

# CRESTON VALLEY

OFFICIAL VISITOR'S GUIDE  
2023-2024



[ExploreCrestonValley.com](https://www.explorecrestonvalley.com)

# CRESTON VALLEY

OFFICIAL VISITOR'S GUIDE 2023-2024

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## COVER PHOTO:

Baillie-Grohman Estate Winery.

Photo by Kari Medig, Kootenay Rockies Tourism

## THIS PAGE PHOTO

View looking east towards Canyon-Lister with the Skimmerhorns (Purcell Range) in the background.

Photo by Daniel Séguin

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## MAYOR'S WELCOME

On behalf of the Town of Creston and the Creston Valley Tourism Society, we welcome you to Creston and the surrounding area.



We offer you small town friendliness and the peaceful beauty of uncrowded trails, rivers, and lakes. Our mild climate has much to offer in the way of locally grown fruit, vegetables, meats, grains, wine, and so much more. There is so much to see and do on your visit, and our visitor's guide is full of much of the best we have to make your stay a memorable one. Many of our visitors feel they have discovered a well-kept secret, but we encourage you to share that secret with others and to enjoy your discoveries!

Arnold DeBoon  
*Creston Mayor*

## NASUKIN'S WELCOME

Kisuk K'yukit (greetings).

The Lower Kootenay Band, also known as the Yaqaan Nukiy people have lived in this valley since time immemorial.



The mild climate, water ways, and big game have sustained many generations of our people. With the coming of the settlers, the path to Truth and Reconciliation has been trying, however, the Lower Kootenay Band is committed to being the best of neighbours with the residents of the Creston Valley. On behalf of the Elders and the community of Yaqaan Nukiy we welcome you to our traditional homelands and encourage you to explore all of the great things this valley has to offer!

M. Jason Louie  
*Chief, Lower Kootenay Band*

### VISITOR INFORMATION

Creston Valley Visitor Centre  
121 NW Boulevard, Creston BC  
7 Days a Week, 9am-5pm (Mid May -  
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- Concession

### OUTDOOR FEATURES

- Baseball & Soccer Fields
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- Pickleball, Beach Volleyball & Basketball Courts
- Horseshoe Pits



**Creston & District  
Community Complex**



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[rdck.ca/recreation](http://rdck.ca/recreation)



## KTUNAXA NATION ACKNOWLEDGEMENT

**THESE** beautiful lands are the traditional and unceded territory of the Ktunaxa Nation (pronounced k-too-nah-ha).

The Lower Kootenay Band, also known as the Yaqan Nukiy people are part of the larger Ktunaxa Nation, whose traditional territory includes the Creston Valley and Kootenay Lake area as well as parts of South East BC, Montana, Idaho & Washington State. Yaqan Nukiy means “where the rock stands” referring to an important place in the Creston Valley.

The people of Yaqan Nukiy traditionally lived along the Kootenay River and at the south end of Kootenay Lake, using their unique birch bark Canoe (Yaksumit) to travel through the vast wetlands on the valley floor, up and down the Kootenay River and all along Kootenay Lake for sustenance activities. The canoe was also an important part of the social, ceremonial and religious activities. The Yaksumit is known for its unique design, with its sturgeon nose shape, front and back, lying flat from stern to stern.



Today the Yaqan Nukiy (Lower Kootenay Band) continue to play a vital role in the Creston Valley area, with the band operating a number of important local businesses, the Yaqan Nukiy Independent School, and having just opened their beautiful new administrative building, shaped like the Yaksumit. The Creston Valley Tourism Society acknowledges this area as part of the unceded territory of the Ktunaxa people and is grateful for the opportunity to live, play and share these beautiful lands and waterways with our visitors.

# DISCOVER CRESTON VALLEY



**THIS** guide is here to help you discover the region in the Kootenays where east meets west, known as the Creston Valley. The temperate climate and expansive views attract visitors year-round, as do the deep roots in agriculture, the array of recreational opportunities, and a surprising artisanal scene.

From the picturesque banks along the Moyie River in Yahk to the meandering waters of the Kootenay River running north through the Creston Valley before flowing into Kootenay Lake, the communities are connected by both land and history.

Travelling from the east, the small community of **Yahk** boasts camping opportunities along the river, a popular ice cream pit stop at **Two Scoop Steve**, and of course the famous goats atop the roof at the **Yahk Soap and Candle Co.**

Orchards and fruit stands in **Erickson** have drawn visitors and families for generations. Here you will find a bounty of locally grown fruits and vegetables, baked goods, seasonal flowers, and sweet and savory preserves - everything you need to prepare your own feast or to take home to enjoy later. And of

course Erickson is also increasingly famous as the heart of the Creston Valley's growing wine scene, with three remarkable wineries offering tastings perfectly paired with the stunning views of the valley.

Across the Goat River, **Canyon** is the gateway to Mt. Thompson, and an outdoor enthusiast's paradise offering some of the best hiking and views around. The beautiful **Canyon Community Park** offers camping, ball fields, a horse arena, playground, and outdoor kitchen and picnic area well-suited to family gatherings.

Further south you'll find **Lister**, another country paradise of rolling fields and dairy, grain, beef, and poultry farms. Stop by the Kootenay Meadows' store to sample some cheese or ice cream, take a tour of the farm and say hello to the cows! You'll also find the



nearby Lister Park and its popular disc golf course, sports fields and playground. Just down the road, golf enthusiasts will enjoy the fantastic 18 hole course and stunning views at the **Creston Golf Club**.

To the west of Lister is the **Yaqan Nukiy** (Lower Kootenay Band) community, where the iconic band office sits on a beautiful bench overlooking the valley floor and the Kootenay River. Yaqan Nukiy is also home of the annual Yaqan Nukiy Traditional Pow-Wow and Legend Logos Gift Shop, where you can find unique Indigenous gifts.

Just north is **Creston**, the commercial and business hub of the Valley, with a vibrant downtown worth stopping for, especially when the **Creston Valley Farmers' Market** is taking place. Standing tall in the center of the town, the two historic grain elevators overlook the valley alongside an impressive assortment of restaurants and charming cafés, state-of-the art recreation facilities, theatres and galleries, cool and quirky shops, a variety of professional services, and more.

West of the Kootenay River you'll find **West Creston** and the **Creston Valley Wildlife Management Area**, with opportunities to view a diversity of wildlife and access year-round trails for hiking, biking, snowshoeing

and cross-country skiing. Continuing up Highway 3 into the Selkirks you'll begin ascending **Kootenay Pass** – the third highest mountain pass highway in the world, and also an area rich in alpine recreation in both summer and winter.

To the north **Wynndel** is home to Duck Lake, with its exceptional bass fishing and scenic ice-skating come winter. From here one can then continue the drive up Highway 3A along the East Shore of **Kootenay Lake**, offering an opportunity to access one of the largest freshwater lakes in BC, as well as boating, swimming and visiting the communities of Boswell, Grey Creek and Crawford Bay.

While the Creston Valley has become known for its growing season and agriculture, what sets it apart is the quality of people that call it home and shape these communities as farmers, artists, entrepreneurs and families. It's a place where you'll not only discover fresh food, but friendly, hard-working, down-to-earth people who share a love for the valley.

To learn more about the communities of the Creston Valley area checkout [explorecrestonvalley.com/discover](https://explorecrestonvalley.com/discover).



# GET INSPIRED

## SUGGESTIONS FOR EVERYONE



IT can be overwhelming planning your time when visiting a new-to-you location, especially in a place like the Creston Valley, where there is such a variety on offer for every kind of traveller. In an effort to help you out, we have created a few itineraries that we hope inspire you during your stay or while you are planning your adventure – enjoy!



## NATURE AND CULTURE LOVERS

**THE** Creston Valley is a wonderful place to spend time taking in the outdoors and exploring the natural environment. There is also an abundance of cultural opportunities awaiting you to balance the fresh air and exertion.

Start the morning off with a delicious breakfast at the Retro Café (try their authentic crêpes) before visiting the bio-diverse **Creston Valley Wildlife Management Area** for some bird watching. There are over 300 species of birds and self-guided walking trails with multi-level viewing towers. Bring your camera to capture these creatures in their natural environments.

Now that you've worked up an appetite, pop over to the Mountain Barn Café for lunch and perhaps enjoy their famous homemade soup and bun. Powered up, enjoy a little bit of local history by visiting the eclectic **Creston Museum** or the Yaqan Nukiy Heritage Centre at Legends Logos. If you're in need of an afternoon pick-me-up, check out Kingfisher Used Books and sip a coffee as you peruse their endless collection of used books.

After a little down time, head back out and enjoy a locally-made meal at the Real Food Café, and end the night with some live entertainment with a performance by the Footlighters Theatre Production or a concert sponsored by the Creston Concert Society.

The next day, take it easy with a visit to some of the local galleries such as Kunze Gallery, Pottery studios like the newly opened Pottery On Canyon, or the ever popular Pridham pottery studio. Finally, if you're lucky to be here on a Saturday, visit the popular **Creston Valley Farmers' Market** to explore handmade crafts for sale.





## 2 TRAVELLING FAMILIES

**THERE** is so much to explore in the Creston Valley, whether with young or older children. Beaches, parks, orchards, ice cream, history... really, it just depends on your interests and perhaps the weather. Here are some ideas to get you started.

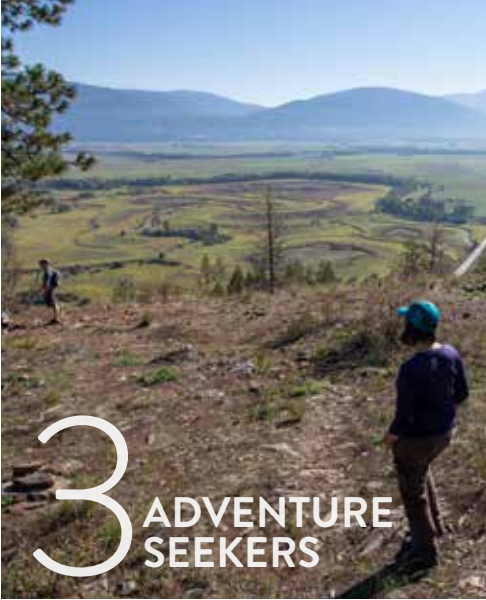
We all know how important it is to keep kids hydrated and fed, so choose one of the many cafés, power up the family, and take some snacks for the road as you know you'll need them - it's time to explore the **Kootenay Columbia Discovery Centre** by canoe. Take a tour and learn about the Creston wetlands and how important they are to our ecosystem.

Everyone will likely be ready for lunch, and who can say no to Tim's Fish and Chips? Delicious and quick meals are always welcomed when there is a lot on the agenda. For the afternoon, consider hitting **Toyland at Creston Card and Stationery** for the kids to explore their extensive selection of toys or take them to the **Splash Park at Centennial Park** to cool down. After a full day, grab a few pizzas to take home for an earlier night.

Rejuvenated after a great sleep, it's back to exploring! But first, head to Ricky's Diner where the kids can enjoy one of the great choices on the kid's menu (waffles or pancakes, anyone?). Then take the kids for a



visit to meet the cows at Kootenay Meadows or to see the rooftop goats and have some ice cream at the **Yahk Soap & Candle Co.** and **Two Scoop Steve**. Finally wrap up the day with dinner at one of the many family friendly restaurants in town and before heading back to your accommodations to get some much needed sleep for the trip home.



## 3 ADVENTURE SEEKERS

**IN** any direction in this Valley, you'll find an area, activity, or lush, natural environment luring you in ready to be explored. Whether on foot, by boat, on skis or by bike, you won't forget time spent recreating in the Creston Valley.

Any adventure needs a good start. Enjoy an energizing breakfast and freshly brewed cup of coffee, and then head out on a hike to not only get that heart pumping, but to enjoy a beautiful view. **Billy Goat Bluffs Trail** is a challenging yet shorter option near town, or

head up Kootenay Pass and try out **Cornice Ridge** for something a bit more epic.

