan Nukiy is also home of the annual Traditional Pow Wow, Legend Logos Gift Shop, and Yaqan Nukiy Heritage Centre offering traditional First Nations items and history.

Just north you will find **Creston**, the commercial and business centre of the Valley. Creston is known for its vibrant and growing downtown which is worth stopping for, especially when the Creston Valley Farmers' Market is taking place. Standing tall in the centre of town are the impressive historic grain elevators, among an assortment of restaurants and charming cafés, state-of-the art recreation facilities, theatres and galleries, cool and quirky shops, a variety of professional services, and more.

West of the Kootenay River is **West Creston** where you will find the Creston Valley Wildlife Management Area, boasting diverse wildlife and year-round access to trails

for hiking, biking, snowshoeing and cross-country skiing. Continuing up Highway 3 into the Selkirks you'll begin ascending Kootenay Pass – the third highest mountain pass highway in the world, and an area rich in alpine recreation in both summer and winter.

To the north, **Wynndel** is home to Duck Lake, with exceptional bass fishing and scenic ice-skating come winter. Continuing the drive from here along Highway 3A, you will meander along the edge of **Kootenay Lake**, with a variety of opportunities to access one of the largest freshwater lakes in BC or to stop and explore one of the small communities along the way, including Boswell, Grey Creek and Crawford Bay.

While the Creston Valley is well-known for its growing season and agriculture, what sets it apart is the quality of people that call it home and shape these communities as farmers, artists, entrepreneurs and families. It's a place where you'll not only discover fresh food, but friendly, hard-working, down-to-earth people who share a love for the valley.

Welcome to the Creston Valley! We hope you enjoy your stay and leave thinking of your next trip.

To learn more about the communities of the Creston Valley area, visit explorecrestonvalley.com/discover.



GET INSPIRED

TOP 15 THINGS TO DO IN THE CRESTON VALLEY



WHETHER you're a first-time visitor or a seasoned explorer seeking fresh adventures, when you spend time in a region brimming with opportunities, navigating the plethora of activities can be overwhelming. With this in mind, we've curated a list of our favourites to ensure you can make the most out of your stay. Enjoy!

- 1. Tour the four fantastic wineries in the region.** These small-batch vineyards are part of the emerging Kootenay wine region, offering tastings, tours and some locally sourced charcuterie platters to enjoy while taking in the stunning views of the valley.
- 2. Visit the Kootenay Columbia Discovery Centre in the Creston Valley Wildlife Management Area.** You'll be impressed by the environmental education, hands-on activities, guided canoe and walking tours, and of course the boardwalks taking you through the expansive wetlands this area is known for.
- 3. Drop by our breweries.** Yes, plural. The Columbia Brewery, known for producing Kokanee – "it's the beer out here," offers tours that take you through the history of the brewery, along with samples. Newer to the Valley is Wild North Brewing Company, a craft brewery that has quickly become a favourite among locals and visitors for their rotating selection of freshly brewed beer.
- 4. Take a trip to Yahk.** This beautiful drive is worth it, especially with a stop at Two Scoop Steve to enjoy some cold and delicious treats and of course visiting the Yahk Soap and Candle Co. for a little shop and to admire the adorable goats who frequent the rooftop!
- 5. Spend an afternoon exploring the bustling and energetic downtown of Creston.** Pick up a coffee from one of the many cafes, peruse the variety of shops, boutiques, artisan studios and galleries that line the streets, choose a little something to remember this special time away with friends and family, and finish the experience by enjoying a little après or dinner at a local restaurant.
- 6. Get out of the Valley and into the mountains by hiking one of the many local trails found in this area.** From traversing the Skimmerhorn Range to ascending the Selkirk Mountains of Kootenay Pass, seeking peace and tranquillity in the ancient Cedar Forests to walking alongside freshwater creeks or through colourful hillsides, there is something for everyone, it just depends on what you're looking for.



7. **Explore the rivers and lakes by canoe, kayak or stand-up paddle board.** Many are surprised by the serenity and natural beauty found on the Goat and Kootenay Rivers, and Duck and Kootenay Lakes which also offer the perfect opportunity to unwind and cool down.
 8. **Visit one of the most stunning and competitive 18-hole golf courses in the area,** rich in history and surrounded by farmlands and forest – the Creston Valley Golf Club. Playable for every level, from novice to expert and walkable with short distances between greens and tees with rolling terrain – a wonderful way to spend a day in the Valley.
 9. **Enjoy some of the locally grown and made bounty found in the Creston Valley,** whether that's by getting your hands a little dirty at a farm or orchard, enjoying a U-Pick opportunity or experiencing shopping at one of the many fruit stands in the area.
 10. **Check out the Creston Valley Farmers' Market,** a bustling year-round hub showcasing the region's finest artisans and food producers. In the summer, immerse yourself in the lively outdoor market right by the Visitor Centre in downtown Creston. As temperatures drop, follow the market indoors to the Creston and District Community Complex for a cozier experience.
 11. **Spend the evening out!** You won't regret enjoying live music, trivia nights, bingo or a film at one of the local venues. Or consider a night of hockey with the local KIJHL team, the Creston Valley Thunder Cats!
 12. **Learn more about the fascinating history of the area by visiting the Creston Museum or Legend Logos.** Dive into the past and learn how this Valley became what it is today by exploring, experiencing and learning from the original people of this area, the Yaqan Nukiy and how forestry, mining and agriculture developed during the pioneer years.
 13. **Take a step back in time and soak up the charm of downtown Creston with a visit to the iconic Creston Grain Elevators!** Built in 1935 and 1936, these towering structures are a living testament to the region's agricultural roots. While they may no longer be bustling with activity, a trip to the adjacent Kunze Gallery promises fascinating history and stunning professional art.
 14. **Drive up the East Shore of Kootenay Lake for the day.** From Kootenay Bay at the north to Kuskanook at the south, there are many beaches to be discovered and charming communities full of artisan shops to enjoy along the way.
 15. **Plan a trip to Kootenay Pass in the winter months to enjoy its amazing snow!** Whether snowshoeing, backcountry skiing, or snowmobiling, this area is known for its recreational opportunities and pristine outdoor experiences.
- While it is unlikely you will be able to tick all of these 'to dos' off your list, we hope you get to experience some of these recommendations and that the remainder have you planning for your next trip to the Creston Valley.

For more inspiration or additional ideas for your trip to the Creston Valley visit explorecrestonvalley.com/get-inspired-blog.



PLAY

ADVENTURE STARTS HERE



YOU'VE arrived and the vast landscape has you inspired to spend time outside enjoying the spectrum of recreational offerings the Creston Valley is known for – but where do you begin?

With its pristine rivers and lakes, expansive wetlands and natural environments, and lush forests and mountain tops, it truly feels endless. Add in community parks, a world-class recreation complex, golf course, and an abundance of indoor options, being active during your stay will not be a problem. Choosing the activities may be. It's a good problem to have, and we hope you enjoy whatever it is you choose and that you also try something new to you as you explore Creston Valley's recreational mix.



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WHAT THE LOCALS SAY



PETER KENNEFORD

Creston Valley Golf Course

I moved to the Creston Valley from Edmonton to take on the role as Head Golf Professional/Director of Golf. Originally from Niagara Falls, I saw the Creston Valley had similar weather to where I grew up and not being a fan of cold winters and enjoying hot summers, it was a perfect fit. On my days away from the course I spend time exploring Kootenay Lake either fishing or paddling in kayaks with family and stopping for freshly made doughnuts at the Mountain Barn Café.

The membership at the Creston Golf Club is very active and there is always something going on. It is such a hidden gem here in the Kootenays and our motto is “first to open and last to close.” Anyone who stops and plays comes back to enjoy the great views and well-manicured greens and fairways. The golf industry is forever changing with new equipment, golf balls, and GPS. Gone are the days of buying clubs off the store shelves. With the launch of monitors, we can get the right product into a golfer’s hand allowing everyone to enjoy the game at all ages.

Creston is also evolving, with younger families moving into the valley bringing a more vibrant feel to the community. We see an increase of these families and new members joining Creston Golf Club annually, making the community stronger each year.

I live in the Creston Valley because... it’s a small welcoming community with a long golf season that starts mid-March and goes until the end of October.

My favourite way to explore this area is... by bike or jumping into the car and seeing where the day takes us.

When people come to visit, I always recommend they... play a round at Creston Golf Club and take a picture from the best view in the valley at the 7th tee box. When heading up the lake, stop into the Mountain Barn and have a mouth-watering doughnut or cinnamon roll!

One of Creston Valley’s most unique qualities is... being so close to the border and the climate which produces some great fruits and vegetables.

PLAY

IN THE MOUNTAINS



THE Creston Valley is surrounded by mountains, each offering hiking opportunities that offer something unique to those interested in working their way to breathtaking views. Whether along the valley bottom navigating pathways and boardwalks through riparian marshlands, or along rocky trails and jagged ridgelines leading to rewarding summits, there are many opportunities and vantage points worth discovering.

MOUNT THOMPSON TRAILS

On the east side of the Creston Valley in the Purcell Range, Thompson Mountain is home to a network of five trails that wander up, around and on top of Mount Thompson, including **Sullivan Creek** and **Thompson Rim Trails**. The latest addition is the **Bonnie Lake Trail**, which forks off the iconic Thompson Rim Trail before descending the east side to a small alpine lake that gives the trail its name.

GOAT (ARROW) MOUNTAIN TRAILS

Nestled above the Town of Creston's northern boundary, Goat Mountain is home to two popular trails, including the popular **Billy Goat Bluff Trail**, a moderately challenging trail that starts from the edge of town before winding up the mountain to a beautiful lookout point.

Creston's Bicycle Shop - Sales, Service & Equipment



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CRESTON VALLEY WILDLIFE MANAGEMENT AREA (CVWMA) TRAILS

In the West Creston area of the CVWMA, the **Corn Creek Marsh** and **Summit Creek** recreation areas provide five loop trails of varying lengths along boardwalks and dykes through the wetlands, marshes and bird habitat with charming names like Songbird Stroll, Wood Duck Walk and Elk Amble.

MOUNT CRESTON TRAILS

Just northwest of the CVWMA trails, this relatively easy network goes up, around, and behind Mount Creston to provide stunning vistas of the wetlands and valley including **Balancing Rock**, **Fern Forest**, **Summit Creek**, and **Mount Creston** trails.

KOOTENAY PASS TRAILS

West of Creston in the Selkirk Mountains along Hwy 3, the Pass provides trails through ancient cedar groves and to the tops of high mountain peaks popular in both summer and winter. Highlights include **Ka Papa Cedars Trail** which wanders through an ancient old growth cedar stand, and the high-altitude **Ripple Ridge** and **Cornice Ridge** trails in **Stagleap Provincial Park**.



BACKCOUNTRY TRAILS

For those with 4x4 vehicles and experience, the area also features a few rustic backcountry trails to pristine and stunning locations, including **Haystack Mountain Trail** in **Kianuko Provincial Park** and **Mount Midgley Trail** to the northwest of the Creston Valley.

For more detailed descriptions pick up a copy of the new **Creston Valley Hiking Map**, available at the Creston Valley Visitor Centre and other local businesses, or visit explorecrestonvalley.com/hiking.



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PLAY ON THE WATER



THE Creston Valley is known for its mild climate and long growing season. Luckily, it's also home to numerous lakes, rivers, and wetlands - perfect for swimming, fishing, paddling, birdwatching and wildlife viewing. Create some unforgettable memories on the water while you explore this aquatic playground.

WETLANDS

The **Creston Valley Wildlife Management Area** (CVWMA) supports an impressive array of biodiversity with over 300 birds, approximately 60 mammals, 17 fish, 6 reptile and 6 amphibian species recorded. Additionally, there are thousands of invertebrate and plant species. The various ponds, channels and lakes within the CVWMA can be explored by canoe or kayak. Otherwise, an extensive network of flat-top dyke trails offers easy access to explore on foot. The **Kootenay-Columbia Discovery Centre** offers environmental education and awareness programs as well as popular guided canoe tours in the summer.

FISHING

There are 17 known species of fish in CVWMA, which can be fished for with appropriate permits (crestonwildlife.ca). In the ponds and channels and on **Duck Lake** the most popular species to fish are yellow perch and large-mouth bass. If you're looking to fish cutthroat trout, make sure to visit the **Goat** and **Kootenay River**. Heading to **Kootenay Lake** you can fish from the shore or on a boat for bull trout, gerrard rainbow trout and more. For those willing to hike in a

rod, several small creeks and alpine lakes in the area also offer good fishing.

PADDLING

Home to the Kootenay and Goat Rivers, paddlers are drawn to these waterways for both kayaking and canoeing. A popular launch point on the Kootenay is the **Old Ferry Landing** at the end of Kootenay River Road, which allows for easy access for launching watercraft. For those looking for more placid paddling, the many beaches and boat launches along the **East Shore of Kootenay Lake** offer numerous access points for canoes, kayaks and stand-up paddle boards.

SWIMMING

With the warm and sunny climate found in the Creston Valley, swimming holes provide a refreshing way to cool down and reward yourself after a day's adventure. Popular local swimming holes can be found on the **Moyie River in Yahk**, the **Goat River in Creston**, and of course **Kootenay Lake**. If you're interested in a brisk, refreshing dip close to town consider a visit to the Goat Riverside Park. For those seeking relaxing beaches and sun, a visit to **Twin Bays Beach** on Kootenay Lake is a must.

A photograph showing three people snowshoeing through a snowy forest. They are wearing winter gear and carrying backpacks. The trees are heavily covered in snow, and the ground is a deep white. The sky is blue with some clouds.

PLAY

WINTER RECREATION

SNOWSHOEING, Nordic skiing, snowmobiling and ski touring are wonderful ways to enjoy the winter season in and around the Creston Valley. From exploring a backcountry adventure on Kootenay Pass to enjoying the trails closer to home, there are many opportunities for a winter adventurer.

SNOWSHOEING AND NORDIC SKIING

While Creston itself is often snow-free during the winter months, you can find beautiful snowshoeing on the **Kootenay Pass**. Additionally, when the snow is deep enough one can enjoy snowshoeing and cross-country skiing along the unmaintained trails located in the **Corn Creek Marsh** and **Summit Creek Recreation Areas** within the Creston Valley Wildlife Management Area (CVWMA).

SNOWMOBILING

In the winter the deep snow in the mountains and back-country around the Creston area are also popular for sleds. The **Kokanee Country Snowmobile Club** also maintains and operates three riding areas and two backcountry huts, which can be accessed with an annual membership. Visit crestonsnowmobileclub.com to learn more

about these riding areas and to purchase your membership for the winter.

SKI TOURING

Just a short 35-minute drive from Creston, Kootenay Pass is known for its incredible ski touring options, including popular routes in **Stagleap Provincial Park** to **Ripple Ridge** on the south and **Cornice Ridge** on the north side of Highway 3. Consider booking a course, or guided day trip with a local guide. For the truly devoted ski touring enthusiasts there are also two backcountry ski huts available for rent through the Ripple Ridge Cabin Association.

While recreating in the backcountry during the winter, it's important to be aware of current weather conditions and avalanche risk. Visit avalanche.ca for weather forecasts, riding conditions and avalanche risk ratings for the Creston and Kootenay Pass area.

PLAY

AROUND TOWN AND IN THE VALLEY



THERE are many opportunities to be explored throughout the valley and in town with numerous community parks, a world-class community recreation complex and of course many studios offering fitness classes, strength training, yoga and dance. Additionally, for those who enjoy time outdoors, the valley is also a popular destination for golfing and road biking.

GOLF

Fore! Creston Valley is home to the **Creston Golf Club**. Established in 1954, the club is a playable course for all levels but with its rolling terrain and fast greens, can be a challenging one as well. Professionally designed and maintained, they offer various tee ranges and gradually changing elevation on both nines making it a walkable course. For those keen on another round, consider checking out the Kokanee Springs Golf Course in Crawford Bay or the smaller 9-hole community golf course in Riondel.

BIKING

Explore the Creston Valley on two wheels, where rolling hills and charming rural roads create a cycling haven. Pedal through the quaint fields and farmlands of Canyon, Lister, and West Creston, or embark on longer adventures to Yahk, up Kootenay Pass, or along the enchanting east shore of Kootenay Lake. For those interested in meeting other bikers and gaining local knowledge, consider joining the **Creston**

Valley Cycling Association's weekly group ride, catering to all levels. Visit their website (crestonvalleycycling.ca) to learn more about the area, cycling routes, group ride schedules and to secure your membership.

COMMUNITY PARKS

Explore the array of community parks in the Creston area, each offering unique amenities and attractions.

Millennium Park, conveniently located near town, features an amphitheatre, Dog Park, BMX Park, and amenities such as parking, water stations, and a sani-dump for RVs. Nearby, **Centennial Park** is a family favourite with its refreshing Splash Park, while rural **Lister Park** offers a playground, baseball fields, and a popular Disc Golf Course. Additionally, Canyon, Wynndel, Yahk, and West Creston each boast their own community halls and parks equipped with sports courts, fields, and rentable kitchen and dining areas, making them perfect for hosting family reunions and special events.



THINGS TO DO

- **CRESTON & DISTRICT COMMUNITY COMPLEX**
Public Pool, Fitness Centre, Ice Arena, Skateboard/BMX Park
250-428-7127 | rdck.ca/recreation
- **CRESTON VALLEY ADVENTURE RENTALS**
Kayak, Canoe, & SUP Rentals
Year-Round
crestonvalleyadventurerentals.com
- **CRESTON VALLEY GOLF CLUB**
18-hole Golf Course, Rentals, Restaurant. April - November.
crestongolf.com
- **EMBODY MOVEMENT STUDIO**
Movement, Dance, and Yoga Classes
Year-round | embodymovementstudio.com
- **KOOTENAY- COLUMBIA DISCOVERY CENTRE**
Guided Interpretive Centre Tours, Wetlands Canoe Tours
May - August | discovery-centre.ca
- **SUMMIT CYCLES & SPORTS**
Snowshoe and X-Country Ski Rentals
November - March
summitcycles.ca

REC COMPLEX

The award-winning **Creston and District Rec Complex** offers a wide range of amenities for visitors to enjoy. Indoors, you'll find an inviting pool and sauna, as well as a gym that hosts various fitness classes. Additionally, the complex is home to a curling and skating rink. Outdoors, there's something for everyone, including pickleball and sand volleyball courts, and the newly developed Skateboard and BMX Park.



YOGA AND MOVEMENT

Interested in finding some balance? Revitalize with an invigorating fitness, dance, or yoga class at the Rec Complex or at Embody Movement Studio in downtown Creston. If you're seeking relaxation, consider unwinding with a restorative yoga session at the Yoga Room. With a variety of options available, you'll find the perfect way to nourish your body and soul while here.

For more on recreation in the Creston Valley, visit explorecrestonvalley.com/recreation.



SHOP LOCAL FINDS



INDULGE in the unique blend of rural charm and eclectic shopping experiences found in the Creston Valley!

From funky stores and stylish boutiques to vintage treasures and charming pottery and soap-making studios, there's something to pique the interest of every visitor. Take your time exploring these vibrant spaces – you're bound to uncover the perfect one-of-a-kind item or locally handcrafted gem to cherish as a memento of your journey through the area.

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WHAT THE LOCALS SAY



MEL JOY

Fly in the Fibre

Ever since I set foot in the Creston Valley, I knew I had found my home. Drawn by the serene beauty and the tight-knit community, I made the decision to put down roots here, seeking a slower pace of life and a deeper connection to nature. Meeting my husband clinched the deal!

A coffee shop isn't just a place to grab a cup of coffee; it's a sanctuary where people can pause, take a breath, and immerse themselves in the simple pleasures of life. At Fly in the Fibre, we serve as a cozy haven for caffeine enthusiasts and a gallery space where local art takes centre stage.

I've witnessed the transformation of the crafting industry and our community. From the rise of online marketplaces to the resurgence of traditional techniques, the landscape continuously evolves, presenting new opportunities and challenges. Creston itself has undergone its own metamorphosis, embracing progress while preserving its unique charm and character.

As Creston has grown so has the vision for Fly in the Fibre. What began as a humble

storefront has blossomed into a community hub, where creativity knows no bounds and inspiration is in abundance. It's been a remarkable journey - one that I am grateful to share with the people of Creston and beyond.

I live in the Creston Valley because...

I am captivated by the stunning natural beauty, the sense of community, and the opportunity for a fulfilling and peaceful life.

My favourite way to explore this area is...

by hiking to the top of mountains and seeing the bigger picture of where our little valley sits.

When people come to visit, I always recommend they... explore the Farmers' Market, wineries, fruit stands, hiking trails, Wildlife Centre, and anything more to keep people in Creston as long as I can.

One of Creston Valley's most unique qualities is...

the people and their unwavering sense of community and camaraderie. In times of triumph and adversity alike, Crestonites come together to support one another.

For the love of food, family and friends



Photos by Andrew Babby

KITCHEN SUPPLY, HOME DECOR AND EXOTIC SPICES



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SHOP

SHOPS, BOUTIQUES AND ARTISANS



CRESTON is known for its vibrant downtown with unique storefronts each with the latest in arts, crafts, jewelry, gear and more.

SHOPS AND BOUTIQUES

While **Fly in the Fibre** offers an eclectic collection of kitchenware, art, gifts, wools and fibre, the funky **Modern Alchemy and Public Vinyl** is known for its amazing home décor items, clothing, books and of course, records! Are you a self-proclaimed chef or baker? Then the **Grater Good Kitchen Supply** store is for you - a true delight for any foodie!