Once back in town, choose one of the valley's famous wineries for a tasting and charcuterie board, or a distillery if you prefer. Better yet, choose a couple and make an afternoon of it. As the sun begins to set, head to the **Frisky Whisky** and enjoy the ambience, delicious menu, hand-crafted cocktails and consider staying for some live music.

After a good night's sleep, it's time to change it up. Head out to **Good Company Coffee** for a deliciously made espresso and a freshly baked treat. Then, on to **Creston Valley Tour Company** to rent a kayak or SUP to take out on Kootenay Lake to enjoy the remainder of your morning.

Spend the rest of the afternoon (or perhaps another day) visiting the eclectic shops and boutiques in downtown Creston like **Modern Alchemy**, **Fly in the Fibre** and **Pageboy Studio** for a keepsake to bring home. Assuming you've worked up a healthy appetite, enjoy a barbeque chicken burger from **Basasak Chicken** or fresh made sushi at **Sushi Garden** for dinner.

**FOR** those looking for a laid-back trip of golf, fishing, fantastic food and cool refreshments, Creston Valley will deliver.

Start the day off with breakfast at Buffalo Trails Coffee House in downtown Creston. You won't be disappointed by this family-owned café and its farm fresh offerings. Now ready for the day, it's time for a round of golf at the iconic **Creston Golf Club** – a Par 72 playable course, enjoyable for all types of players, followed by lunch at their clubhouse restaurant.

Once back in town, and before the sun sets visit the **Columbia Brewery** for a tour or to pick up some cold brews and snap a picture with the infamous Sasquatch. After some down time, enjoy a meal at **Jimmy's Pub** which is known for its delicious pub food and Greek cuisine. If there's any gas left in the tank see what's playing across the street at the **Tivoli Theatre**.

Start bright and early the next day with a hearty breakfast at Blackstone Café to fuel today's adventure – heading up Kootenay



## 4 RURAL RELAXER

Lake for some fishing! Returning to town in the afternoon, visit some of the fruit stands for fresh produce or **Famous Fritz** to pick up some of their fresh cut steaks or sausage to take home with you!

For more inspiration or additional ideas for your trip to the Creston Valley visit [explorecrestonvalley.com/get-inspired-blog](https://explorecrestonvalley.com/get-inspired-blog).





## ALL SEASONS SEASONAL HIGHLIGHTS

**THERE** is something for everyone with every season in the Creston Valley, and here's why.

**Spring** has an earlier start in this part of BC, which allows for a longer growing season and also earlier... everything! As the snow melts, trails are clear and ready for exploring and avid bikers, hikers and runners are out enjoying the expansive network. Golf at the Creston Golf Club also opens for the season, sometimes as early as March. In Erickson, the colourful and optimistic cherry blossoms are a well-known attraction, with a festival to celebrate the beauty of this time of year. And starting in May, the award-winning Farmers' Market begins running its popular outdoor markets each Saturday.

The long and warmer days of **summer** add to the allure and many visitors and residents take to the water, cooling off in the lakes and rivers, at the splash park, or by taking a dip at the pool. Paddlers also escape to the water with their canoes, kayaks and SUPs, and fishing season is well underway. This is also a busy time of year for tastings at the various wineries, and by August fresh cherries and peaches are in abundance at the local fruit stands and markets.

**Fall** is all about harvesting. People make a point of travelling to this region in September and October in order to fill their pantries with the fresh and delicious locally grown fruit and vegetables, through

canning, making pies and jam, and more lasting through the winter season. The Creston Valley Fall Fair takes place in early September to celebrate the bounty of this harvest, and for those bike enthusiasts, the Creston Kootenay Lake Gran Fondo cruises along Duck and Kootenay Lake on highway 3A September 23. This time of the year is also known for its vibrant colours, creeping across the valley before the snow flies.

When the snow does fly, it's time to celebrate all things **winter**. Snowshoes, snowmobiles, Nordic skis, touring gear, toboggans and more make appearances as visitors and locals enjoy the fun a little pow can bring. Kootenay Pass is a popular place to explore, offering access to the backcountry for ski touring and snowmobiling. Winter is also the perfect opportunity to take in skating or swimming at the Community Complex, attending events such as hockey games and trivia nights, and enjoying all of the amazing shops, cafés and restaurants in town. Don't miss the craft fairs and markets leading up to the holiday season!

*We encourage you to know before you go – learn about current weather conditions by visiting [explorecrestonvalley.com/weather-conditions](https://www.explorecrestonvalley.com/weather-conditions).*





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PLAY

ADVENTURE STARTS HERE

**WITH** such diverse and expansive recreational offerings in the Creston Valley, the exploration can feel almost endless.

You have an abundance of clean rivers, deep lakes, wild wetlands, dense forests and clear mountain tops to explore. The area also boasts a number of community parks, a world-class recreation complex, outstanding golf course, and indoor recreation options for those who prefer staying close to basecamp.

However you intend to 'play' during your stay, you'll find ample opportunities and perhaps even something new to try out. As the Creston Valley continues to grow, so do its recreational offerings which allows residents and visitors even more ways to diversify their time here.



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# PLAY

## IN THE MOUNTAINS



**THE** Creston Valley has five hiking areas, each with something unique to offer those keen to gain some elevation and a fresh perspective. Meander through the valley bottom along riparian marshlands filled with birdsong. Ascend jagged ridgelines with spectacular views of abundantly fertile valleys. The view will take your breath away more than the hike will.

### MOUNT THOMPSON TRAILS

On the east side of the Creston Valley in the Purcell range, Thompson Mountain is home to a network of five trails that wander up and on top of Mount Thompson, including **Sullivan Creek** and **Thompson Rim Trails**. The latest addition is the **Bonnie Lake Trail**, which forks off the iconic **Thompson Rim Trail** before descending the east side to a small alpine lake that gives the trail its name.

### GOAT (ARROW) MOUNTAIN TRAILS

Nestled above the Town of Creston's northern boundary, Goat Mountain is home to two popular trails, including **Ladyslipper Trail** and the popular **Billy Goat Bluffs Trail**, a moderately challenging trail that starts from the edge of town before winding up the mountain to a beautiful lookout point.

## Bicycle Sales & Service, Outdoor Gear for All Seasons



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**CRESTON VALLEY WILDLIFE MANAGEMENT AREA (CVWMA) TRAILS**

In the West Creston area of the CVWMA, the Corn Creek Marsh and Summit Creek recreation areas provide five loop trails of varying lengths along boardwalks and dykes through the wetlands, marshes and bird habitat with charming names like the **Songbird Stroll**, **Wood Duck Walk** and **Elk Amble**.

**MOUNT CRESTON TRAILS**

Just northwest of the CVWMA Trails, this relatively easy network goes up, around, and behind Mount Creston to provide stunning vistas of the wetlands and valley including

**Balancing Rock, Fern Forest, Summit Creek, and Mount Creston Trails.**

**KOOTENAY PASS TRAILS**

West of Creston in the Selkirk Mountains along Hwy 3, the Pass provides trails through ancient cedar groves and to the tops of high mountain peaks popular in both summer and winter. Highlights include **Ka Papa Cedars Trail** which wanders through an ancient old growth cedar stand, and the high altitude **Ripple Ridge** and **Cornice Ridge Trails** in Stagleap Provincial Park.

**BACKCOUNTRY TRAILS**

For those with 4x4 vehicles and experience, the area also features a few rustic back-country trails to pristine and stunning locations, including **Haystack Mountain Trail** in Kianuko Provincial Park and Mount Midgley Trail to the North-West of the Creston Valley.

*For more detailed descriptions pick up a copy of the new **Creston Valley Hiking Map**, available at the Creston Valley Visitor's Centre and other local businesses, or visit [explorecrestonvalley.com/hiking](http://explorecrestonvalley.com/hiking).*



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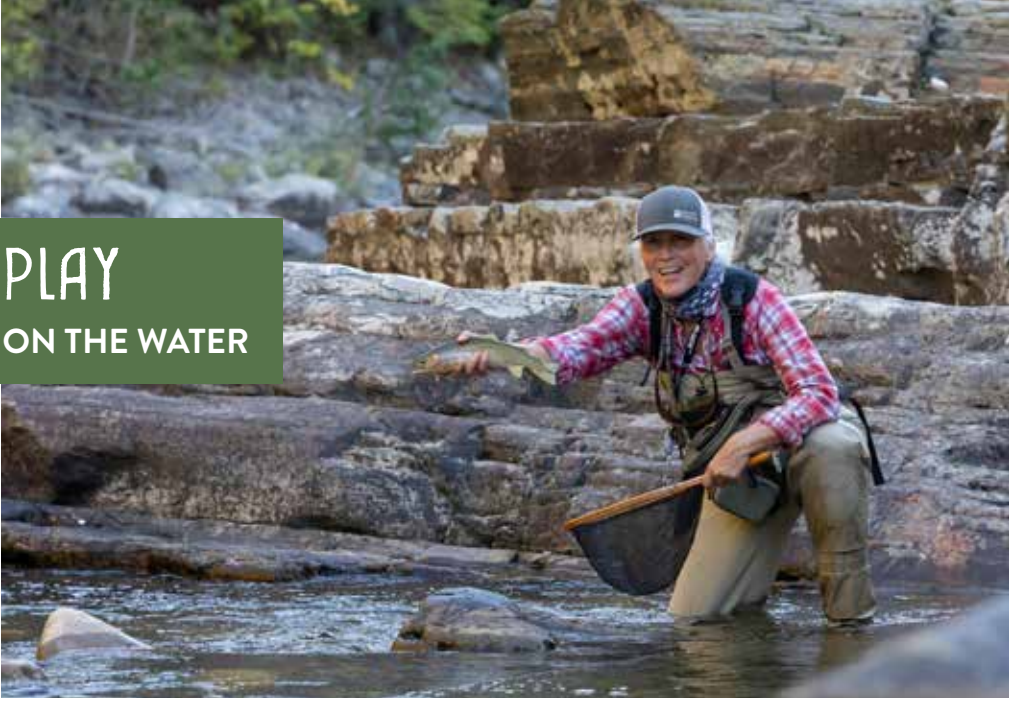
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# PLAY ON THE WATER



**WHEN** in the Creston Valley, you might be happily surprised by the many bodies of water located in this region and the various recreational opportunities they provide. Lakes, rivers, and wetlands are in abundance, allowing you to play and explore, or cool down and rejuvenate.

## WETLANDS

The **Creston Valley Wildlife Management Area (CVWMA)** supports an impressive array of biodiversity with over 300 bird, approximately 60 mammal, 17 fish, 6 reptile and 6 amphibian species recorded. Additionally, there are thousands of invertebrate and plant species. The various ponds, channels and lakes within the CVWMA can be explored by canoe or kayak. Otherwise, an extensive network of flat-top dyke trails offer easy access to explore on foot. The **Kootenay-Columbia Discovery Centre** offers environmental education and awareness programs as well as popular guided canoe tours in the summer.

## FISHING

There are 17 known species of fish in the CVWMA, which can be fished for with appropriate permits ([crestonwildlife.ca](http://crestonwildlife.ca)). In the ponds and channels and on **Duck Lake** the most popular species to fish are yellow perch and large-mouth bass. If you're looking to fish Cutthroat Trout, make sure to visit the **Goat** and **Kootenay River**. Heading to **Kootenay Lake** you can fish from the shore or on a boat for Bull Trout, Gerrard Rainbow Trout and more. For those willing to hike in

a rod, a number of small creeks and alpine lakes in the area also offer good fishing.

## PADDLING

Home to the **Kootenay and Goat Rivers**, paddlers are drawn to these waterways for both kayaking and canoeing. A popular landing site on the Kootenay is the **Old Ferry Landing** where you'll find picnic tables and a grassy area. For those looking for more placid paddling, the many beaches and boat launches along the East Shore of **Kootenay Lake** offer numerous access points for kayakers and stand up paddlers.

## SWIMMING

With the warm and sunny climate found in the Creston Valley, swimming holes provide a refreshing way to cool down and reward yourself after a day's adventure. Popular local swimming holes can be found on both the **Goat and Moyie River**, and of course the **Kootenay Lake**. If you're interested in a brisk, refreshing dip close to town consider a visit to the **Goat Riverside Park**. For those seeking relaxing beaches and sun, a visit to **Mackie Beach** or **Twin Bays Beach** on Kootenay Lake is a must.





## PLAY WINTER RECREATION

**WHILE** not known for its snow, don't be fooled - there are plenty of wintery pursuits in the Creston Valley and surrounding area including snowshoeing, Nordic skiing, snowmobiling, and ski touring.

### SNOWSHOEING AND NORDIC SKIING

While Creston itself is often snow-free during the winter months, you can find beautiful snowshoeing on the **Kootenay Pass**. Additionally, when the snow is deep enough one can enjoy snowshoeing and cross-country skiing along the unmaintained trails located in the **Corn Creek Marsh** and **Summit Creek Recreation Areas** within the **Creston Valley Wildlife Management Area (CVWMA)**.

### SNOWMOBILING

In the winter the deep snow in the mountains and back-country around the Creston area are also popular for sleds. The **Kokanee Country Snowmobile Club** also maintains and operates three riding areas and two backcountry huts, which can be accessed with an annual membership. Visit

[crestonsnowmobileclub.com](http://crestonsnowmobileclub.com) to learn more about these riding areas and to purchase your membership for the winter.

### SKI TOURING

Just a short 35 minute drive from Creston, **Kootenay Pass** is known for its incredible "slack-country" ski touring options, including popular routes in **Stagleap Provincial Park** to **Ripple Ridge** on the south and **Cornice Ridge** on the north side of Highway 3. For the truly devoted ski touring enthusiasts there are also two backcountry ski huts available for rent through the **Ripple Ridge Cabin Association**.

*While recreating in the backcountry during the winter, it's important to be aware of current weather conditions and avalanche risk. Visit [avalanche.ca](http://avalanche.ca) for weather forecasts, riding conditions and avalanche risk ratings for the Creston and Kootenay Pass area.*

# PLAY

## PARKS AND RECREATION

**THERE** is an abundance of other recreational opportunities in the valley, whether at the golf course, a public park, world-class community rec complex or at a number of local yoga and dance studios.

### GOLF

Fore! Creston Valley is home to the **Creston Golf Club**. Established in 1954, the club is a playable course for all levels but with its rolling terrain and fast greens, can be a challenging one as well. Professionally designed and maintained, they offer various tee ranges and gradually changing elevation on both nines making it a walkable course. For those keen to explore some other courses, consider checking out the Kokanee Springs Golf Course in Crawford Bay or the Riondel Course. A round of golf with good friends is always a worthwhile way to spend a day in the Valley.

### COMMUNITY PARKS

In the Town of Creston, you'll find **Centennial Park** which is known for its Splash Park, perfect to cool the little ones down on those hot days while you sit back and enjoy the giggles. If you're interested in playing ball, head to **Canyon Park** which has a baseball diamond (as well as a horse-riding arena), or **Lister Park** which is also home to a playground, an outdoor hockey arena, and a popular Disc Golf Course. **Millenium Park** is located near town in Creston, which hosts outdoor concerts, presentations and

festivals during the summer months, and also draws people for its fountain, public art and Japanese Garden.

### REC COMPLEX

The **Creston and District Community Complex** is an impressive amenity in the valley, with an indoor pool and sauna, and a gym that hosts a variety of fitness classes. This complex also includes a curling and skating rink! Outdoors, you'll find a sought-after **Skateboard and BMX Park** that was inspired by its natural surroundings, integrating skateable faux rock walls and banks. This multi-tiered bowl offers three sections and a linier street section that tie in seamlessly with the other recreational amenities at the complex, including the soccer and baseball fields.

### YOGA AND MOVEMENT

Looking to keep your body moving? Rejuvenate with an energizing dance or yoga class at **Embody Movement Studio** in downtown Creston or alternatively relax with a restorative yoga session at the **Yoga Room**.

For more on recreation in the Creston Valley, visit [explorecrestonvalley.com/recreation](https://www.explorecrestonvalley.com/recreation).





## THINGS TO DO

- CRESTON & DISTRICT COMMUNITY COMPLEX**  
 Public Pool, Fitness Centre, Ice Arena,  
 Skateboard/BMX Park  
 250-428-7127 | [rdck.ca/recreation](http://rdck.ca/recreation)
- CRESTON VALLEY GOLF CLUB**  
 April - November | [crestongolf.com](http://crestongolf.com)
- CRESTON VALLEY TOUR CO.**  
 Guided Tours, Watersports Rentals  
 Year-round | [crestonvalleytours.com](http://crestonvalleytours.com)
- EMBODY MOVEMENT STUDIO**  
 Movement, Dance, and Yoga Classes  
 Year-round | [embodysmovementstudio.com](http://embodysmovementstudio.com)
- KOOTENAY- COLUMBIA DISCOVERY CENTRE**  
 Guided Interpretive Centre Tours,  
 Wetlands Canoe Tours  
 May - August | [discovery-centre.ca](http://discovery-centre.ca)
- SUMMIT CYCLES & SPORTS**  
 Snowshoe and X-Country Ski Rentals  
 November - March  
[summitcycles.ca](http://summitcycles.ca)



## Creston Valley Tour Co.

Experience Creston like a Local

### Experience Creston Like a Local!

Creston Valley Tour Co. is a collection of our tried and true can't miss spots and signature experiences that we have enjoyed for years.

**Now Booking:** Wine Tours, Farm to Table, Hiking or create your own custom tour!



Local Expert Guides • Watersport Rentals • Exclusive Discounts

216 Valleyview Dr. Creston, BC | 250-428-2336

[www.crestonvalleytours.com](http://www.crestonvalleytours.com)  
[crestonvalleytours@outlook.com](mailto:crestonvalleytours@outlook.com)

Office hours:  
 9am - 8pm

# ICONIC WILDLIFE

## OF THE CRESTON VALLEY



*Blue Herons, photo by Lindsay Donald*

**MANY** are surprised by the biodiversity found in the Creston Valley. Originally a large floodplain, running from Kootenay Lake along the Kootenay River all the way to Bonners Ferry in Idaho, the area is surrounded by ancient forests in the Purcell and Selkirk mountain ranges. The Yaqan Nukiy Ktunaxa people fished and hunted an array of species in this naturally abundant area.

In the 20th Century, settlement and agricultural development dramatically changed this wetland and forest landscape, in turn impacting these natural habitats and unique species. However, thanks to persistent efforts over the last 50+ years to protect these habitats through the establishment of the Creston Valley Wildlife Conservation Area (1968), Darkwoods Forest Conservation Area (2008), and the Frog Bear Conservation Corridor (2012) progress has been made to ensure the long-term survival of these natural spaces and the wildlife found within them.

While every species in the area is of significance, these seven are quite unique and ones to keep an eye out for while adventuring or exploring the rivers, lakes, forest and wetlands in the Creston Valley.

### **WESTERN PAINTED TURTLE**

A blue-listed rare species, the Western Painted Turtle is the only native fresh-water turtle left in BC and can be identified by distinct yellow stripes on their legs and neck and red/orange marks on their shells. Watch for them, basking in the sun on logs or rocks on warm days in the wetlands, rivers and lakes.

### **NORTHERN LEOPARD FROG**

The once widespread Northern Leopard frog has become an endangered species, restricted to two breeding areas in BC including the Creston Valley Wildlife Management Area. Here, they live in and

around the shallow ponds and wetlands in spring and summer, before returning to deeper waters to hibernate through the winter. They are a medium-sized amphibian, with long legs and dark spots on rich green skin. It is uncommon to spot them, so consider yourself lucky if you do!

### **GREAT BLUE HERON**

The Great Blue Heron is a migratory species of bird that lives in the rivers, wetlands and lakes of the Creston Valley with large nests, high in the trees. These tall, elegant birds are striking with their long legs, broad wings and outstretched necks. They are often spotted near the water's edge, stoically resting on one foot while hunting fish.



Osprey, photo by Lindsay Donald



Grizzly, photo by Lindsay Donald



White Sturgeon, photo by Rick Swart/ODFW



Northern Leopard Frog, photo courtesy of CVWMA

## OSPREY

These large predators return in impressive numbers to the Creston wetlands and along the Kootenay River and Lake each spring, often to the same nest to breed annually. Also called “fish-hawk,” Osprey use their sharp eyesight to peer into any body of water to hunt for fish. It is thrilling to watch them dive talons-first into the water to catch fish and then carry them away into the sky.

## WHITE STURGEON

This endangered species has been around since the dinosaurs, and is the largest and longest living freshwater fish in Canada, reaching up to six metres, 1,400 pounds and 100 years in age. Grey and white, they can be identified by their broad, flat heads, wide toothless mouths, and bony scutes that run along their bodies. Their habitat includes the Kootenay River, where they spawn before returning to Kootenay Lake to spend most of their lives. While White Sturgeon are unlikely to be seen and it is prohibited to fish them, keep your eyes out for Naḿuq̓in, a giant ancient Sturgeon who Yaqaan Nukiy legend says lives in and travels along Kootenay Lake to this day!

## KOKANEE SALMON

Another endangered species, the iconic Kokanee Salmon are the landlocked version of Sockeye Salmon but smaller in size. They spend their adult lives on Kootenay Lake before returning to the creeks each fall to spawn upstream before they die. During

this time, their backs and sides become bright red, which is quite magical to witness. While rare, you may see Kokanee Salmon along Kokanee Creek near Balfour between August and October during spawning season.

## GRIZZLY BEAR

While Grizzlies spend most of their lives in the mountains, they often come into the Creston Valley wetlands in spring and summer - an important hunting corridor between the Purcell and Selkirk Mountain Ranges. Grizzly bears are omnivores that eat plants, insects, fish, and animals, depending on the time of the year. While it is rare to see one, if you do please give them lots of space and leave the area as they may become territorial in order to protect their cubs or food.

## RESPECTING LOCAL WILDLIFE

The Creston Valley area has an abundance of wildlife and it can be exciting to see any of these creatures, but it is important to keep your distance and to remember that we are visitors in their home. Observe quietly, refrain from feeding them, and if you have a dog, please keep it on a leash to avoid stressful encounters. For more information on how to respect wildlife, visit [LeaveNoTrace.ca](http://LeaveNoTrace.ca) and [WildsafeBC.com](http://WildsafeBC.com).

For more information about the unique species of the Creston Valley area visit [explorecrestonvalley.com/wildlife-veiwng](http://explorecrestonvalley.com/wildlife-veiwng).



# ARTS, HERITAGE & ENTERTAINMENT

DISCOVER AND CONNECT



**WHEN** spending time in the Creston Valley, you'll notice the impressive arts, culture and entertainment opportunities and will want to leave a lot of room in your plans to take it all in!

With inspiring natural beauty and a rich history, the Creston Valley is a magnet for those passionate about the arts and culture. Our communities are home to top-notch galleries, award-winning community theatre, and fascinating museums.

You'll also be happily surprised by the entertainment opportunities available. From a classic movie theatre and bowling alley to live concerts at cocktail bars, the Creston Valley offers many unique events and entertainment options for all ages and interests.



8 craft beer taps • cold beer to go  
selection of local wines & cider  
take-out food is welcome

OPEN DAILY • [wildnorthbrewery.ca](http://wildnorthbrewery.ca)  
250-431-8624  
125 16th Ave N. Creston BC

WHERE FRIENDSHIP,  
ADVENTURE AND  
GREAT BEER COLLIDE





## WHAT THE LOCALS SAY



### BONNIE GEDDES

Tivoli Theatre

I came to the Canyon area in 1966 when my parents relocated from Lethbridge, AB. I grew up, went through school, got married, started and worked in my own businesses, and raised my own family, right here in the Valley.