Did you leave some gear behind, or are you on the hunt for your next adventure? Visit **Summit Cycles and Sports** which has a selection of bikes and related gear or **Elevate Mountain Lifestyles** to find a sturdy pair of hiking boots, sunglasses and great soft goods perfect for an outdoor excursion. **Mawson's Sports** is also a must for anglers or outdoorsmen, with its impressive selection of fishing, hunting and camping supplies.

ARTISANS

From potters to soap makers to painters and more, there are also numerous artisan studios that provide a glimpse of the creative process and the opportunity to purchase that one-of-a-kind gift.

Yahk Soap and Candle Co. is the perfect example, which has an extensive and popular collection of home-made bath bombs, soaps, candles and skincare products. For those



interested in pottery, make sure to visit the **Pottery on Canyon**, a working ceramics studio which showcases the work of local potters and offers a variety of ceramics classes and workshops for all levels as well.

If you are visiting in summer, the **Creston Valley Outdoor Farmers' Market** takes place Saturdays in downtown Creston and is a must. This market plays host to a thriving community of growers, artisans, craftspeople and entertainment and is full of things to see and enjoy.

To learn more about the artisans, shops and boutiques in the area visit explorecrestonvalley.com/shops-artisans.



TIVOLI THEATRE

Built in 1938, this Art Deco style theatre seats 240 people and shows first run movies.

Showtime: 7pm (open at 6:30pm) • Closed Mondays
Weekend Matinees (select movies only): 2pm
ph: 250-428-7469 • tivoli-theatre.ca



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VISIT THE CRESTON MUSEUM!

(We can't wait to see you)



Exhibits • Family Programs • Gift Shop • Picnic Area

Watch for seasonal events and activities!

For more info: CrestonMuseum.ca or Tammy@CrestonMuseum.ca

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Creston BC
250-428-9262

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ARTS, HERITAGE & ENTERTAINMENT

DISCOVER AND CONNECT

GET ready to be immersed in the vibrant arts, heritage, and entertainment scene of the Creston Valley!

From live performances and family-friendly fun to sports, galleries, and public art, there's never a dull moment here. Explore captivating museums, catch a classic movie at the theatre, or check out any number of unique events happening year-round. Whether you're bowling with friends or soaking in the atmosphere of an open mic night at a local pub, there's something to spark some fun and creativity for everyone.



Where Every Artist Finds Their Canvas - All Ages, All Abilities!



Gift Shop, Classes and Sensory Play Area

If you're in town for the day or on your way to one of the wineries, give us a call or drop in.

www.artbarncreston.com

805 25th Ave South, Creston, BC
250-428-1814 • artbarninfo@gmail.com





ENTERTAINMENT SO MUCH TO DO!

THE busy calendar year-round in the Creston Valley may catch you off guard, but it shouldn't.

Most people residing here or visiting have a zest for life. After working or recreating throughout the day, who doesn't need to unwind and have a little fun? Whether it's cheering on the local hockey team, catching a movie, or out for a night "off-off-Broadway" you're sure to find something to enjoy.

LIVE PERFORMANCES

The Creston Valley has an active arts and entertainment scene, from the upbeat tunes by local and touring bands at Frisky Whisky and Jam Nights at **Jimmy's Pub** and **Wild North Brewing Co.**, to the energetic country dance nights at Casey's Community House and karaoke at the Kokanee Pub.

For those seeking a touch of sophistication, the **Creston Concert Society's** annual concert series offers quality concerts throughout the year. Additionally, the **Footlighters Theatre Society** regularly put on live plays, spanning genres from Vaudeville comedies to popular musicals. Finally, **Baillie Grohman Winery** hosts live music on Friday nights outside on their patio, set against the stunning backdrop of the Skimmerhorns, making for an unforgettable experience.

FAMILY FUN

When travelling with the family, you're always looking for ideas to keep everyone engaged and having fun. Fortunately, you have options here. Spend a fun day outdoors

at the Splash Park in Millennium Park or cool off at the **Creston and District Rec Complex** pool. Don't miss the chance to visit Kootenay Meadows dairy farm for a hands-on experience meeting the cows and enjoying delicious ice cream. Romano's Runaway Lanes Limited offers friendly competition with five-pin bowling, and the **Tivoli Theatre** screens family-friendly films for a night out.

For creative minds, **Pottery on Canyon** and the **Art Barn** host classes and workshops suitable for all ages. And for a dose of education and fun, explore the **Kootenay Columbia Discovery Centre** and the **Creston Museum**, both offering family-friendly tours.

SPORTS

Creston Valley is also known for its Junior Hockey! The **Creston Valley Thundercats** are a Junior A hockey team in the Eddie Mountain Division of the Kootenay Conference, playing throughout the winter season, packing the Johnny Bucyk Arena with enthusiastic fans. Come out for a fun-filled game and cheer the team on with the locals!

For more information about entertainment in the Creston Valley visit [explorecrestonvalley.com/entertainment](https://www.explorecrestonvalley.com/entertainment), or for upcoming events and activities closer to your trip, visit [explorecrestonvalley.com/events](https://www.explorecrestonvalley.com/events).





THINGS TO DO

- **THE ART BARN STUDIO**
Individual and group arts and crafts classes. Year-round. artbarncreston.com
- **CRESTON MUSEUM**
Guided tours and personalized experiences.
May - October. crestonmuseum.ca
- **TIVOLI THEATRE**
Movie showings and live events.
Year-round.
tivoli-theatre.ca/wordpress
- **FOOTLIGHTERS THEATRE**
Live theatre performances.
Year-round.
facebook.com/CrestonFootlighters
- **CRESTON CONCERT SOCIETY**
Live music and performing arts concerts. October-May.
crestonconcertsociety.ca
- **CRESTON MINI-GOLF**
Rounds of mini golf. May - Sept.
crestonminigolf.wixsite.com/minigolf
- **ROMANO'S RUNAWAY LANES**
Five-Pin Bowling. 250-428-2659
- **THE POTTERY ON CANYON**
Ceramics workshops and classes.
Year-round. 250-428-6819
- **CRESTON VALLEY THUNDERCATS HOCKEY**
Junior Hockey Games. Sept - Feb.
crestonvalleythundercats.com



THE ADVENTURE CONTINUES

Come visit, experience a tasting,
enjoy a drink & a bite from our menu



TASTING ROOM OPEN: May to September | hours & events online

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EVENT CALENDAR

ANNUAL EVENTS NOT TO MISS!

FEBRUARY

WOMEN'S VALENTINE'S BONSPIEL
@ Creston & District Community Complex.
2nd weekend of February.
crestoncurling.com

MARCH

MEN'S BUTTERFLY BONSPIEL
@ Creston & District Community Complex.
1st weekend of March. crestoncurling.com

APRIL

SPRING TURNOUT
@ Kootenay Meadows Farm.
3rd weekend of April. kootenaymeadows.ca

MAY

CRESTON VALLEY BIRD FESTIVAL
2nd weekend of May. crestonvalleybird.ca

CRESTON VALLEY BLOSSOM FESTIVAL
3rd weekend of May. blossomfestival.ca

JUNE

JUST 'TRI' IT! TRIATHLON
@ Creston & District Community Complex.
1st Saturday in June. rdck.ca/recreation

JULY

CANADA DAY CELEBRATIONS
July 1

HOP TO VINE HUSTLE
Saturday July 6. hoptovinehustle.ca

For more happening throughout the year and for upcoming events and activities closer to your trip, visit explorecrestonvalley.com/events.



SEPTEMBER

CRESTON VALLEY FALL FAIR
@ Creston & District Community Complex
1st weekend of Sept. crestonvalleyfair.com

BLUE HERON HALF MARATHON
Sunday, September 24. crestonmarathon.ca

NOVEMBER

CRESTON CHRISTMAS ART AND CRAFT FAIR @ Creston & District Community Complex. 3rd Sunday of November. crestonvalleyartscouncil.ca

DECEMBER

CRESTON VALLEY WINTERFEST
@ Downtown Creston.
1st Saturday of December.

YEAR ROUND

CRESTON VALLEY FARMERS' MARKET



OUTDOOR FARMERS' MARKET @ Behind the Creston Valley Visitor Centre (115 NW Blvd., Creston). Saturdays, weekly. Mid Apr. - Oct.

INDOOR FARMERS' MARKET @ Creston & District Community Complex. Saturdays, weekly. Nov. - March. cvfac.ca/farmersmarket

TOWN OF CRESTON CENTENNIAL CELEBRATIONS

Various celebrations throughout the Year. creston.ca/centennial-event

MAP DIRECTORY



PROVINCIAL PARKS AND WILDERNESS AREAS



- 1 YAHK PROVINCIAL PARK**
Activities: swimming, fishing
Season: Spring, Summer
- 2 CRESTON VALLEY WILDLIFE MANAGEMENT AREA**
Activities: hiking, wildlife-viewing, canoeing, kayaking, fishing
Season: Year-round
- 3 STAGLEAP PROVINCIAL PARK**
Activities: hiking, snowshoeing, backcountry skiing
Season: Year-round
- 4 KIANUKO PROVINCIAL PARK**
Activities: hiking, horseback riding
Season: Year-round

COMMUNITY PARKS AND FACILITIES



- 1 YAHK KINGSGATE COMMUNITY HALL AND PARK**
Facilities: hall, indoor gym, kitchen, bandstand, multi-use sport court, bocce and horseshoe pits, baseball diamond
Season: Year-round
- 2 CANYON COMMUNITY PARK**
Facilities: baseball diamond, horse arena, walking track, playground, public washrooms, outdoor kitchen and pavilion
Season: Spring, Summer, Fall
- 3 LISTER PARK**
Facilities: baseball diamond, outdoor hockey arena, disc-golf course, playground, washrooms, and pavilion.
Season: Spring, Summer, Fall
- 4 MILLENNIUM PARK**
Facilities: walking path, public washrooms, fountain, covered bandstand, RV parking and sani-dump.
Season: Spring, Summer, Fall
- 5 CRESTON & DISTRICT COMMUNITY COMPLEX**
Facilities: pool, hot tub, steam room, curling rink, fitness gym/track, hockey arena, ball diamonds, soccer field, outdoor sport courts, children's playground, BMX/skateboard park.
Season: Year-round
- 6 DOG & BMX PARK**
Facilities: dog park, BMX dirt jump track, outdoor exercise equipment, walking path
Season: Spring, Summer, Fall
- 7 CENTENNIAL PARK**
Facilities: children's splash park, playground, covered picnic area, change rooms, public washrooms, baseball field, outdoor exercise equipment
Season: Spring, Summer, Fall
- 8 BURNS PARK**
Facilities: playground, public washrooms
Season: Spring, Summer, Fall
- 9 SCHIKURSKI PARK**
Facilities: public washrooms, walking path
Season: Spring, Summer, Fall