I have always been active in the community, whether through businesses, events or politics. Having grown up in a creative family, arts and entertainment has been part of my life from the beginning. I began working at the Tivoli Theatre in 1975 and learned to run all aspects of the business including using the original equipment from 1938. I moved into working in the restaurant and hotel business for the next 20 years and came to love the service industry.

Theatres were hit hard in the 1980s and Tivoli Theatre closed their doors in 1985. In 1986, I acquired the building and operated a Bingo Hall until 1997 when I decided to revive the Theatre.

New (used) equipment and seating was installed, and we brought movies and new life back to the Tivoli Theatre. Since then, we have updated the seating, expanded our concession, converted to digital projection and a Dolby 5.1 surround sound system, and installed a Silver Screen to allow 3D movies. We're extremely proud of our quaint theatre.

In 2019 the Tivoli Theatre became a significant partner in the Kootenay Film Society to help create, develop, and host the first Seventh Siding Festival of Film. We have brought in local, national and

international film at the festival the last four years. We have also debuted several full-length feature films and documentaries produced and filmed in and around Creston, with local talent both behind the camera and on screen.

The theatre industry took a hit over the pandemic, leaving many theatres devastated. The come-back has been slow, but industry professionals anticipate a full recovery with plans of great film releases in future. We plan to continue to be a landmark building in this beautiful valley and hope to see you at the movies!

**Q. My favourite season in Creston is...**

spring because the valley seems to come alive with greenery and blossoms. It's such a re-birthing of the earth!

**Q. I find people are always surprised to learn that...**

Creston has such mild winters and a diverse agricultural community from livestock to grains, fruits, veggies and now we're even a wine producing region in addition to our signature Kokanee Beer!

**Q. This area is so unique because...** we're a little spec on the map between two time zones and we never change our clocks! I have heard that when you come to Creston, you just change your watch back 30 years.

**Q. In my opinion, the best view of the Valley is...**

entering from the west, coming off the Kootenay Pass, you can see the valley and the patchwork quilt-look of the crops on the flats. And in the distance, the small, quaint cityscape (lights) of the Town of Creston nestled up on a hill at the foot of Goat Mountain. It's very welcoming.



# ENTERTAINMENT

SO MUCH TO DO!

**THE** busy calendar year-round in the Creston Valley may catch you off guard, but it shouldn't.



Most people residing here or visiting have a zest for life. After a hard day of work or a challenging day of recreating, who doesn't love a bit of fun? Whether it's cheering on the local hockey team, catching a movie, or out for a night "off-off-broadway" you are sure to find something to enjoy.

## MUSIC AND LIVE ENTERTAINMENT

Many local establishments host regular events, including live performances by local and touring bands and musicians at both **Jimmy's Pub** and **Frisky Whisky**. If Jam Night is more your thing, get practicing and make sure to bring your own instrument to **Wild North Brewing Co.'s** monthly jam night. Check in on the **Creston Concert Society**, which hosts an annual concert series, and visit the **Footlighters Theatre**

**Society** to see what's on stage during your stay. Additionally, **Baillie-Grohman Estate Winery** has live music on Friday nights in July and August.

## FAMILY FUN

Looking for something a little different? Head to **Creston Mini Golf**, which boasts a beautiful and challenging course fun for the whole family, or **Romano's Runaway Lanes Limited** for some five-pin bowling. And if you're looking for the more familiar, check the movie show times at the **Tivoli Theatre** or visit the **Art Barn**, which runs various art classes for all ages that may be of interest.

## SPORTS

The **Creston Valley Thundercats** is a Junior B hockey team in the Eddie Mountain Division of the Kootenay Conference, playing throughout the winter season, packing the Johnny Bucyk Arena with enthusiastic local fans. Don't miss them!

*For more happening throughout the year, take a look through the Annual Events Calendar in this guide and for upcoming events and activities closer to your trip, visit [explorecrestonvalley.com/events](http://explorecrestonvalley.com/events).*







## THINGS TO DO

- **THE ART BARN STUDIO**  
Individual and group arts and crafts classes. Year-round. [artbarncreston.com](http://artbarncreston.com)
- **CRESTON MUSEUM**  
Guided Tours and Personalized Experiences.  
May - October. [crestonmuseum.ca](http://crestonmuseum.ca)
- **TIVOLI THEATRE**  
Movie Showings.  
[tivoli-theatre.ca/wordpress](http://tivoli-theatre.ca/wordpress)
- **FOOTLIGHTERS THEATRE**  
Live Theatre Performances  
Year-round  
[facebook.com/CrestonFootlighters](https://facebook.com/CrestonFootlighters)
- **CRESTON CONCERT SOCIETY**  
Live Music and Performing Arts Concerts. October-May  
[crestonconcertsociety.ca](http://crestonconcertsociety.ca)
- **CRESTON MINI-GOLF**  
Rounds of Mini Golf  
May - September  
[crestonminigolf.wixsite.com/minigolf](http://crestonminigolf.wixsite.com/minigolf)
- **ROMANO'S RUNAWAY LANES**  
5 Pin Bowling Year-round  
250-428-2659
- **CRESTON VALLEY THUNDERCATS HOCKEY**  
Junior Hockey Games  
September - February  
[crestonvalleythundercats.com](http://crestonvalleythundercats.com)

## SPEAKEASY OF THE KOOTENAYS

Full Menu • Custom Cocktails • Entertainment



- Family Dining • Club Nights
- Lunch Specials • Special Events
- Kids Menu • Live Music
- Lounge • Banquets

[www.FriskyWhisky.club](http://www.FriskyWhisky.club)



**FRISKY WHISKY**  
Cocktails & Kitchen

1117B Canyon St. Creston BC  
(Downtown beside The Source)  
250-431-9189



# EVENT CALENDAR

## ANNUAL EVENTS NOT TO MISS!

### FEBRUARY

**WOMEN'S VALENTINE'S BONSPIEL**  
@ Creston & District Community Complex.  
2nd weekend of February.  
[crestoncurling.com](http://crestoncurling.com)

### MARCH

**MEN'S BUTTERFLY BONSPIEL**  
@ Creston & District Community Complex.  
1st weekend of March. [crestoncurling.com](http://crestoncurling.com)

### MAY

**CRESTON VALLEY BIRD FESTIVAL**  
2nd weekend of May.  
[wildsight.ca/branches/creston-valley](http://wildsight.ca/branches/creston-valley)

**CRESTON VALLEY BLOSSOM FESTIVAL**  
3rd weekend of May. [blossomfestival.ca](http://blossomfestival.ca)

### JULY

**CANADA DAY CELEBRATIONS**  
July 1

### SEPTEMBER

**CRESTON VALLEY FALL FAIR**  
@ Creston & District Community Complex  
1st weekend of Sept. [crestonvalleyfair.com](http://crestonvalleyfair.com)

**CRESTON KOOTENAY LAKE GRAN FONDO**

Saturday, September 23  
[crestonkootenaylakegranfondo.com](http://crestonkootenaylakegranfondo.com)

**BLUE HERON HALF MARATHON**  
Sunday, September 25. [crestonmarathon.ca](http://crestonmarathon.ca)

### NOVEMBER

**CRESTON CHRISTMAS ART AND CRAFT FAIR** @ Creston & District Community Complex. 3rd Sunday of November. [crestonvalleyartscouncil.ca](http://crestonvalleyartscouncil.ca)

### 7TH SIDING FESTIVAL OF FILM

@ Tivoli Theatre  
3rd weekend of November  
[kootenayfilmsociety.com/7th-siding-festival](http://kootenayfilmsociety.com/7th-siding-festival)

### DECEMBER

**CRESTON VALLEY WINTERFEST**  
1st Saturday of December,  
Downtown Creston

For the latest events in the Creston Valley, visit [explorecrestonvalley.com/events](http://explorecrestonvalley.com/events).



### YEAR ROUND

**CRESTON VALLEY FARMERS' MARKET**



**OUTDOOR FARMERS' MARKET** @ Millenium Park. Saturdays, weekly. Mid Apr. - Nov.

**INDOOR FARMERS' MARKET** @ Creston & District Community Complex. Saturdays, weekly. Nov. - Dec.

[crestonvalleyfoodactioncoalition.ca/farmersmarket](http://crestonvalleyfoodactioncoalition.ca/farmersmarket)

# MAP DIRECTORY



## PROVINCIAL PARKS AND WILDERNESS AREAS



- 1 YAHK PROVINCIAL PARK**  
Activities: swimming, fishing  
Season: Spring, Summer
- 2 CRESTON VALLEY WILDLIFE MANAGEMENT AREA**  
Activities: hiking, wildlife-viewing, canoeing, kayaking, fishing  
Season: Year-round
- 3 STAGLEAP PROVINCIAL PARK**  
Activities: hiking, snowshoeing, backcountry skiing  
Season: Year-round
- 4 KIANUKO PROVINCIAL PARK**  
Activities: hiking, horseback riding  
Season: Year-round

## COMMUNITY PARKS AND FACILITIES



- 1 YAHK KINGSGATE COMMUNITY HALL AND PARK**  
Facilities: hall, indoor gym, kitchen, bandstand, multi-use sport court, bocce and horseshoe pits, baseball diamond  
Season: Year-round
- 2 CANYON COMMUNITY PARK**  
Facilities: baseball diamond, horse arena, walking track, playground, public washrooms, outdoor kitchen and pavilion  
Season: Spring, Summer, Fall
- 3 LISTER PARK**  
Facilities: baseball diamond, outdoor hockey arena, disc-golf course, playground, washrooms, and pavilion.  
Season: Spring, Summer, Fall
- 4 MILLENNIUM PARK**  
Facilities: walking path, public washrooms, fountain, covered bandstand, RV parking and sani-dump.  
Season: Spring, Summer, Fall
- 5 CRESTON & DISTRICT COMMUNITY COMPLEX**  
Facilities: pool, hot tub, steam room, curling rink, fitness gym/track, hockey arena, ball diamonds, soccer field, outdoor sport courts, children's playground, BMX/skateboard park.  
Season: Year-round
- 6 DOG & BMX PARK**  
Facilities: dog park, BMX dirt jump track, outdoor exercise equipment, walking path  
Season: Spring, Summer, Fall
- 7 CENTENNIAL PARK**  
Facilities: children's splash park, playground, covered picnic area, change rooms, public washrooms, baseball field, outdoor exercise equipment  
Season: Spring, Summer, Fall
- 8 BURNS PARK**  
Facilities: playground, public washrooms  
Season: Spring, Summer, Fall
- 9 SCHIKURSKI PARK**  
Facilities: public washrooms, walking path  
Season: Spring, Summer, Fall



## HIKING AREAS AND TRAILS



- 1 MOUNT THOMPSON TRAILS**  
Activities: hiking, horseback riding, mountain biking  
Season: Spring, Summer, Fall
- 2 GOAT (ARROW) MOUNTAIN TRAILS**  
Activities: hiking  
Season: Spring, Summer, Fall
- 3 CRESTON VALLEY WILDLIFE MANAGEMENT AREA TRAILS**  
Activities: hiking, biking, snowshoeing, cross-country skiing  
Season: Year-round
- 4 MOUNT CRESTON TRAILS**  
Activities: hiking  
Season: Spring, Summer, Fall
- 5 KOOTENAY PASS TRAILS**  
Activities: hiking, snowshoeing, backcountry skiing  
Season: Year-round
- 6 BACKCOUNTRY TRAILS**  
Includes Haystack Mountain Trail in Kianuko Prov. Park and Mt. Midgely Trail to the NW of the Creston Valley.  
Activities: hiking  
Season: Summer, Fall



## BOAT AND CANOE LAUNCHES



- 1 KOOTENAY RIVER OLD FERRY LANDING LAUNCH**  
Activities: boating, canoeing, kayaking, SUPing, fishing  
Season: Spring, Summer, Fall
- 2 CVMA KOOTENAY RIVER CANOE LAUNCH**  
Activities: non-motorized boating, canoeing, kayaking, fishing  
Season: Spring, Summer, Fall
- 3 CVWMA DUCK LAKE CHANNEL ROAD CANOE LAUNCH**  
Activities: non-motorized boating, canoeing, kayaking, fishing  
Season: Spring, Summer
- 4 CVWMA DUCK LAKE SIRDAR CANOE LAUNCH**  
Activities: non-motorized boating, canoeing, kayaking, fishing  
Season: Spring, Summer, Fall
- 5 KUSKANOOK HARBOUR BOAT LAUNCH AND MARINA**  
Activities: boating, canoeing, kayaking, SUPing, fishing  
Season: Spring, Summer, Fall
- 6 BOSWELL PUBLIC BOAT LAUNCH**  
Activities: boating, fishing  
Season: Spring, Summer, Fall

## BEACHES AND SWIMMING SPOTS



- 1 GOAT RIVERSIDE PARK**  
Activities: swimming, fishing  
Season: Spring, Summer, Fall
- 2 TWIN BAYS BEACH**  
Activities: swimming, SUPing, kayaking  
Season: Spring, Summer, Fall
- 3 MACKIE BEACH**  
Activities: swimming, SUPing, kayaking  
Season: Spring, Summer, Fall
- 4 LOCKHART BEACH**  
Activities: swimming, SUPing, kayaking  
Season: Spring, Summer, Fall

# DOWNTOWN CRESTON MAP



## VISITOR SERVICES

**CRESTON VALLEY VISITOR CENTRE**  
121 Northwest Blvd,  
Open Year Round  
250-423-4342

## PUBLIC PARKING

- TOWN OF CRESTON PARKING LOT**  
1015 Cook Street, Creston
- TOWN OF CRESTON RV PARKING AND SANI-DUMP**  
215 16th Ave S, Creston  
Street parking in the Town of Creston is free.

## PUBLIC WASHROOMS

- TOWN OF CRESTON PUBLIC WASHROOM**  
1130 Canyon Street, Creston
- CRESTON VALLEY VISITOR CENTRE**  
121 Northwest Boulevard, Creston

## EMERGENCY SERVICES

- CRESTON VALLEY HOSPITAL**  
312 15th Ave, Creston  
250-428-2286
- CRESTON RCMP DETACHMENT**  
421 16 Ave S, Creston  
250-428-9313

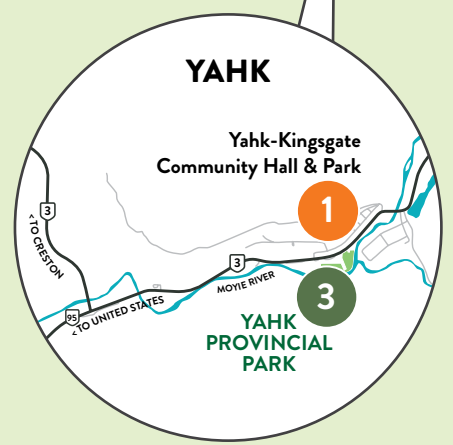
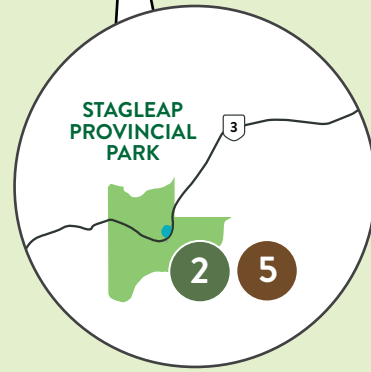
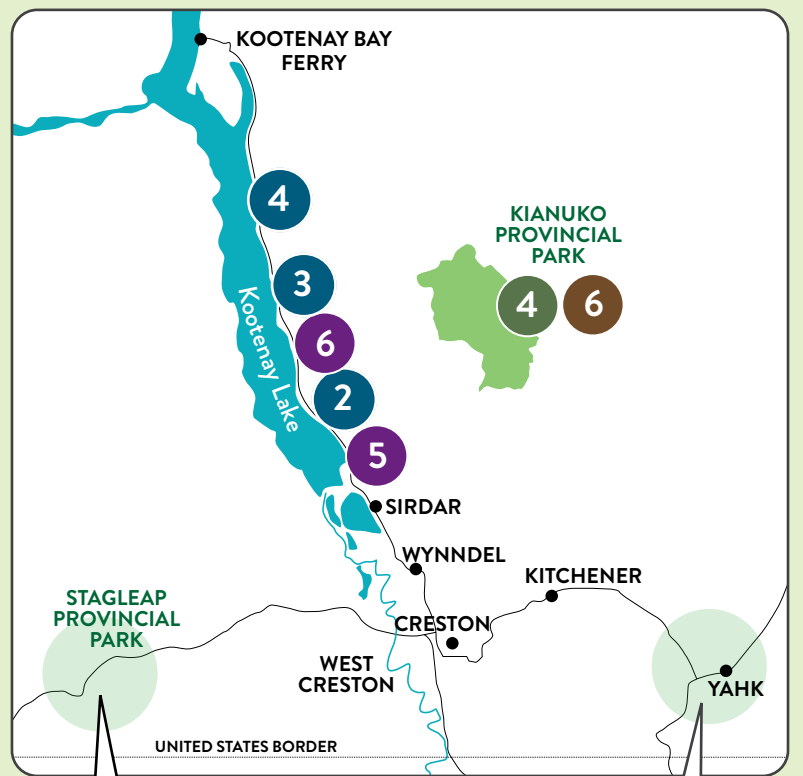


# CRESTON AREA MAP

## LEGEND

Match the colour and number to the amenity with the directory on the reverse side!

- HIKING AREA AND TRAIL
- COMMUNITY PARK AND FACILITY
- PROVINCIAL PARK AND WILDERNESS AREA
- BEACH AND SWIMMING SPOT
- CANOE AND/OR BOAT LAUNCH
- CRESTON VALLEY WILDLIFE MANAGEMENT AREA BOUNDARY (CVWMA)



SOAP - GIFT SHOP - ICE CREAM - LUNCH - RIVER WALK - GOATS



Open year round!



## A great place to take a break!

Find these "hidden gems" in Yahk, BC.



Open May long weekend to Sept long weekend.



8707 Johnson Rd, Yahk BC • 250-424-5166  
www.yahksoapandcandleco.com

# EMBODY

movement studio



NIA DANCE YOGA



*Through Movement We Find Health*

Visit [embodysmovementstudio.com](http://embodysmovementstudio.com)  
to discover the types of classes offered.

We are an inclusive studio, welcoming everyone.

1217 Canyon Street Creston BC  

THE ADVENTURE  
BEGINS



With Tea in Creston BC

Over 250 Types Of  
Premium Loose Tea  
1013 Canyon Street

  
[TigzDesigns.com](http://TigzDesigns.com)  
250-402-8716

Don't just stand there!

**VISIT THE  
CRESTON  
MUSEUM!**

(We can't wait to see you)



**Exhibits • Family Programs • Gift Shop • Picnic Area**


Watch for seasonal events and activities!

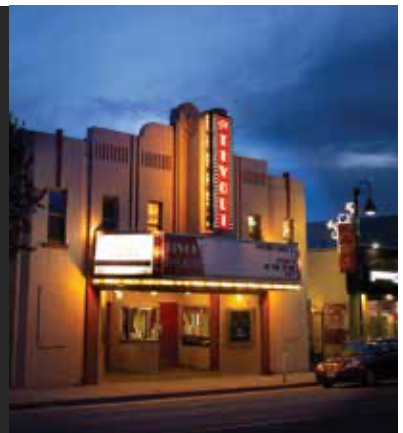
For more info: [CrestonMuseum.ca](http://CrestonMuseum.ca) or [Tammy@CrestonMuseum.ca](mailto:Tammy@CrestonMuseum.ca)

219 Devon Street  
Creston BC  
250-428-9262

# TIVOLI THEATRE

Built in 1938, this Art Deco style theatre  
seats 240 people and shows first run movies.

.....  
Showtime: 7pm (open at 6:30pm) • Closed Mondays  
Weekend Matinees (select movies only): 2pm  
 ph: 250-428-7469 • [tivoli-theatre.ca](http://tivoli-theatre.ca)





# ARTS AND HERITAGE ATTRACTIONS

**LIKE** many small communities in British Columbia, the Creston Valley has a rich history and a vibrant, colourful arts scene.



From historic attractions to new creative experiences, a story is woven together of the people who came before us and helped to create this special place, to those who continue to develop and enjoy its bounty. Take some time while here to learn this story firsthand.

## PUBLIC ARTS

As you walk along the streets of downtown Creston and take in the shopping and history, cafés and restaurants, you'll discover numerous **sculptures and murals** along the way. Lovers of contemporary art should visit the **Kunze Gallery** beside the Creston Grain Elevators, which features a rotating selection of large-scale paintings, sculptures, blown glass, ceramics, photography and textiles by accomplished artists. The nearby **Tilted Brick**

**Gallery** exhibits works by emerging and mid-career contemporary artists.

## HERITAGE ATTRACTIONS

Want to find out what made the Creston Valley the place it is today? At the **Creston Museum** take a self-guided tour or book one with knowledgeable staff who can provide you the 'inside scoop' on all things Creston. Meanwhile the **Yaqan Nukiy Heritage Centre** offers visitors an opportunity to learn about the culture and history of the Ktunaxa people and see some of their unique traditionally made products like fish traps, buckskin dresses and beadwork, and the unique sturgeon-nosed canoe.

Finally, one can't help but note the historic twin **Creston Grain Elevators** towering over the downtown, representing an agricultural industry that was a significant part of Creston's economy and among the few remaining in Canada. Today, the elevators are closed but efforts are ongoing to save and restore these buildings.

*For more on arts and heritage in the Creston Valley, visit [explorecrestonvalley.com/arts-heritage](http://explorecrestonvalley.com/arts-heritage).*





## SHOP LOCAL FINDS

**EXPLORE** Creston Valley's numerous artisan studios for lovingly handcrafted keepsakes or visit our local shops and boutiques for that perfect find.

Browsing through local boutiques and artisan shops is truly a remarkable experience you won't forget. Not only because of the charming items you'll find, but because it takes place in such a beautiful area with views in every direction. Because between shops you'll find charming cafés and inviting pubs to stop into and re-energize. Because once you're finished, you can enjoy a farm to table meal at a local restaurant while discussing the items you'll bring home to remember for a lifetime.



**an eclectic  
boutique  
for a unique  
shopping  
experience.**

curated pre-loved clothing, vintage kitsch and local handmade creations.



1132 Canyon St. Creston / [pageboystudio.com](http://pageboystudio.com) / Monday 11-4 / Tuesday-Saturday 10-5







## WHAT THE LOCALS SAY



### SONYA AND SHAUN ZIMMER

Mountain Elevate Lifestyles

For the last several years, we often talked about changing our lives from the busy city and corporate world to a slower and less stressful town somewhere in the mountains. In 2021, we made the decision to make it a reality and to call the Creston Valley our new home.

After considering different business opportunities, we found ourselves coming back to the same idea of opening a retail store, offering quality outdoor inspired clothing and gear which also happened to be our passion. This idea turned into Elevate Mountain Lifestyles which opened late April 2022. Our vision is to provide a small niche store focusing on quality clothing and footwear for both everyday lifestyle and mountain adventures along with gear for hiking, camping, backpacking, hunting or other outdoor activities.

Having never owned a business or worked in the retail industry, the learning curve was steep and fast. Our first year in business has been a great experience, as has being part of a supportive community, meeting amazing people and making friends along the way.

We are very excited to be a part of the Creston business community which is constantly evolving with new businesses opening and a heightened sense of energy and excitement in the Valley. We consistently hear comments from both residents and tourists that Creston is seeing positive change and has been “discovered” as a result of what the area has to offer. We look forward to our continued involvement with this wonderful community.

**Q. Our favourite season in Creston is...** summer because there are so many great things to do in the valley.

**Q. We find people are always surprised to learn that Creston...** is so friendly and welcoming!

**Q. This area is so unique because...** of its diverse surroundings, great climate and abundance of different activities to take in.