HIKING AREAS AND TRAILS



- 1 MOUNT THOMPSON TRAILS**
Activities: hiking, horseback riding, mountain biking
Season: Spring, Summer, Fall
- 2 GOAT (ARROW) MOUNTAIN TRAILS**
Activities: hiking
Season: Spring, Summer, Fall
- 3 CRESTON VALLEY WILDLIFE MANAGEMENT AREA TRAILS**
Activities: hiking, biking, snowshoeing, cross-country skiing
Season: Year-round
- 4 MOUNT CRESTON TRAILS**
Activities: hiking
Season: Spring, Summer, Fall
- 5 KOOTENAY PASS TRAILS**
Activities: hiking, snowshoeing, Backcountry skiing
Season: Year-round
- 6 BACKCOUNTRY TRAILS**
Includes Haystack Mountain Trail in Kianuko Prov. Park and Mt. Midgely Trail to the NW of the Creston Valley.
Activities: hiking
Season: Summer, Fall



BOAT AND CANOE LAUNCHES



- 1 KOOTENAY RIVER OLD FERRY LANDING LAUNCH**
Activities: boating, canoeing, kayaking, SUPing, fishing
Season: Spring, Summer, Fall
- 2 CVMA KOOTENAY RIVER CANOE LAUNCH**
Activities: non-motorized boating, canoeing, kayaking, fishing
Season: Spring, Summer, Fall
- 3 CVWMA DUCK LAKE CHANNEL ROAD CANOE LAUNCH**
Activities: non-motorized boating, canoeing, kayaking, fishing
Season: Spring, Summer
- 4 CVWMA DUCK LAKE SIRDAR CANOE LAUNCH**
Activities: non-motorized boating, canoeing, kayaking, fishing
Season: Spring, Summer, Fall
- 5 KUSKANOOK HARBOUR BOAT LAUNCH AND MARINA**
Activities: boating, canoeing, kayaking, SUPing, fishing
Season: Spring, Summer, Fall
- 6 BOSWELL PUBLIC BOAT LAUNCH**
Activities: boating, fishing
Season: Spring, Summer, Fall

BEACHES AND SWIMMING SPOTS



- 1 GOAT RIVERSIDE PARK**
Activities: swimming, fishing
Season: Spring, Summer, Fall
- 2 TWIN BAYS BEACH**
Activities: swimming, SUPing, kayaking
Season: Spring, Summer, Fall
- 3 MACKIE BEACH**
Activities: swimming, SUPing, kayaking
Season: Spring, Summer, Fall
- 4 LOCKHART BEACH**
Activities: swimming, SUPing, kayaking
Season: Spring, Summer, Fall



DOWNTOWN CRESTON MAP

VISITOR SERVICES

CRESTON VALLEY VISITOR CENTRE
121 Northwest Blvd,
Open Year Round
250-423-4342

PUBLIC PARKING

- P TOWN OF CRESTON PARKING LOT**
1015 Cook Street, Creston
- P TOWN OF CRESTON RV PARKING AND SANI-DUMP**
215 16th Ave S, Creston
Street parking in the Town of Creston is free.

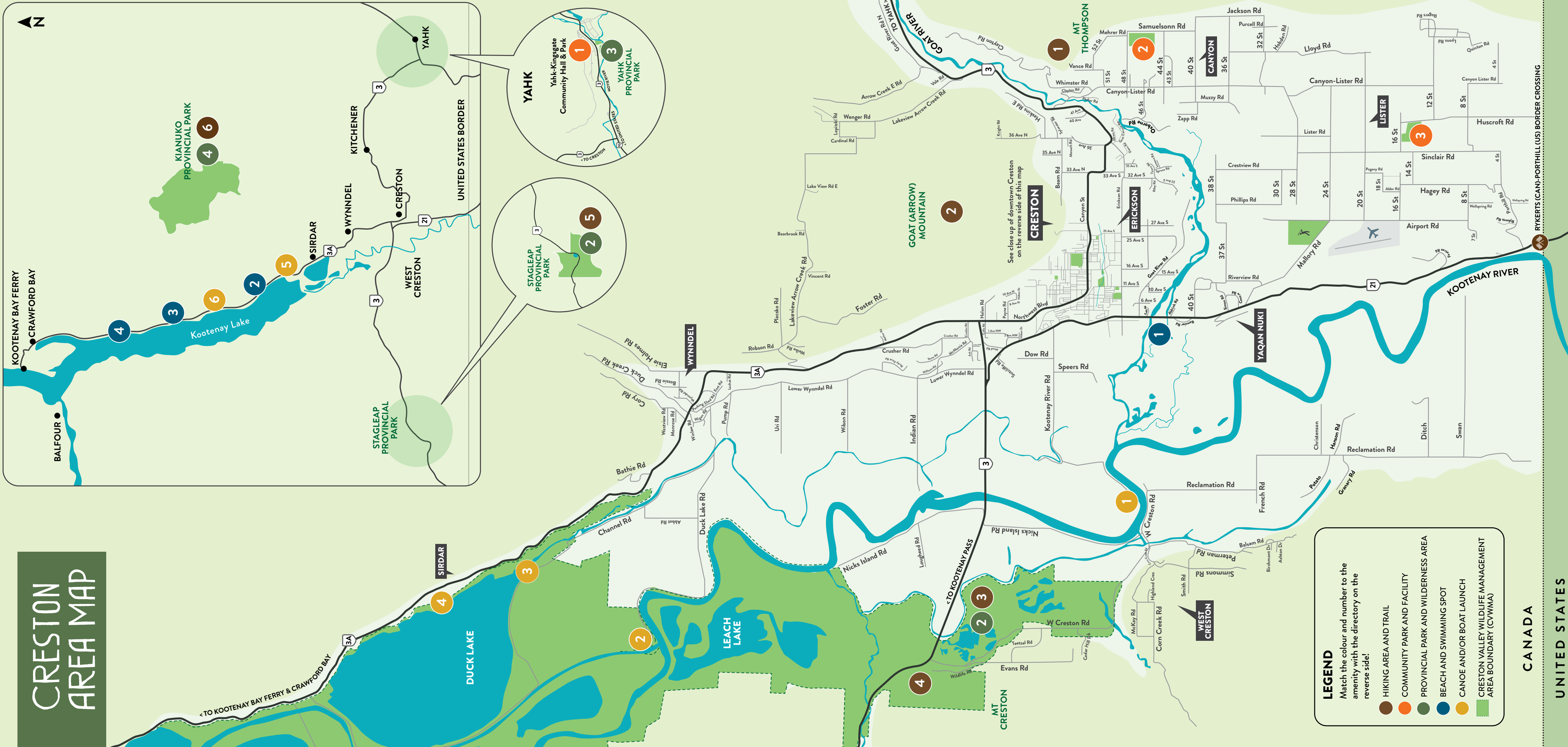
PUBLIC WASHROOMS

- TOWN OF CRESTON PUBLIC WASHROOM**
1130 Canyon Street, Creston
- CRESTON VALLEY VISITOR CENTRE**
121 Northwest Boulevard, Creston

EMERGENCY SERVICES

- + CRESTON VALLEY HOSPITAL**
312 15th Ave, Creston
250-428-2286
- CRESTON RCMP DETACHMENT**
421 16 Ave S, Creston
250-428-9313

CRESTON AREA MAP



LEGEND
Match the colour and number to the amenity with the directory on the reverse side!

- 1 (Brown): HIKING AREA AND TRAIL
- 2 (Green): COMMUNITY PARK AND FACILITY
- 3 (Orange): PROVINCIAL PARK AND WILDERNESS AREA
- 4 (Blue): BEACH AND SWIMMING SPOT
- 5 (Yellow): CANOE AND/OR BOAT LAUNCH
- 6 (Purple): CRESTON VALLEY WILDLIFE MANAGEMENT AREA BOUNDARY (CVWMA)

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ARTS AND HERITAGE ATTRACTIONS

WHEN spending time in the Creston Valley, you will quickly feel enveloped in its rich history and vibrant and active arts community.

From the variety of historic attractions to the many creative experiences found here, it weaves together a story of those who came before us and those who continue to add to the texture of this valley.

GALLERIES AND PUBLIC ART

As you walk along the streets of downtown Creston and take in the shopping and history, cafés and restaurants, you'll discover numerous sculptures and murals along the way. Lovers of contemporary art should visit the Kunze Gallery beside the Creston Grain Elevators, which features a rotating selection of large-scale paintings, sculptures, blown glass, ceramics, photography and textiles by accomplished artists. The nearby Tilted Brick Gallery also exhibits works by emerging and mid-career contemporary artists and is well worth a visit.

HERITAGE ATTRACTIONS

Want to find out what made the Creston Valley the place it is today? At the **Creston Museum** take a self-guided tour or book one with knowledgeable staff who can provide you the 'inside scoop' on all things Creston. Meanwhile the Yaqan Nukiy Heritage Centre at Legend Logos offers visitors an opportunity to learn about the culture



and history of the Ktunaxa people and see some of their unique traditionally made products like fish traps, buckskin dresses and beadwork, and the unique sturgeon-nosed canoe.

Finally, one can't help but note the historic twin Creston Grain Elevators towering over the downtown, representing an agricultural industry that was a significant part of Creston's economy and among the few remaining in British Columbia.

For more on Arts and Heritage in the Creston Valley, visit explorecrestonvalley.com/arts-heritage.



FOOD AND BEVERAGE

FRESH NEVER TASTED SO GOOD



ONCE you have spent a good amount of time in the Creston Valley, you will inherently have a deep appreciation for the land and the hard-working individuals who plant, nourish, harvest and create the bounty of fresh foods and products found here.

How wonderful to be able to find the most delicious farm honey, pick or purchase fresh cherries, apples and plums grown in orchards just down the road, choose a wine made at one of the local vineyards nearby, and perhaps treat yourself to a bouquet made from a field of flowers, right here... all before dinner? This farm to table opportunity is such a special and meaningful experience whether shopping to take home to create a meal, or just enjoying at a local restaurant during your stay.

250-428-4911 | 1218 27 Ave S., Creston BC | skimmerhorn.ca  



WHAT THE LOCALS SAY



ERIN HARRIS

Kootenay Meadows Farm

I was lucky to have grown up on our family dairy farm in Lister, nestled at the base of the Thompson Mountain Range. The Creston Valley is unique in the diversity of the farming possible here and this helped to inspire my love of the agriculture industry.

I left the valley to attend University and to work, but always knew my heart was in the Kootenays. There is something about the power and beauty of our farm that drew me back, returning full time in 2018 and beginning the transition of taking over our dairy and processing company, Kootenay Meadows. We bottle organic grass-fed milk from our own herd of well-loved cows as well as make artisanal cheeses with our own milk. Our goal is to farm in a way that is sustainable both ecologically and economically. We focus on having healthy soils that help to grow forage and grain crops, feed happy cows and produce local products.