**Q. In our opinion, the best view of the valley is...** from anywhere! You can just look around and see the neighbouring Purcell and Selkirk mountain ranges.

modern  alchemy



**NOT JUST A PLACE TO SHOP  
IT'S AN EXPERIENCE...**

clothing, artisan made goods, decor, jewelry,  
gifts, games, candles, stationery, plants, hats,  
and childrens goods.

[modernalchemystore.com](http://modernalchemystore.com)



**for the love of music & people**

new & used vinyl, turntables, speakers,  
CD's & cassettes | new stock arriving daily

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Both stores located at 1016 Canyon Street, Creston, BC | 250-428-0105



**QUALITY APPAREL AND OUTDOOR GEAR**

Providing comfortable, durable, sustainable clothing,  
footwear and equipment for active outdoor lifestyles



1403A Canyon Street, Creston, BC

(250) 866-0071

[elevateoutside.com](http://elevateoutside.com)





# SHOP

## BOUTIQUES AND ARTISANS

Shopping locally is not only important to support small businesses, it's also deeply rewarding for you! Locally owned shops and boutiques are known for their unique, one-of-a-kind items that will continue to remind you of your time spent here well beyond your stay.

### SHOPS AND BOUTIQUES

There is so much to discover while perusing the many boutiques and artisanal shops in the Creston Valley, including books, clothing, crafts and more.

**Fly in the Fibre** offers an eclectic collection of houseware, art, gifts, wools and fibre, while at **Page Boy Studio** you'll find a curated collection of new and vintage clothing. Make sure to visit **Modern Alchemy and Public Vinyl**, which have an amazing collection of home décor items, clothing, books and of course, records. And if you are into tea (and who isn't?), **Tigz Teas** has locally blended selections and gift box options.

Looking for some gear for an adventure? Visit **Summit Cycles and Sports** for their selection of bikes and related gear or **Elevate Mountain Lifestyles** to find a sturdy pair of hiking boots, sunglasses or a warm jacket for your next adventure.

Finish your shopping frenzy with a visit to Legend Logos to peruse their collection of Indigenous gifts made by First Nations'

owned companies, including blankets, moccasins, and clothing.

### ARTISANS

From potters to soap makers to painters and more, there are also numerous artisan studios that provide a glimpse of the creative process and the opportunity to purchase that one of a kind gift.

**Yahk Soap and Candle Co.** is the perfect example, which has an extensive and popular collection of home-made bath bombs, soaps, candles and skincare products. For those interested in pottery, make sure to visit the Pottery on Canyon, which offers a variety of classes and workshops as well as showcasing the work of local potters, or Pridham Studio which represents the distinctive line of pottery made by owners Jeremiah and Micah.

If you are visiting in summer, the **Creston Valley Outdoor Farmers' Market** takes place Saturdays in downtown Creston and is a must. This market plays host to a thriving community of growers, artisans, craftspeople and entertainment and is full of things to see and enjoy.

To learn more about the artisans, shops and boutiques in the area visit [explorecrestonvalley.com/shops-artisans](http://explorecrestonvalley.com/shops-artisans) to learn more.





# FOOD AND BEVERAGE

FRESH NEVER TASTED SO GOOD

**RESIDENTS** in this Valley have a connection and appreciation for the land, an intrinsic understanding of the climate, and an affection for fresh and wholesome food and products.

Varietals of grapes, farm fresh honey, fields of flowers, orchards of cherries, apples and plums, the world's best honey – these can all be found right here, not only providing a meaningful shopping and eating experience, but also developing symbiotic relationships between growers and producers and restaurants and cafés. This all leads to the end result, the pure enjoyment of food and beverages grown and prepared, right here, just for you.



**A Place for  
All Things Good**

A specialty coffee shop  
serving a small selection  
of hand-crafted drinks  
and locally sourced  
baked goods.

**WINTER:**

Sept 10–May 22:  
Wednesday–Saturday: 9am–5pm  
Sunday: 9am–4pm

**SUMMER:**

May 22–Sept 10:  
Monday–Saturday: 8am–5pm  
Sunday: 8am–4pm

[goodcompanycoffee.ca](http://goodcompanycoffee.ca)

250-977-1306  
[info@goodcompanycoffee.ca](mailto:info@goodcompanycoffee.ca)



Located next to  
Baillie Grohman Winery  
1132 27th Ave S., Creston, BC



**Brittany's**  
FLOWER FARM & STUDIO

*Foraged Fresh Flowers*

Brittany's Flower Farm  
is a full service flower  
studio specializing in  
artful floral design.  
Weddings, workshops,  
custom orders,  
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9-5pm

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250-402-9222  
[info@brittanysflowerfarm.com](mailto:info@brittanysflowerfarm.com)



## WHAT THE LOCALS SAY

### STEPHANIE AND CASSIDY TILLING

Good Company Coffee

I don't think we could have picked a better spot to open a coffee shop, than right here in Creston, BC.

Stephanie and I opened Good Company Coffee in the fall of 2021 and have received nothing but support and encouragement from the community. Cassidy left Vancouver, a legal career, and a hectic city life with the hope of one day opening a coffee shop in the town she loved. I was missing the rugged outdoor Kootenay-life, and left Kelowna in 2019 to join my sister in Creston.

We both were passionate about coffee, but neither of us had any experience in the industry. Cassidy discovered her love for coffee while living in Vancouver, and passed the obsession on to me. Over countless coffees and evenings around the family fire, Cassidy expressed her coffee shop dream and me and the rest of our family were sold.

“Let's do it!”

We have been overwhelmed by the amount of support we've received from the

community since opening our doors. It has been so rewarding sharing our love of coffee with people who appreciate and enjoy it as much as we do! It has also given us the opportunity to meet some incredible people in the industry – No.6 Coffee, Lark Coffee Roasters, Rooftop Coffee Roasters, and Ro Neighbourhood Coffee. We're excited to see numerous specialty coffee shops and coffee roasters pop up throughout the Kootenays, and we hope the trend continues.

**Q. Our favourite season in Creston is...**  
spring because we love seeing the world turn green.

**Q. We find people are always surprised to learn that Creston...** is wine country! There are some amazing wineries to be enjoyed.

**Q. This area is so unique because...** we have everything here.

**Q. In our opinion, the best view of the valley is...** from the Good Company Coffee deck.



THE ADVENTURE CONTINUES

## Tasting Room Open

11am – 5pm daily  
From May 1st until Fall

Check out EVENTS on our website

## Come visit the Baillie-Grohman Estate Winery!

Experience a tasting with our knowledgeable staff, stay for a drink, enjoy the views and a bite from our menu



Photo credit: Wines of BC

1140 27th Ave South, Creston, BC | 250-428-8768 | [www.bailliegrohman.com](http://www.bailliegrohman.com)



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ZEN**

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### AWARD-WINNING HONEY

Taste our classic honeys, honey infusions, and self-care products.



### FARM GATE HONEY SHOP

220 Placsko Road E, Creston | [honeybeezen.com](http://honeybeezen.com) | 250.866.6861



# FOOD AND BEVERAGE

## FARMS, FRUIT STANDS AND MARKETS

**FROM** Erickson to Lister, the Creston Valley is home to a variety of farms and orchards dedicated to growing beautiful, fresh produce. Many also have storefronts, offer tours, or provide the opportunity for you to pick your own fruit.

Driving along Highway 3 through the Creston Valley in the late summer, it's hard not to notice the many fruit stands and markets along the roadside, stocked with Creston's famous fruit and vegetables, including cherries, apples, peaches, pumpkins and more. A number of nurseries and greenhouses offer visitors with a greenthumb the chance to bring something home to their own gardens. And for those looking to brighten up their day or to share with others? Fresh cut flowers from **Brittany's Flower Farm** are just what you need.

In town, discover Lark Coffee Roasters, a small-batch roastery that sources seasonally with an eye on bringing delicious and delightful flavours to your cup. Also in Creston is the well-known **Famous Fritz's**

and some of the finest butchered meats in the Kootenays. For those with a sweet tooth, visit **Swan Valley Honey** to pick up a jar of artisanal wildflower honey.

And of course any trip to the area wouldn't be complete with a visit to the award-winning outdoors **Creston Valley Farmers' Market**, held downtown on Saturday mornings, May to October. From November to March, the market then moves indoors at the Creston & District Community Complex, running the first Saturday of the month.

For more details on where to pick up fresh local when in the Creston Valley, visit [explorecrestonvalley.com/locally-grown-food-drink](http://explorecrestonvalley.com/locally-grown-food-drink).



### HARVEST CHART



**MAY      JUNE      JULY      AUGUST      SEPTEMBER      OCTOBER**

**Asparagus**

**Strawberries**

**GARLIC**

**Apricots**

**Cherries**

**CARROTS**

**Raspberries**

**BLACKBERRIES**

**Apples Transparent**

**BLUEBERRIES**

**TABLE CUKES**

**Peaches**

**CORN**

**Potatoes**

**PICKLING CUKES**

**Peppers**

**Italian Prunes**

**Apples Sunrise**

**Apples MacIntosh**

**Apples Sunrise**

**Bartlett Pear**

**Honeycrisp Apples**

**Apples**

**Apples**

**Apples**

**Apples**

**Apples**

**D'Anjou Pear**

**Apples Spartan**

**SQUASH**

**Pumpkins**

**GRAPES**

**Ambrosia Apples**

**D'Anjou Pear**

**Baldwin Apples**

**Apples Delicious**

**Ambrosia Apples**

Check out this handy chart to see when your favourite fruit or vegetable is in season. **TIP:** Harvests vary depending on conditions, so ask a local for what's fresh!



## FOOD AND BEVERAGE

### WINERIES, BREWERIES AND DISTILLERIES

**WITH** such a warm climate conducive to growing, it's not surprising that the Creston Valley is home to a number of wineries, distilleries and craft brewers. As a result it's quickly becoming known as a destination for its fine wines, fresh brews and strong spirits.

Situated in the very heart of Erickson, family-owned **Baillie-Grohman Estate Winery** offers flights, charcuterie or tastings of their award winning Pinot Noir and more on their stunning patio overlooking the vineyard and the valley. Next door, **Skimmerhorn Estate Winery** also offers tastings, flights and charcuterie, which can be enjoyed on their large tree-shaded patio. Nearby, **Red Bird Estate Winery** is a smaller but nonetheless charming winery that also offers tastings of their clean crisp reds and whites. Finally, on a fertile bench overlooking Duck Lake you'll find distinctive varieties of wines to sample at Wynnwood Cellars Estate Winery.

Like many other BC communities, craft distillers and brewers have also found the Creston Valley. In Wynndel you'll find Wynndel Craft Distillers, turning the best local fruit into the best local spirits. In the heart of downtown the **Wild North Brewing Co.** produces a core lineup of craft beers as well as popular seasonals using local fruit that are perfect after a day of adventure. And of course don't forget that Creston is also the home of **Columbia Brewery** and the birthplace of Kokanee Beer!

*Learn more about the abundance of local wineries, breweries and distilleries. Visit [explorecrestonvalley.com/](http://explorecrestonvalley.com/) locally-grown-food-drink for more details.*



# FAMOUS FRITZ

## MEATS & DELI

**Meat, the way it should be.**



1420 Northwest Blvd, Creston, BC · 250-428-9055 · [famousfritz.ca](http://famousfritz.ca) · Open Tuesday to Saturday





## THINGS TO DO

- **FLAMENCO FARMS**  
U-Pick Cherries (by appointment)  
Mid-July - Mid-August | 250-254-0357
- **BLUE CANOE ORCHARDS**  
U-Pick Cherries (by appointment)  
Mid-July - Mid-August  
[bluecanoeorchards.com](http://bluecanoeorchards.com)
- **BAILLIE-GROHMAN ESTATE WINERY**  
Wine Tastings  
May - Fall (seasonally dependent)  
[bailliegrohman.com](http://bailliegrohman.com)
- **RED BIRD ESTATE WINERY**  
Wine Tastings  
May-long Weekend - Mid-October  
[redbirdwine.com](http://redbirdwine.com)
- **SKIMMERHORN WINERY**  
Wine Tastings, Tours (by appointment)  
1st Week of April - end of September  
[skimmerhorn.ca](http://skimmerhorn.ca)
- **WILD NORTH BREWING CO.**  
Beer Tastings  
Year-round  
[wildnorthbrewery.ca](http://wildnorthbrewery.ca)
- **WYNNWOOD ESTATE WINERY**  
Wine Tastings  
May - October  
[wynnwoodcellars.com](http://wynnwoodcellars.com)



# Skimmerhorn

WINERY AND VINEYARD



250-428-4911 | 1218 27 Ave S., Creston BC | [skimmerhorn.ca](http://skimmerhorn.ca)



*The place to stay & enjoy good food in Creston!*



VIEW  
OUR  
MENU!

1418 Canyon St, Creston BC  
250-428-2225  
crestonhotel.com



JimmysPubGrill



jimmypub.creston



## HARVEST SHARE PROGRAM

**Award  
Winning  
Farmers  
Market**  
Come and  
enjoy all of  
the incredible  
produce,  
fruit, meat,  
baking and  
artisan goods  
that the  
Valley has to  
offer.

**Outdoor  
Market**  
April - October  
215 16th Ave S.  
Beside  
Millennium Park  
Every  
Saturday 9am-  
1pm

Do you have extra  
fruit or produce that  
you would like help  
harvesting? We bring  
volunteers to give  
you a hand. One third  
goes to you, a third to  
the volunteers and  
the final third goes to  
local food banks.  
Contact us if you  
would like to  
volunteer.  
crestonharvestshare  
@gmail.com



## FOOD AND BEVERAGE RESTAURANTS

**WITH** such an abundance of locally-grown, fresh food in the Creston Valley, it should come to no surprise to discover the impressive culinary experiences found at the cafés, pubs, and restaurants.

Using the freshest ingredients imaginable, including locally-grown produce, sausages and meats, dairy and cheese, and serving outstanding wines, spirits and beer produced in this region... it can't get any better.

### CAFÉS AND SNACKS

To start off the day, or in-between adventures you have options. At the **Good Company Coffee** you'll find finely made artisan coffee, baked treats and serene vineyard views. Heading up Highway 3A Mountain Barn is known for its freshly brewed coffee, homemade donuts, soup and pies. Looking for a healthy boost? Downtown Creston offers a number of cafés and bakeries, including the charming boutique **Fly in the Fibre**. Or head to Yakh to **Two Scoop Steve and Yakh Mountain Café** where you'll find sandwiches, soups, 24 flavours of hard ice cream... and goats. Yes, goats.

### DINING AND PUBS

Choosing where to have lunch or dinner can be challenging in the Creston Valley, as

there is such a variety of restaurants, pubs and bars, each offering something a little different. For such a small area, it boasts an impressive array of options including Indian, sushi, burgers, pizza, fish and chips and fine dining.

A local favourite is **Jimmy's Pub and Bar**, with an extensive list of beer on tap, oven-baked pizzas, popular burgers and souvlaki. **Frisky Whisky** is also a must, with a full menu, signature cocktails and a late-night taste on the town set in this 1920's style speak-easy. Meanwhile **Basasak Chicken** has become a local hotspot for their delicious barbecue Korean chicken. And don't forget Casey's Community House, a stylish modern lounge restaurant with a great selection for lunch and dinner, and also craft beer.

*Looking for more mouth watering restaurant options? Head to the restaurant directory in this guide for further details or visit [explorecrestonvalley.com/eat](http://explorecrestonvalley.com/eat).*



# RESTAURANT GUIDE

	MEAL	LICENSED	KIDS MENU		PATIO	GF/V OPTIONS
<b>DINING</b>						
<b>BASASAK CHICKEN</b> 800 NW Blvd, Creston   250-431-8642	L, D	✓	✓	✓		
<b>BAY LEAF FUSION</b> 1403 Canyon St, Creston   250-428-7713	B, L	✓	✓	✓	✓	✓
<b>CASEY'S COMMUNITY HOUSE</b> 1136 Canyon St, Creston   250-428-7474	L, D	✓		✓		✓
<b>CHATKA FAMILY RESTAURANT</b> 2808 Hwy 3, Erickson   250-428-7200	L, D		✓	✓	✓	
<b>CLUB CAFÉ</b> 1015 Canyon St, Creston   250-428-2033	L, D		✓			
<b>CRESTON GOLF CLUB RESTAURANT</b> 1800 Mallory Rd, Lister   250-428-5515	L, D	✓		✓	✓	
<b>FRISKY WHISKY COCKTAILS &amp; KITCHEN</b> 1117-B Canyon St, Creston   250-431-9189	L, D	✓		✓		✓
<b>I &amp; J FUSION</b> 11-1000 NW Blvd, Creston   236-532-2075	L, D			✓		✓
<b>JIMMY'S PUB &amp; GRILL</b> 1418 Canyon St, Creston   250-428-2225	L, D	✓		✓	✓	✓
<b>KOKANEE INN PUB</b> 123 9th Ave S, Creston   250-428-4241	L, D	✓		✓	✓	
<b>REAL FOOD CAFÉ</b> 223 10th Ave N, Creston   250-428-8882	L, D	✓	✓	✓	✓	✓
<b>RED FIN SUSHI &amp; GRILL</b> 800 NW Blvd, Creston   250-428-4644	L, D	✓	✓	✓		✓
<b>RETRO CAFÉ</b> 1431 NW Blvd, Creston   250-428-2726	B, L		✓	✓		✓
<b>RICK'S IRON KETTLE</b> 1420 Northwest Blvd, Creston   250-428-7425	B, L		✓	✓	✓	✓
<b>RICKY'S ALL DAY GRILL</b> 1809 Northwest Blvd, Creston   250-428-8826	B, L, D	✓	✓	✓	✓	✓
<b>SIRDAR STATION PUB</b> Hwy 3-A, Sirdar   250-949-0840	L, D	✓		✓		
<b>SUN R RESTAURANT</b> 1510 Canyon St, Creston   250-428-2414	L, D	✓	✓	✓		
<b>SUSHI GARDEN &amp; GRILL</b> 800 NW Boulevard, Creston   250-428-2324	L, D	✓	✓	✓		✓
<b>TIM'S FISH &amp; CHIPS</b> 1108 NW Blvd, Creston   250-428-4008	L, D		✓		✓	
<b>WEE GRILL</b> 635 Highway 21, Creston   250-431-9183	L, D	✓	✓	✓		✓



**More than just a  
Convenience Store!**

Gourmet Hot Dogs on Fridays & Saturdays  
Taco-in-a-Bag Tuesdays • Full Deli  
Made fresh Sandwiches • Pizzas to order  
(baked in store or take 'n' bake)  
Liquor • Tobacco • Lotto



**OPEN DAILY 8am - 9pm • 4493 Canyon Lister Rd. • Canyon, BC • 250-428-8771**



	MEAL	LICENSED	FAMILY FRIENDLY	♿	PATIO	GF/V OPTIONS
<b>COFFEE AND SNACKS</b>						
<b>BLACKSTONE CAFÉ</b> 1521 Cook St, Creston   250-428-0631	B, L		✓	✓	✓	✓
<b>BUFFALO TRAILS COFFEE</b> 1417 Canyon St, Creston   250-428-5730	B, L		✓	✓	✓	✓
<b>FLY IN THE FIBRE</b> 139 10th Ave. N, Creston   250-402-6072	B, L		✓			✓
<b>GOLDEN FLOUR BAKERY</b> 1025 Canyon St, Creston   250-428-9345	B, L		✓	✓		✓
<b>GOOD COMPANY COFFEE</b> 1132 27 Ave S, Creston, BC   250-977-1306	B, L		✓		✓	✓
<b>SUNSHINE N' GELATO</b> 1229B Canyon St, Creston   250-428-2711	L		✓	✓		✓
<b>THE MOUNTAIN BARN</b> 2706 BC-3A, Wynndel   250-866-0063	B, L		✓	✓	✓	
<b>TWO SCOOP STEVE &amp; YAHK MOUNTAIN CAFÉ</b> 8707 Johnson Road, Yahk   250-424-5166	L		✓	✓	✓	
<b>FAST FOOD</b>						
<b>A&amp;W</b> 916 Northwest Blvd, Creston   250-428-4849	B, L, D		✓	✓	✓	
<b>DAIRY QUEEN</b> 1804 Canyon St, Creston   250-428-9800	L, D		✓	✓	✓	
<b>MAD MEX EXPRESS</b> 139 10th Ave N., Creston	L, D		✓			✓
<b>MCDONALDS</b> 212 Collis St, Creston   250-402-0088	B, L, D		✓			
<b>PANAGO PIZZA</b> 1029 Canyon St, Creston   1-866-310-0001	L, D		✓	✓		✓
<b>PIZZA PIZZA</b> 1229 Canyon St, Creston   1-877-295-7305	L, D		✓	✓		✓
<b>SUBWAY</b> 1415 Canyon St, Creston   250-428-5292	B, L, D		✓	✓		
<b>TIM HORTONS</b> 300 Helen St, Creston   250-402-0062	B, L, D		✓	✓		
<b>WAREHOUSE PIZZA</b> 1335 NW Blvd, Creston   250-428-0069	L, D		✓	✓	✓	✓



FLY  
IN THE  
FIBRE

Fly in the Fibre is a specialty coffee shop that offers local art, women's accessories, and local yarn.

We are committed to providing quality products and supporting local creators.

.....

[flyinthefibre.ca](http://flyinthefibre.ca)

139 10th Ave N, Creston, BC

# STAY

## RESTORE AND RESET



**ONE** of the first decisions made when travelling is accommodation. Fortunately, Creston has an option for everyone. From the privacy and unique experience of a bed and breakfast, to the locally-owned motel. From the large hotel with all the amenities, to the central option minutes from shops, nightlife and cafés. From the RV Parks to the family campground. Whatever you decide, we know it will be perfectly suited to you and your time in the Creston Valley.

### HOTELS AND MOTELS

The Motels and Inns located in the Creston Valley each offer something a little different and are affordable - a great option for those travelling with pets or for parking large vehicles. For a restful night, consider the orchards of Erickson and the quaint **Bavarian Orchard Inn** which includes a secluded area to relax in the orchards out back. Closer to town, consider the Valley View Motel and its cabin-like units that look over the Creston Valley.

There are a few hotel options in Creston for those in need of a relaxing and restful stay. Located right downtown near all the amenities and services, **The Creston Hotel and Suites** is a great choice, offering individual rooms and suites and adjoined to **Jimmy's Pub**, along with other full service hotels that provide those extra comforts like saunas, hot tubs, gyms, EV charging or on-site restaurants that you may want while visiting.

### B&BS

Bed and breakfasts seem to suit the mood of the Creston Valley, and provide a great opportunity for those seeking more privacy and personality – perfect for the couple on a getaway!

### RV PARKS AND CAMPGROUNDS

If you're on a road trip and looking for somewhere to park, there are numerous options for all sizes of trailers as well as tents for those keen to sleep under the stars. For those looking for some R&R in the woods, a great option is the **River's Edge Ranch RV Park**, situated right along the edge of the Moyie River in Yahk and a stone's throw from the rest of the hamlet.

*Looking for more options?  
Make sure to look over our  
complete Accommodation Guide  
or visit [explorecrestonvalley.com/  
stay](https://www.explorecrestonvalley.com/stay) for more details.*





## WHAT THE LOCALS SAY



### PAUL AND MIMIKA COLEMAN AND CHRIS KAROUNTZOS

Creston Hotel / Jimmy's Pub

**OUR** family has been in the hospitality industry since before I was born. Growing up, I followed my aunts around as they cleaned the rooms, pretending to dust! I also filled up patrons' coffees in the restaurant when I was bored of making stacked towers out of coffee creamers. It's part of our family dynamic to be working together, welcoming and catering to guests.