The community of Creston and the Kootenay region have enabled our business to grow. I don't think there are many places as supportive of local food and farmers, and I am incredibly grateful to farm in the way I believe so deeply in. I am also incredibly

grateful for an amazing team of staff who work hard to help produce such beautiful products. My brother, Foster Harris, especially who does the fluid processing and the cheese making.

I live in the Creston Valley because... I love the community and it is ideally suited to farming sustainably.

My favourite way to explore this area is... with my dogs out for a walk. I tend to spend much of my time on the farm but am trying to get outdoors to enjoy the beautiful hiking trails.

When people come to visit, I always recommend they... in summer tour Erickson and visit the fruit stands, wineries and stop for a coffee at Good Company. In winter go for a snack and coffee at Buffalo Trails then wander down main street to see the shops.

One of Creston Valley's most unique qualities is... the incredibly diverse agriculture industry. The topography of our valley creates microclimates that allow us to grow so much.

CRESTON VALLEY

 Farmers' Market

Every Saturday morning
 this Summer!

Enjoy our unique community
 of local growers, makers,
 bakers, and producers in the
 heart of the Kootenays!



April 27 - October 26, 2024
 Outdoor at Market Park. Every Saturday, 9am-1pm



November 2 - December 21, 2024
 Indoor at the Rec Centre. Every Saturday, 10am-1pm



Find us on Facebook for weekly vendor lists and products
[CrestonValleyFarmersMarket](https://www.facebook.com/CrestonValleyFarmersMarket)



Market Park
 Just Behind the Visitor Centre!

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FOOD AND BEVERAGE

FARMS, FRUIT STANDS, MARKETS AND MORE

From Erickson to Lister, the Creston Valley is home to a variety of farms and orchards dedicated to growing and creating beautiful and fresh produce and products. Many also have storefronts, offer tours and tastings, or you-pick opportunities, allowing you to interact, learn and create a memorable experience.

Driving through the valley in the late summer, the bounty and number of fruit stands and markets along the roadside is hard to miss. There is an energy in this harvest, as Creston's famous fruit and vegetables are on full display. And for those looking to brighten their day or to share with others? Fresh cut flowers from **Brittany's Flower Farm** may be just what you need.

In downtown Creston, there are several butchers, coffee roasters and other artisanal producers using this bounty to their favour, including the well-known **Famous Fritz's**

Butcher producing some of the finest butchered meats in the Kootenays. Do you have a sweet tooth? Take a drive north of Creston to visit **Swan Valley Honey** and pick up a jar (or more) of artisanal wildflower honey.

And of course, a visit to the area wouldn't be complete without attending the award-winning **Creston Valley Farmers' Market**, held downtown on Saturday mornings, April to October. From November to March, the market moves indoors at the Creston Rec Complex, running the first Saturday of each month.

For more details on where to pick up fresh local food from the Creston Valley visit explorecrestonvalley.com/locally-grown-food-drink or check out the Food and Farm Directory on page 36-37.



HARVEST CHART



MAY JUNE JULY AUGUST SEPTEMBER OCTOBER

Asparagus

Strawberries

GARLIC

Apricots

Cherries

CARROTS

Raspberries

BLACKBERRIES

Apples Transparent

BLUEBERRIES

TABLE CUKES

CORN

Tomatoes

PEAS

Potatoes

PICKLING CUKES

Italian Prunes

Peppers

Peaches

Plums

Apples

PEAS

Bartlett Pear

Honeycrisp Apples

Apples

MacIntosh

Apples

Apples Sunrise

Apples

Apples

D'Anjon Pear

Apples Spartan

SQUASH

Pumpkins

GRAPES

D'Anjon Pear

Baldwin Apples

Apples Delicious

Ambrosia Apples

Check out this handy chart to see when your favourite fruit or vegetable is in season. **TIP:** Harvests vary depending on conditions, so ask a local for what's fresh!

FOOD AND BEVERAGE

WINERIES, BREWERIES AND DISTILLERIES



WITH such a warm climate conducive to growing, it's not surprising that the Creston Valley is home to several wineries, distilleries and craft brewers. As a result, it's quickly becoming known as a destination for its fine wines, fresh brews and strong spirits.

WINERIES

Situated in the very heart of Erickson, Family-owned **Baillie-Grohman Estate Winery** offers flights, charcuterie or tastings of their award-winning Pinot Noir and more on their stunning patio overlooking the vineyard and the valley. Next door, **Skimmerhorn Estate Winery** also offers tastings, flights and charcuterie, which can be enjoyed on their large tree-shaded patio. Nearby **Red Bird Estate Winery** is a smaller but charming winery that provides tastings of their clean crisp reds and whites. Finally, on a fertile bench overlooking Duck Lake you'll find distinctive varieties of wines to sample at Wynwood Cellars Estate Winery.

BREWERIES AND DISTILLERIES

As in many BC communities, craft distillers and brewers have found the Creston Valley. Newly opened in 2024 **Sternwheeler Distilleries** in downtown Creston is turning the best local fruit into the best local spirits. If beer is more your flavour, visit **Wild North Brewing Co.** just down the street where you will find a core lineup of craft beers as well as popular seasonals using local fruit, perfect after a day of adventure. And of course, Creston is also home to the **Columbia Brewery** and is the birthplace of Kokanee Beer! Stop by to enjoy their new tasting room and some samples of their product, or to take a tour.

Want to learn more about the abundance of local wineries, breweries and distilleries? Visit explorecrestonvalley.com/locally-grown-food-drink for more details.





Red Bird
Estate Winery

1046 Lamont Rd, Creston BC
250-254-8885
redbirdwine.com  





Visit our Tasting Room to try our award winning, small batch, artisan wines.

Open 7 days a week starting May Long Weekend, 11am to 5pm.



THINGS TO DO

- COLUMBIA BREWERY**
 Guided Tour and Beer Tasting (by appointment) Mid-May - September
kokaneebeergearstore.ca
- FLAMENCO FARMS**
 U-Pick Cherries (by appointment)
 Mid-July - Mid-August | 250-254-0357
- BLUE CANOE ORCHARDS**
 U-Pick Cherries (by appointment)
 Mid-July - Mid-August
bluecanoeorchards.com
- BAILLIE-GROHMAN ESTATE WINERY**
 Wine Tastings
 May - Fall (seasonally dependent)
bailliegrohman.com
- RED BIRD ESTATE WINERY**
 Wine Tastings
 May-long Weekend - Mid-October
redbirdwine.com
- SKIMMERHORN WINERY**
 Wine Tastings. Pre-booked Tours.
 1st Week of April - end of September
skimmerhorn.ca
- WILD NORTH BREWING CO.**
 Beer Tastings
 Year-round
wildnorthbrewery.ca
- WYNNWOOD ESTATE WINERY**
 Wine Tastings
 May - October
wynnwoodcellars.com



HANDCRAFTED • SMALL BATCH • CRAFT DISTILLERY



1628 Canyon Street, Creston • 250-428-1764
sternwheeler.ca • sternwheeler01@gmail.com



8 craft beer taps • cold beer to go
 selection of local wines & cider
 take-out food is welcome

OPEN DAILY • wildnorthbrewery.ca
 250-431-8624
 125 16th Ave N. Creston BC

WHERE FRIENDSHIP,
 ADVENTURE AND
 GREAT BEER COLLIDE



The place to stay & enjoy good food in Creston!





NEW!
Kitchen
Suites
renovated
2024



VIEW
OUR
MENU!

1418 Canyon St, Creston BC
250-428-2225
crestonhotel.com

 JimmysPubGrill
 jimmyspub.creston



**HONEY BEE
ZEN**

Bee Amazed.



**WINNER! BEST IN
NORTH AMERICA 2024**

“Their creamed honey was the best I've ever judged and tasted. It received a perfect score of 100.”

– Rick Sutton, American Honey Show judge

100% Local. 100% Pure.



HONEY TASTINGS AT OUR FARM GATE HONEY SHOP

220 Placsko Road E., Creston | honeybeezen.com | 250.866.6861

FOOD AND BEVERAGE RESTAURANTS



WITH such an abundance of locally grown, fresh food in the Creston Valley, it should come to no surprise to discover the impressive culinary experiences found at the cafés, pubs, and restaurants.

Using the freshest ingredients imaginable, including locally grown produce, sausages and meats, dairy and cheese, and serving outstanding wines, spirits and beer produced in this region... it can't get any better.

CAFÉS AND SNACKS

When exploring it's important to start the day off on the right foot and to refuel in-between adventures. Fortunately, you have options. The **Good Company Coffee** in Erickson offers finely made artisan coffee, baked treats and serene vineyard views. In downtown Creston you will find several cafes and bakeries, including the charming boutique **Fly in the Fibre** and the popular **Buffalo Trails Coffee House**. Or head to Yahk to **Two-Scoop Steve** where you'll find sandwiches, soups, 24 flavours of hard ice cream... and goats!

RESTAURANTS AND DINING

Choosing where to have lunch or dinner can be challenging in the Creston Valley, as there is such a variety of restaurants, pubs and bars, each offering something a little different. For such a small area, it boasts an impressive array of options including Indian, sushi, pub fare, pizza, fish and chips and fine dining.



PUBS AND BARS

Whether you're looking for a refreshing pint, a crisp glass of wine, or a tasty cocktail you're in luck. There are a variety of energetic and vibrant establishments, such as the local favourite **Jimmy's Pub and Grill**. With their extensive list of beer on tap, oven-baked pizzas, popular burgers and souvlaki, and amazing cherry tree-lined patio, it's a great option after a day full of exploring.

Looking for more mouth-watering restaurant options? Head to the restaurant directory in this guide for further details or visit explorecrestonvalley.com/eat.



FOOD AND FARM GUIDE

Farms and Orchards

BLUE CANOE ORCHARDS



This family-owned orchard offers a unique "rent-a-cherry-tree" program, allowing you to pick your own tree! Traditional U-Pick also available for smaller quantities. Cherries ready late July/early August. Call ahead to check availability and book your tree!

3403 Beam Road, Erickson • 250-946-6145
bluecanoeorchards.com

BLUEBERRY PATCH FARMS



This farm grows spray and pesticide free blueberries, strawberries, fresh cut flowers and lavender. Stop by to purchase pre-picked berries, frozen berry pies, fresh cut flowers, lavender, preserves and more at the farm store.

2782 20th St., Lister • 250-428-4647
blueberrypatch.ca

DUCK LAKE SASKATOON BERRIES



Stop by this family-owned Saskatoon berry farm in early July for U-Pick from 6am-6pm. Conveniently located on the same property and owned by the same lovely folk at Wynndel Craft Distilleries.

1331 Channel Rd., Wynndel • 250-866-5226

FLAMENCO FARMS



This family-run farm sells fresh fruit, vegetables, berries seasonally and eggs year round at their stand. Their U-Pick cherries and raspberries in August is also a perfect activity for a family outing.