The industry hasn't changed all that much in Creston as our guests still come out to the Creston Hotel and Jimmy's Pub to enjoy the company of their friends and to get treated by friendly staff that genuinely care for them and their experience during their visit. It's fun to meet visitors from around the world, visit our small town and hear all of their compliments about this beautiful place we call home.

I believe the hospitality industry in Creston is growing as more and more people are

discovering what a hidden gem our little town is. The lifestyle here is laidback and everyone enjoys relaxing in a quiet place that is friendly and welcoming. Creston has the charm of the simple life that draws many people from the city to come enjoy their time off.

**Q. Our favourite season in Creston...** winter, because you can go skiing at a different ski hill every weekend! (Kimberley, Nelson, Rossland...)

**Q. We find people are always surprised to learn...** that Creston has such a nightlife.

**Q. This area is so unique because...** the winter is so mild yet has lots of snow to enjoy winter activities.

**Q. In our opinion, the best view of the valley is...** from our backyards, as everywhere you look there are beautiful mountains.

# ACCOMMODATION GUIDE

## ACCOMMODATION LEGEND



Kitchen



Pet-friendly



Breakfast



Restaurant



Wheelchair



Hottub



Outdoor Patio



Gym

HOTELS, MOTELS AND INNS (EAST TO WEST)	AMENITIES	ROOMS
<b>YAHK MOTEL &amp; CAMPGROUND</b> 8769 Highway 3   250-424-5556 <a href="http://yahkmotel.com">yahkmotel.com</a>		8
<b>BAVARIAN ORCHARD</b> 3205 Hwy 3, Erickson   250-428-9935 <a href="http://bavarianmotel.ca">bavarianmotel.ca</a>		11
<b>SKIMMERHORN INN</b> 2711 Hwy 3, Erickson   250-428-4009 <a href="http://skimmerhorninn.ca">skimmerhorninn.ca</a>		25
<b>SUNSET MOTEL</b> 2705 Hwy 3, Erickson 250-428-2229		24
<b>CITY CENTRE MOTEL</b> 226 15th Ave N, Creston   250-428-2257 <a href="http://citycentremotel.ca">citycentremotel.ca</a>		12
<b>CRESTON VALLEY MOTEL</b> 1809 Canyon St, Creston   250-428-9823 <a href="http://crestonvalleymotel.com">crestonvalleymotel.com</a>		13
<b>CRESTON HOTEL &amp; SUITES</b> 1418 Canyon St, Creston   250-428-2225 <a href="http://crestonhotel.com">crestonhotel.com</a>		25
<b>UPTOWNER HOTEL</b> 1219 Canyon St, Creston   250-402-8819 <a href="http://uptownerhotel.com">uptownerhotel.com</a>		22
<b>MAGNUSON HOTEL</b> 800 Northwest Blvd, Creston   250-428-2224 <a href="http://magnusoncreston.com">magnusoncreston.com</a>		52
<b>VALLEY VIEW MOTEL</b> 216 Valleyview Dr, Creston   250-428-2336 <a href="http://creston.valleyviewmotel.com">creston.valleyviewmotel.com</a>		15
<b>RAMADA CRESTON</b> #1-1809 Hwy 3A, Creston   250-254-1111 <a href="http://wyndhamhotels.com/ramada/creston">wyndhamhotels.com/ramada/creston</a>		71
B&BS AND VACATION RENTALS		
<b>WALNUT TREE GUEST SUITE</b> 1906 Birch St, Creston   250-421-1906 <a href="http://walnuttreesuite.com">walnuttreesuite.com</a>		1



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# RV AND CAMPGROUNDS GUIDE

## RV AND CAMPGROUND LEGEND



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Tent Sites

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Showers

Laundry

RV AND CAMPGROUNDS (EAST TO WEST)	AMENITIES	SITES
<b>HAY U RANCH</b> 9432 Hwy 3, Yahk   250-464-1111 <a href="http://hayuranchrvresort.godaddysites.com">hayuranchrvresort.godaddysites.com</a>		100
<b>YAHK PROVINCIAL PARK CAMPGROUND</b> 8440 Hwy 3, Yahk   250-422-3003 <a href="http://env.gov.bc.ca/bcparks/explore/parkpgs/yahk">env.gov.bc.ca/bcparks/explore/parkpgs/yahk</a>		26
<b>YAHK MOTEL &amp; CAMPGROUND</b> 8769 Hwy 3, Yahk   250-424-5556 <a href="http://yahkmotel.com">yahkmotel.com</a>		12
<b>2 PUMP PAULS CAMPGROUND</b> 8741 Hwy 3, Yahk   250-424-5454 <a href="http://2pumpauls.ca">2pumpauls.ca</a>		18
<b>RIVERS EDGE RANCH RV PARK</b> 8623 BC-3, Yahk, BC   250-254-9999 <a href="http://riversedgeranchrv.com">riversedgeranchrv.com</a>		18
<b>MOUNTAIN PARK RESORT</b> 4021 Hwy 3, Erickson   250-428-2954 <a href="http://mountainprk.com">mountainprk.com</a>		43
<b>CANYON PARK CAMPGROUND</b> 4725 Samuelson Rd, Canyon   1 800-861-9850 <a href="http://canyonbc.ca">canyonbc.ca</a>		14
<b>KOZY TENT &amp; TRAILER PARK</b> 3003 Hwy 3, Erickson 250-428-4143		28
<b>SCOTTIES RV PARK &amp; CAMPGROUND</b> 1409 Erickson Rd, Creston   250-428-4256 <a href="http://scottiesrv.com">scottiesrv.com</a>		44
<b>PAIR-A-DICE RV &amp; CAMPGROUND</b> 1322 Northwest Blvd, Creston   1 866-223-3423 <a href="http://pairadicepark.com">pairadicepark.com</a>		40
<b>ARROW MTN. RV PARK</b> 1809 Hwy 3-A, Creston   250-428-1882 <a href="http://arrowmountainrv.com">arrowmountainrv.com</a>		24

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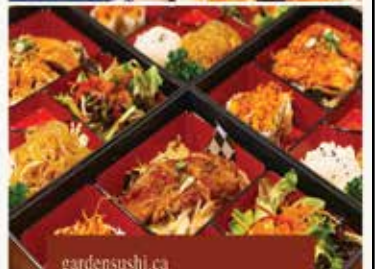
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# PLANNING YOUR TRIP

## GETTING HERE



**ONCE** you've decided on when you're coming, what you're doing and where you're staying, there are still a few things to consider, from travel routes to ferry schedules to international border crossings. We hope this helps with the process.

### DRIVING ROUTES

Whether travelling by car, motorcycle or RV, the Creston Valley Area is a breeze to get to no matter which direction on the compass you are coming from!

#### HIGHWAY 3 FROM THE EAST

Creston and Yahk can be reached from Lethbridge, Fernie, and Cranbrook, via Crowsnest Highway 3 while Highway 95 junction at Cranbrook connects Calgary, Banff, Invermere and Golden. Cranbrook is also home to the Canadian Rockies International Airport, with daily flights from Vancouver and Calgary.

#### HIGHWAY 3 FROM THE WEST

Creston and Yahk can also be reached from Vancouver, Osoyoos, Castlegar and Nelson via Crowsnest Highway 3, with Highway 97 junction at Osoyoos connecting to Kelowna and the Okanagan.

#### HIGHWAY 3A FROM THE NORTH

Creston can be reached from Naksusp, Kaslo and Nelson via Highway 3A and Highway



31. At Balfour the free Kootenay Lake Ferry crosses to Kootenay Bay on the east shore, where Highway 3A continues to Creston.

#### IDAHO STATE HIGHWAY 1 & US 95 FROM THE SOUTH

Creston and Yahk can be reached from Spokane, Coeur d'Alene, Sandpoint and Bonners Ferry via US 95. While US 95 continues on to Kingsgate and Yahk, the Idaho State Highway 1 junction north of Bonners Ferry connects to Creston.

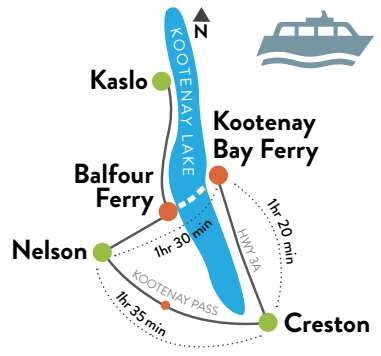
For more information about how to get to Creston by road visit [explorecrestonvalley.com/getting-here](http://explorecrestonvalley.com/getting-here).



# PLANNING YOUR TRIP

## FERRY AND BORDER INFORMATION

The **Kootenay Lake Ferry** is the longest free ferry ride in British Columbia, crossing Kootenay Lake between Balfour Ferry Terminal on the west side and Kootenay Bay Ferry Terminal on the east. This scenic ride across the lake takes approximately 35 minutes.



Kootenay Bay then connects to Creston via the scenic Highway 3A, taking approximately 1 hour and 20 minutes. Due to the windy nature of this two lane road, travellers are advised to drive with caution. Drivers of RVs and other large vehicles are also encouraged to pull onto the shoulder of the road to allow other vehicles to pass when it is safe to do so.

Vessel Name	Departure from Balfour Terminal		Departure from Kootenay Bay Terminal	
	SUMMER	WINTER	SUMMER	WINTER
Osprey 2000	6:30 am	6:30 am	7:10 am	7:10 am
Osprey 2000	8:10 am	8:10 am	9:00 am	9:00 am
Osprey 2000	<b>9:50 am</b>	9:50 am	<b>10:40 am</b>	10:40 am
M.V. Balfour	<b>10:40 am</b>		<b>11:30 am</b>	
Osprey 2000	<b>11:30 am</b>	11:30 am	<b>12:20 pm</b>	12:20 pm
M.V. Balfour	<b>12:20 am</b>		<b>1:10 pm</b>	
Osprey 2000	<b>1:10 pm</b>	1:10 pm	<b>2:00 pm</b>	2:00 pm
M.V. Balfour	<b>2:00 pm</b>		<b>2:50 pm</b>	
Osprey 2000	<b>2:50 pm</b>	2:50 pm	<b>3:40 pm</b>	3:40 pm
M.V. Balfour	<b>3:40 pm</b>		<b>4:30 pm</b>	
Osprey 2000	<b>4:30 pm</b>	4:30 pm	<b>5:20 pm</b>	5:20 pm
M.V. Balfour	<b>5:20 pm</b>		<b>6:10 pm</b>	
Osprey 2000	<b>6:10 pm</b>	6:10 pm	<b>7:00 pm</b>	7:00 pm
Osprey 2000	7:50 pm	7:50 pm	8:40 pm	8:40 pm
Osprey 2000	9:40 pm	9:40 pm	10:20 pm	10:20 pm

**All times are Pacific Time (PST).** Times in bold indicate peak ferry travel. Anticipate delays during this period. Summer schedule runs late June to September Labour Day. Winter schedule begins a week after Labour Day to late June.

## BORDER CROSSINGS

The Creston Valley Area is a short drive from the United States/Canadian border and is a very accessible destination from Idaho, Washington and Montana via two border crossings.

For information on visiting the Creston Valley from the United States checkout [explorecrestonvalley.com/border-information](http://explorecrestonvalley.com/border-information) for further details.



## RYKERTS/PORTHILL BORDER CROSSING

Closest port of entry to Creston, which is 15 minutes north. Open 7 days a week, with daytime hours of operation (changing seasonally). Contact office for current hours 1-250-428-2575.



## KINGSGATE/EASTPORT BORDER CROSSING

Closest port of entry to Yahk, which is 15 minutes north. Open 7 days a week, 24 hours a day, year-round. 1-208-267-3966.

For further information on travelling to Canada visit [cbsa-asfc.gc.ca/travel-voyage](http://cbsa-asfc.gc.ca/travel-voyage).

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