2642 Erickson Rd., Erickson • 250-254-0357

KOOTENAY MEADOWS FARM



Drop by the on-farm shop to sample and pick up their organic-certified cheese, milk, curds and now soft serve Ice Cream! Self guided tours of the barns are also available to walk around, meet the cows, see the milking robots and pet the calves.

3071 16th St., Lister • 250-428-9655 • kootenaymeadows.com

ROOT & VINE ACRES



This family-run farm in Wynndel raises Berkshire and Mangalitzka pork on pasture - specializing in sausages and charcuterie salami. Farm stand sales, self-serve pick up and farm tours can be arranged via email or by phone.

1249 Duck Lake Rd., Wynndel • 250-402-8475
rootandvineacres.ca

SPECTRUM FARMS



Spectrum Farms is a social enterprise employing and supporting persons with disabilities. Fruits and vegetables as well as eggs from the farm are available at their store. Call ahead to check hours and availability of produce.

849 Erickson Rd., Erickson • 250-402-8008
spectrumfarms.ca

SUTCLIFFE ASPARAGUS FARM



The largest asparagus producer in British Columbia. Drop by the Sutcliffe family's farm store to buy fresh asparagus during the growing season. But be quick! The asparagus season is usually from the beginning of May to early June.

1252 Indian Rd., Wynndel • 250-428-2734
sutcliffefarms.com

SWAN VALLEY HONEY



Visit the Kootenay's best-known beekeeping operation, producing honey from Creston's rich fields, wild flowers and surrounding forest and mountains. Pick up some of their honey including comb honey, beeswax and other products from the hive.

220 Placsko Rd., Wynndel • 250-866-6861 • honeybeezen.com

Markets and Fruit Stands

CRESTON FRUIT MARKET



This large seasonal market carries an abundance of locally grown fruit, vegetables as well as some other tasty eats! Pull through parking also makes this an easy pit stop for RVs.

3016 Hwy 3, Erickson • 250-428-0032

FARAMAN FARMS



This fruit stand sells local cherries, peaches, plums, vegetables, apples, as well as their own fresh-pressed apple cider. Stop by between June and October to pick up your fruit, veggies, bulk grains and fresh juice!

3111 Hwy 3, Erickson • 250-402-3056 • @FaramanFarm on FB

J&B SMAGH FRUIT STAND



This seasonal fruit and vegetable stand sells their own fresh produce grown in the Creston Valley, including cherries, peaches, plums, blueberries, and more! Come on down and taste for yourself!

3851 Hwy 3, Erickson • 250-428-1490

MARAR ORCHARD



Marar Orchard is a fruit and vegetable market with a wide variety of fresh produce grown on-site. Stop by their market during the Summer and Fall to pick up some fresh veggies or fruits to take home with you!

3409 Hwy 3, Creston • 250-254-1188

MARGO'S ORCHARD



This small, seasonal outdoor fruit stand located along Highway 3 in Erickson specializes in local fruits grown without the use of sprays. Famous for their easygoing, friendly staff and generous samples.

2813 Hwy 3, Erickson • 250-428-9782

NO'S ORCHARD



Operated by the Nowaselski family, this small seasonally-open fruit stand sells local fruits, vegetables and more, grown and harvested on their family's orchards and farmlands throughout Erickson. Pull through parking available for RVs.

2928 Hwy 3, Erickson

TWO SCOOP STEVE'S MARKET GARDEN



This market garden in Yahk grows vegetables for use at the Yahk Mountain Cafe and also available for sale at their produce stand, located on-site.

8707 Johnson Rd., Yahk • 250-424-5166 • twoscoopsteve.com

WLOKA FARMS FRUIT STAND



Operating July until often the following January, Wloka Farms Fruit Stand offers only local produce grown on their farm and other farms in the Valley. Pop in to meet the famously friendly Frank, Barb and their fantastic crew.

3524 Hwy 3, Erickson • 250-428-0510 • @WlokaFarmsFruitStand on FB

SERVICES



Sales U-Pick

OPERATION



Storefront

SEASON



Summer Fall



Self-Guided Tour Dining



By Appointment



Winter Spring



Guided Tour Tasting



Pop-Up/Farmgate



Year-round

Farmers' Market



CRESTON VALLEY FARMERS' MARKET

This award winning market offers a year-round selection of fruits, vegetables, meat, eggs, honey, baked goods, preserves, as well as local wines, ciders and spirits.

From April to October the outdoor market runs every Saturday morning from 9am to 1pm. The outdoor market is located downtown beside the Creston Valley Visitor Centre.

After Thanksgiving the market moves indoors to the Creston & District Community Complex, running weekly on Saturdays from November to Christmas. In the new year, the indoor market slows to once a month before returning outdoors.

115 NW Blvd, Creston (Summer Outdoor)
312 19th Ave N., Creston (Winter Indoor)
877-347-5235 • cvfac.ca/farmersmarket



Artisan and Butcher

BINDOYA MEATS & TREATS



Stop by this butcher shop, specializing in traditional-style South African coiled farmers' sausages and air-dried cured meats like biltong, droëwors (dry wors), spicy beef sticks (chili bites), and more. Your one-stop store for charcuterie, cheeses, deli meats, and more.
1014a Canyon St., Creston • 236-351-0351

FAMOUS FRITZ MEATS & DELI



This local European-style butcher shop specializes in producing their own sausages, ham, and bacon, making everything from scratch to ensure that only the best ingredients are used. They also carry a number of local products at their shop.
1420 NW Blvd., Creston • 250-428-9055 • famousfritz.ca

KOOTENAY RIVER BEEF AT PAUL'S SUPERETTE



Local shop selling high quality Kootenay River Beef from the Vanderloos family farm in West Creston, whose herds are pasture-fed and raised with care.
2005 Canyon St., Creston • 250-428-2037

LARK COFFEE ROASTERS



This small, specialty coffee roaster carefully curates its own unique and flavourful coffee blends. Come pick up a batch or try a sample at their new roastery located in the heart of downtown Creston!
237 11th Ave. N., Creston • 250-254-1325 • larkcoffee.ca

Wineries

BAILLIE-GROHMAN ESTATE WINERY



Visit the award winning Baillie-Grohman Estate Winery for a guided tasting led by knowledgeable staff or enjoy a wine flight with a locally-sourced charcuterie board on their scenic outdoor patio. Owned and operated by a family, this winery offers beautiful views and a memorable experience.
1140 27th Ave. S., Erickson • 250-428-8768
bailliegrohman.com

RED BIRD ESTATE WINERY



Red Bird Estate Winery is a boutique family-owned and operated winery, producing small lot wines that represent the Kootenays. They are open May long to September long weekend for tastings on a first come first serve basis.
1046 Lamont Rd., Erickson • 250-254-8885 • redbirdwine.com

SKIMMERSHORN WINERY



Come by Skimmerhorn Winery to sample some of their wines in the tasting room. Guests can also sit and enjoy a selection of their wines paired with a tempting charcuterie menu on the patio, which offers breathtaking views of the valley and Skimmerhorn mountains.
1218 27th Ave. S., Erickson • 250-428-4911 • skimmerhorn.ca

WYNNWOOD ESTATE CELLARS



Located north of Wynndel, this winery sits above Duck Lake on its east shore. Mineral rich soil provides complexity to their distinctive wines that reflect the terroir of this unique site. Offering tastings and tours.
5566 Hwy 3A, Wynndel • 250-866-5155 • wynnwoodcellars.com

Greenhouses and Nurseries

BRITTANY'S FLOWER FARM



This flower farm is a wonderful resource for dazzling, colourful and tastefully designed bouquets from their farm grown flowers. Select a custom bouquet while you sip on a delicious warm beverage from the Good Coffee Company next door.
1132 27 Ave S • 250-402-9222 • brittanysflowerfarm.com

MORRIS FLOWERS GREENHOUSE



A full-service home and garden centre, carrying a huge selection of bedding plants adapted for the local climate, and experienced staff who can help. Locally grown produce also available in season.
1403 Erickson Rd • 250-428-5262 • morrisflowersbc.com

PALMER GREENHOUSES



Located in Erickson, Palmer Greenhouse is a quaint family-owned greenhouse specializing in potted and hanging flowers. Visit the seasonally operating greenhouse to explore their colourful collection of flowers to take home with you.
2619 BC-3 • 250-428-5154

VINLAND NURSERY



This family-owned nursery carries a variety of seeds, trees and shrubs, bedding plants, fruit trees and bushes, perennials, vegetable/herb starts as well as a variety of cherries, apples, apricots, and peaches grown on-site.
2915 BC-3 • 250-428-2062 • vinlandnursery.ca

Grocery Stores

PEALOW'S YOUR INDEPENDENT GROCER



Located in downtown Creston, Pealow's carries a wide selection of local products throughout the year, including produce, dairy, meat and more.
1501 Cook St., Creston • 250-402-6020

SAVE ON FOODS



Proudly carrying a wide selection of local products throughout the year, and is conveniently located at the Creston Valley Mall.
3-1000 NW Blvd., Creston • 250-428-2555

Distilleries and Breweries

COLUMBIA BREWERY



Proud home of "The Beer Out Here", Kokanee Beer, the Columbia Brewery offers summer guided tours of the brewery, tastings, and sales of merch at their brand new Kokanee Beer Gear Store! Don't forget to get your picture taken with the Sasquatch!
1220 Erickson Rd., Erickson • 250-428-1238 • kokaneebeer-gearstore.ca

WILD NORTH BREWING COMPANY



Located in the heart of Creston, visit this locally-owned craft brewery to sample some truly delicious beer in their cozy tasting room or out on the sun-drenched patio. Open 7 days a week.
125 16th Ave. N., Creston • 250-431-8624 • wildnorthbrewery.ca

STERNWHEELER DISTILLERIES



Using a variety of local fruits and without any artificial flavours, this distillery produces a variety of schnapps, brandies, liqueurs and gins. Drop by their tasting room or book a tour in advance.
1629 Canyon St., Creston • 250-428-1764 • sternwheeler.ca

RESTAURANT GUIDE

| | MEAL | LICENSED | KIDS MENU | ♿ | PATIO |
|---|---------|----------|-----------|---|-------|
| DINING | | | | | |
| BASASAK CHICKEN 1821A Canyon St, Creston 250-431-8642 | L, D | ✓ | ✓ | ✓ | |
| BAY LEAF FUSION 1403 Canyon St, Creston 250-428-7713 creston.bayleaffusion.com | B, L | ✓ | ✓ | ✓ | ✓ |
| BIGFOOT CAFE 2808 Hwy 3, Erickson bigfootcafe.ca | L, D | | ✓ | ✓ | ✓ |
| CASEY'S COMMUNITY HOUSE 1136 Canyon St, Creston 250-428-7474 caseyscommunityhouse.com | L, D | ✓ | | ✓ | |
| CLUB CAFÉ 1015 Canyon St, Creston 250-428-2033 | L, D | | ✓ | | |
| CRESTON GOLF CLUB RESTAURANT 1800 Mallory Rd, Lister 250-428-5515 | B, L, D | ✓ | | ✓ | ✓ |
| FRISKY WHISKY COCKTAILS & KITCHEN 1117-B Canyon St, Creston 250-431-9189 friskywhisky.club | L, D | ✓ | | ✓ | |
| I & J FUSION 11-1000 NW Blvd, Creston 236-532-2075 | L, D | | | ✓ | |
| JIMMY'S PUB & GRILL 1418 Canyon St, Creston 250-428-2225 crestonhotel.com/jimmys-pub-grill | L, D | ✓ | | ✓ | ✓ |
| JULIO'S LOUNGE 1210 Cook St, Creston 250-428-2695 | L, D | ✓ | | | ✓ |
| KOKANEE INN PUB 123 9th Ave S, Creston 250-428-4241 | L, D | ✓ | | ✓ | ✓ |
| REAL FOOD CAFÉ 223 10th Ave N, Creston 250-428-8882 realfoodcafe.ca | L, D | ✓ | ✓ | ✓ | ✓ |
| RETRO CAFÉ 1431 NW Blvd, Creston 250-428-2726 retrocafe.ca | B, L | | ✓ | ✓ | |
| RICK'S IRON KETTLE 1420 Northwest Blvd, Creston 250-428-7425 | B, L | | ✓ | ✓ | ✓ |
| RICKY'S ALL DAY GRILL 1809 Northwest Blvd, Creston 250-428-8826 rickysrestaurants.ca | B, L, D | ✓ | ✓ | ✓ | ✓ |
| SIRDAR STATION PUB Hwy 3-A, Sirdar 250-949-0840 sirdarstationpub.com | L, D | ✓ | | ✓ | |
| SUN R RESTAURANT 1510 Canyon St, Creston 250-428-2414 | L, D | ✓ | ✓ | ✓ | |
| SUSHI GARDEN & GRILL 800 NW Boulevard, Creston 250-428-2324 | L, D | ✓ | ✓ | ✓ | |
| THE WEE GRILL 635 Highway 21, Creston 250-431-9183 | B, L, D | ✓ | ✓ | ✓ | |
| TIM'S FISH & CHIPS 1108 NW Blvd, Creston 250-428-4008 | L, D | | ✓ | | ✓ |

FAMOUS FRITZ MEATS & DELI

Meat, the way it should be.



1420 Northwest Blvd, Creston, BC · 250-428-9055 · famousfritz.ca · Open Tuesday to Saturday

| | MEAL | LICENSED | FAMILY FRIENDLY |  | PATIO |
|---|---------|----------|-----------------|---|-------|
| COFFEE AND SNACKS | | | | | |
| BLACKSTONE CAFÉ 1521 Cook St, Creston 250-428-0631 | B, L | | ✓ | ✓ | ✓ |
| BUFFALO TRAILS COFFEE 1417 Canyon St, Creston 250-428-5730 | B, L | ✓ | ✓ | ✓ | ✓ |
| CRESTON VALLEY BAKERY 113 10th ave N, Creston 250-353-1111 | B, L | | ✓ | ✓ | |
| FLY IN THE FIBRE 139 10th Ave. N, Creston 250-402-6072 flyinthefibre.ca | B, L | | ✓ | | |
| GOLDEN FLOUR BAKERY 1025 Canyon St, Creston 250-428-9345 | B, L | | ✓ | ✓ | |
| GOOD COMPANY COFFEE 1132 27 Ave S, Creston, BC 250-977-1306 | B, L | | ✓ | | ✓ |
| SUNSHINE N' GELATO 1229B Canyon St, Creston 250-428-2711 | B, L | | ✓ | ✓ | |
| THE MOUNTAIN BARN 2706 BC-3A, Wynndel 250-866-0063 | B, L | | ✓ | ✓ | ✓ |
| TWO SCOOP STEVE 8707 Johnson Road, Yahk 250-424-5166 | L | | ✓ | | ✓ |
| FAST FOOD | | | | | |
| A&W 916 Northwest Blvd, Creston 250-428-4849 | B, L, D | | ✓ | ✓ | ✓ |
| DAIRY QUEEN 1804 Canyon St, Creston 250-428-9800 dairyqueen.com | L, D | | ✓ | ✓ | ✓ |
| MAD MEX FOOD TRUCK Various Locations 250-402-8214 madmex.ca | L, D | | ✓ | | |
| MCDONALDS 212 Collis St, Creston 250-402-0088 mcdonalds.com | B, L, D | | ✓ | ✓ | |
| PANAGO PIZZA 1029 Canyon St, Creston 1-866-310-0001 panago.com | L, D | | ✓ | ✓ | |
| PIZZA PIZZA 1229 Canyon St, Creston 1-877-295-7305 pizzapizza.ca | L, D | | ✓ | ✓ | |
| SUBWAY 1415 Canyon St, Creston 250-428-5292 subway.com | B, L, D | | ✓ | ✓ | |
| TIM HORTONS 300 Helen St, Creston 250-402-0062 | B, L, D | | ✓ | ✓ | |
| WAREHOUSE PIZZA 1335 NW Blvd, Creston 250-428-0069 warehousepizza.com | L, D | | ✓ | ✓ | ✓ |



FLY
IN THE
FIBRE

Fly in the Fibre is a specialty coffee shop that offers local art, women's accessories, and local yarn.

We are committed to providing quality products and supporting local creators.

.....
flyinthefibre.ca
 139 10th Ave N, Creston, BC

STAY

RESTORE AND RESET



ONE of the first decisions made when travelling is accommodation, which depends a lot on who you are travelling with and what your hopes are for your trip.

Creston has a variety of options, from the privacy and unique experience of a bed and breakfast to the locally owned motel. From the large hotel with all the amenities, to the central option minutes from shops, nightlife and cafes. From the RV parks to the family campground. This diversity allows you to choose a stay that is perfectly suited to you and your time in the Creston Valley.

HOTELS AND MOTELS

The motels and inns located in the Creston Valley each offer something a little different and are affordable - a great option for those travelling with pets or for parking large vehicles. For a restful night, consider the orchards of Erickson and the quaint **Bavarian Orchard Inn** which includes a secluded area to relax in the orchards out back. Closer to town, consider the **Valley View Motel** and its cabin-like units that look over the Creston Valley.

There are also some great hotel options in Creston for those in need of a relaxing and restful stay. Located right downtown near all the amenities and services, The **Creston Hotel and Suites** is a great choice, offering individual rooms and suites and adjoined to Jimmy's Pub, along with other full-service

hotels that provide those extra comforts like saunas, hot tubs, gyms, EV charging or on-site restaurants that you may want while visiting.

B&BS

Bed and breakfasts are a great fit with the Creston Valley. Not only do they provide an opportunity for those seeking more privacy, they also can be wonderful for those looking for local advice, are interested in learning more about the area, and oftentimes enjoy a more personalized experience.

RV PARKS AND CAMPGROUNDS

Whether you're on a road trip looking for somewhere to park your camper or RV or are keen to pitch your tent under the stars by a campfire with friends, there are numerous options, both in town near the local amenities, and a bit more removed providing a natural, mountain experience.

Looking for more options? Make sure to look over our complete Accommodation Guide or visit explorecrestonvalley.com/stay for more details.





WHAT THE LOCALS SAY



SUSAN DULAYCEN

Bavarian Orchard Hotel

Originally, my husband and I were looking for property in the Radium area. However, a realtor friend suggested a property in Creston. Not having heard of Creston, we were hesitant but travelled to see it in March of 2017. Two months later, we moved our family from Alberta to the beautiful Creston Valley.

We fell in love with the Bavarian Orchard Motel! This nearly three-acre property has a huge garden with apricot, hazelnut, walnut, plum and cherry trees. I am delighted to pick raspberries, harvest grapes and enjoy huge willows and varieties of maple trees. There is also a gazebo and sitting area to relax the body and soul.

The motel was a little outdated, but we always give our guests our best and have been upgrading and renovating through the years. Pending the parking lot, our rooms are now fully renovated!

Like other businesses, we consider ourselves seasonal though we stay open throughout the year. We are seeing an increase in

bookings as people get to know this beautiful town and what it has to offer. The continued support of our motel and hotel neighbours, the Creston Valley Tourism Society, friends, and most importantly our guests is greatly appreciated.

I live in the Creston Valley because... I fell in love with the Bavarian Orchard Motel. I see myself growing old in this place and I find everything just perfect - the weather, the mountains, the rivers, the laid-back lifestyle and the community.

My favourite way to explore this area is... through hiking.

When people come to visit, I always recommend they... taste our local wines, eat in our local restaurants, visit our fruit stands, hike in our mountains and play in our waters.

One of Creston Valley's most unique qualities is... its grain elevators. Did you know that Creston has two of the last four wooden grain elevators in British Columbia?

ACCOMMODATION GUIDE

ACCOMMODATION LEGEND



| HOTELS, MOTELS AND INNS (EAST TO WEST) | AMENITIES | ROOMS |
|---|-----------|-------|
| YAHK MOTEL & CAMPGROUND 8769 Highway 3 250-424-5556 yahkmotel.com | | 8 |
| BAVARIAN ORCHARD 3205 Hwy 3, Erickson 250-428-9935 bavarianmotel.ca | | 11 |
| SKIMMERHORN INN 2711 Hwy 3, Erickson 250-428-4009 skimmerhorninn.ca | | 25 |
| SUNSET MOTEL 2705 Hwy 3, Erickson 250-428-2229 | | 24 |
| CITY CENTRE MOTEL 226 15th Ave N, Creston 250-428-2257 citycentremotel.ca | | 12 |
| CRESTON VALLEY MOTEL 1809 Canyon St, Creston 250-428-9823 crestonvalleymotel.com | | 13 |
| CRESTON HOTEL & SUITES 1418 Canyon St, Creston 250-428-2225 crestonhotel.com | | 25 |
| UPTOWNER HOTEL 1219 Canyon St, Creston 250-402-8819 uptownerhotel.com | | 22 |
| MAGNUSON HOTEL 800 Northwest Blvd, Creston 250-428-2224 magnusoncreston.com | | 52 |
| VALLEY VIEW MOTEL 216 Valleyview Dr, Creston 250-428-2336 creston.valleyviewmotel.com | | 15 |
| RAMADA CRESTON #1-1809 Hwy 3A, Creston 250-254-1111 wyndhamhotels.com/ramada/creston | | 71 |
| B&BS AND VACATION RENTALS | | |
| BOHO B&B 310 A 16th Ave, Creston 780-723-1647 | | 1 |
| CRESTON MOON B&B 1206 Lilac St., Creston 250-969-9887 | | 1 |
| DUNLOP HOUSE 3246 Riverview Rd, Lister 250-254-9779 | | 4 |

CRESTON COMMUNITY FOREST

RECREATION
EDUCATION
FOREST MANAGEMENT

CONNECT WITH US
crestoncommunityforest.com

RV AND CAMPGROUNDS GUIDE

RV AND CAMPGROUND LEGEND



Full RV Serv.



Sani-Dump



Direct Water



Electricity



Campfires



Tent Sites



Washroom



Showers



Laundry

| RV AND CAMPGROUNDS (EAST TO WEST) | AMENITIES | SITES |
|---|-----------|-------|
| HAY U RANCH 9432 Hwy 3, Yahk 250-464-1111 hayuranchrvresort.godaddysites.com | | 100 |
| YAHK PROVINCIAL PARK CAMPGROUND 8440 Hwy 3, Yahk 250-422-3003 env.gov.bc.ca/bcparks/explore/parkpgs/yahk | | 26 |
| YAHK MOTEL & CAMPGROUND 8769 Hwy 3, Yahk 250-424-5556 yahkmotel.com | | 12 |
| 2 PUMP PAULS CAMPGROUND 8741 Hwy 3, Yahk 250-424-5454 2pumppauls.ca | | 18 |
| RIVERS EDGE RANCH RV PARK 8623 BC-3, Yahk, BC 250-254-9999 riversedgeranchrv.com | | 18 |
| MOUNTAIN PARK RESORT 4021 Hwy 3, Erickson 250-428-2954 mountainprk.com | | 43 |
| CANYON PARK CAMPGROUND 4725 Samuelson Rd, Canyon 1 800-861-9850 canyonbc.ca | | 14 |
| KOZY TENT & TRAILER PARK 3003 Hwy 3, Erickson 250-428-4143 | | 28 |
| SCOTTIES RV PARK & CAMPGROUND 1409 Erickson Rd, Creston 250-428-4256 scottiesrv.com | | 44 |
| PAIR-A-DICE RV & CAMPGROUND 1322 Northwest Blvd, Creston 1 866-223-3423 pairadicepark.com | | 40 |
| ARROW MTN. RV PARK 1809 Hwy 3-A, Creston 250-428-1882 arrowmountainrv.com | | 24 |



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CRESTON VALLEY BIRD FEST 2024



Where the Birds Are ...
MAY 10-12



PRESENTATIONS

WORKSHOPS

GUIDED CANOE TRIPS
at the Discovery Centre

GUIDED BIRDING TOURS
Explore our valley birds by kayak, foot, or car
with your family or at night!

VALLEY EVENTS
Discover our local wildflowers, wine,
beer, dairy, honey, stars, and bats!!

Lazuli Bunting and the Skimmerhorns
Artwork by: Eileen Gidman

Registration opens April www.crestonvalleybirds.ca

PLANNING YOUR TRIP DRIVING ROUTES

NOW that you've tackled the big decisions, such as when you're coming, where you're staying and what to do, it's time to dive into the nitty-gritty details! From mapping out the best travel routes and ferry schedules to navigating international border crossings and time zones, here you'll find the essential information needed to finalize your adventure.

DRIVING ROUTES

Whether travelling by car, motorcycle or RV, the Creston Valley area is a breeze to get to no matter which direction on the compass you are coming from!

HIGHWAY 3 FROM THE EAST

Creston and Yahk can be reached from Lethbridge, Fernie, and Cranbrook, via Crowsnest Highway 3 while Highway 95 junction at Cranbrook connects Calgary, Banff, Invermere and Golden. Cranbrook is also home to the Canadian Rockies International Airport, with daily flights from Vancouver and Calgary.

HIGHWAY 3 FROM THE WEST

Creston and Yahk can also be reached from Vancouver, Osoyoos, Castlegar and Nelson via Crowsnest Highway 3, with Highway 97 junction at Osoyoos connecting to Kelowna and the Okanagan.

HIGHWAY 3A FROM THE NORTH

Creston can be reached from Naksusp, Kaslo and Nelson via Highway 3A and Highway 31. At Balfour the free Kootenay Lake ferry



crosses to Kootenay Bay on the east shore, where Highway 3A continues to Creston.

IDAHO STATE HIGHWAY 1 AND US 95 FROM THE SOUTH

Creston and Yahk can be reached from Spokane, Coeur d'Alene, Sandpoint and Bonners Ferry via US 95. While US 95 continues to Kingsgate and Yahk, the Idaho State Highway 1 junction north of Bonners Ferry connects to Creston.

For more information about how to get to Creston by road visit explorecrestonvalley.com/getting-here.




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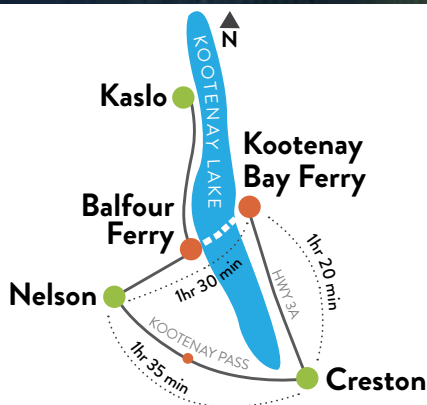
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PLANNING YOUR TRIP

FERRY AND BORDER INFORMATION



| Departure Balfour | | Departure Kootenay Bay | |
|-------------------|----------|------------------------|----------|
| SUMMER | WINTER | SUMMER | WINTER |
| 6:30 am | 6:30 am | 7:10 am | 7:10 am |
| 8:10 am | 8:10 am | 9:00 am | 9:00 am |
| 9:50 am | 9:50 am | 10:40 am | 10:40 am |
| 10:40 am | | 11:30 am | |
| 11:30 am | 11:30 am | 12:20 pm | 12:20 pm |
| 12:20 pm | | 1:10 pm | |
| 1:10 pm | 1:10 pm | 2:00 pm | 2:00 pm |
| 2:00 pm | | 2:50 pm | |
| 2:50 pm | 2:50 pm | 3:40 pm | 3:40 pm |
| 3:40 pm | | 4:30 pm | |
| 4:30 pm | 4:30 pm | 5:20 pm | 5:20 pm |
| 5:20 pm | | 6:10 pm | |
| 6:10 pm | 6:10 pm | 7:00 pm | 7:00 pm |
| 7:50 pm | 7:50 pm | 8:40 pm | 8:40 pm |
| 9:40 pm | 9:40 pm | 10:20 pm | 10:20 pm |

VESSELS: Osprey 2000 • **M.V. Balfour**

KOOTENAY LAKE FERRY AND HWY 3A

The Kootenay Lake Ferry is the longest free ferry ride in British Columbia, crossing Kootenay Lake multiple times a day between Balfour Ferry Terminal on the lake’s west arm to Kootenay Bay Ferry Terminal on the lake’s east shore. This scenic ride across the lake is popular with many visitors to the region and takes approximately 35 minutes.

Kootenay Bay then connects to Creston via the scenic Highway 3A, which meanders along the east shore of Kootenay Lake, taking approximately one hour and 20 minutes. Due to the windy nature of this two-lane road, visitors are advised to drive with caution.

- All times are Pacific Time (PST).
- Times in **bold** indicate peak ferry travel. Anticipate delays during this period.
- Summer schedule runs late June to September Labour Day.
- Winter schedule begins a week after Labour Day to late June.

BORDER CROSSINGS

The Creston Valley Area is a short drive from the United States/Canadian border and is a very accessible destination from Idaho, Washington and Montana via the two following border crossings.

1. RYKERTS/PORTHILL BORDER CROSSING

Closest port of entry to Creston, which is 15 minutes north. Open 7 days a week, with daytime hours of operation (changing seasonally). Contact office for current hours 1-250-428-2575.

2. KINGSGATE/EASTPORT BORDER CROSSING

Closest port of entry to Yahk, which is 15 minutes north. Open 7 days a week, 24 hours a day, year-round. 1-208-267-3966.

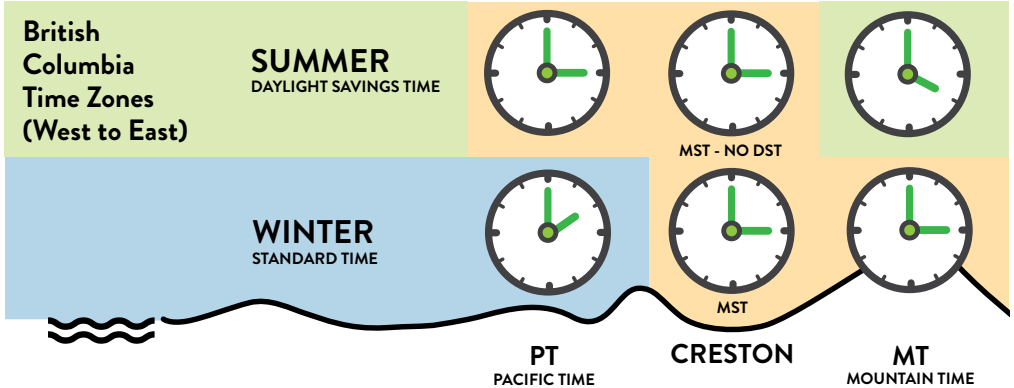
For further information on travelling to Canada visit cbsa-asfc.gc.ca/travel-voyage.

For information on visiting the Creston Valley from the United States check out explorecrestonvalley.com/border-information.



PLANNING YOUR TRIP

TIME ZONE AND VISITOR SERVICES



TIME ZONE

Here in the Creston area, time stands still! Okay, that may be a bit of an exaggeration, but hear us out. While we are on Mountain Time (MT) like our eastern neighbours, we have chosen not to observe Daylight Savings Time (DST) during the summer, same as the majority of the U.S. State of Arizona and the Province of Saskatchewan.

What does this mean for you? It means we keep a consistent time throughout the year.

In summer we pass on the Daylight Savings, sync up with the Pacific Time Zone and soak up all those long days! Then, when winter rolls in we skip the “fall back,” keep that extra hour of daylight, and line back with the Mountain Time Zone without losing a wink of sleep!

Check out explorecrestonvalley.com/time-zone for more details.



VISITOR SERVICES

Conveniently located in downtown Creston, the friendly and well-informed team at the **Creston Valley Visitor Centre** is happy to assist you. From insider tips on must-see sights to the latest updates and seasonal delights, trust them to curate an unforgettable experience. If you have a question prior to your trip, contact them directly to ensure you get the most out of your time here.

Creston Valley Visitor Centre
121 NW Boulevard, Creston BC
7 Days a Week, 9am-5pm
(Mid-May-August)
Monday-Friday, 9am-5pm
(September-May)
p: 250-428-4342



To learn more about the Creston Valley Visitor Centre or to contact their staff directly visit explorecrestonvalley.com/visitors-centre.



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