

CRESTON VALLEY

OFFICIAL VISITOR'S GUIDE
2025-2026



ExploreCrestonValley.com

The Hidden Gem of the Kootenays

CRESTON VALLEY

OFFICIAL VISITOR'S GUIDE 2025-2026

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COVER PHOTO:

View looking east from the patio at Good Company Coffee & Brittany's Flower Farm in Erickson.

Photo by Taylor Bassingthwaite

THIS PAGE PHOTO

Stunning Views of the Skimmerhorn Mountains to the east of the aptly named Skimmerhorn Winery's vinyard.

Photo by Taylor Bassingthwaite

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WELCOME & KTUNAXA LAND ACKNOWLEDGEMENT

Ki?su?k kyukyit! Welcome to the Creston area, located within the traditional and unceded territory of the Yaqan Nu?kiy community of the Ktunaxa Nation (pronounced k-too-nah-ha), who have lived in this area since time immemorial. The name Yaqan Nu?kiy means “where the rock stands,” referring to a culturally significant place in the valley. The people of Yaqan Nu?kiy speak Ktunaxa, one of only eleven Indigenous language families in Canada, with no known relation to any other language in the world.

For generations, the Yaqan Nu?kiy people lived along the Kootenay River and the south end of Kootenay Lake, relying on the land and waterways for sustenance, travel, and cultural practices. Central to their way of life was the Yaksumit, a uniquely designed birch bark canoe with a sturgeon-nosed shape—inspired by the ancient sturgeon fish that inhabit these waters. This distinct design allowed for smooth navigation through the valley’s extensive wetlands, lakes, and river systems, supporting the community’s deep connection to the land and water.

Today, the Yaqan Nu?kiy community, also known as the Lower Kootenay Band, continues to play a vital role in the region. They operate local businesses, the Yaqan Nu?kiy School, and cultural initiatives while maintaining and sharing their rich heritage. Their newly opened administrative building, inspired by the Yaksumit’s sturgeon-nosed design, is a striking reflection of their traditions and enduring presence.

The Creston Valley Tourism Society acknowledges and respects this land as part of the unceded Ktunaxa territory. We are deeply grateful for the opportunity to experience, enjoy, and share the beauty of these lands and waterways with visitors from near and far.

This visitor guide is published by Creston Valley Tourism Society for informational and marketing purposes only. Creston Valley Tourism Society assumes no liability for any experiences, transactions, or disputes between visitors and featured businesses.


CRESTON VALLEY


Farmers' Market


Every Saturday morning
 this Summer!

Enjoy our unique community
 of local growers, makers,
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 Outdoor at ?aku+ni, behind the Visitor Centre.
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 **November 1 - December 20, 2025**
 Indoor at the Rec Centre. Every Saturday, 10am-1pm

 Find us on Facebook for weekly vendor lists and products
[CrestonValleyFarmersMarket](https://www.facebook.com/CrestonValleyFarmersMarket)



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 see how we can help!
[kootenayfarms.ca](https://www.kootenayfarms.ca)

An aerial photograph of the Creston Valley in British Columbia, Canada. The image shows a lush green valley with rows of vineyards in the foreground. In the middle ground, there are several small towns and houses. The background features majestic mountains under a soft, golden sky, suggesting a sunrise or sunset. A dark teal banner is overlaid on the top right corner of the image, containing the text 'DISCOVER CRESTON VALLEY' in white, uppercase letters.

DISCOVER CRESTON VALLEY

WELCOME to the Creston Valley area, where breathtaking mountain views, a rich agricultural heritage, and a warm, welcoming community make every visit unforgettable. Nestled in the heart of the Kootenay region of BC between the Purcell and Selkirk mountains, this hidden gem offers adventure, relaxation, and discovery at every turn. Wander through vineyards, paddle quiet waters, or explore unique artisan studios—your perfect getaway starts here.

Cradled between the Purcell and Selkirk Mountain ranges, the Creston area stretches from the quiet banks of the Moyie River in Yahk to the winding Goat and Kootenay Rivers and their lush farmlands, leading onward to the shores of Kootenay Lake. The people and communities here are deeply rooted in the land, water, and history that define this special place.

Coming from the east, you'll first find **Yahk**, a quirky little hamlet known for its scenic campgrounds, peaceful river spots, and a couple of must-visit roadside gems. Two Scoop Steve serves up legendary ice cream, while Yahk Soap & Candle Co. offers handcrafted goods—and a rooftop populated by their famous resident goats, Toot, Buttin, and Walter.

Heading west, the fertile lands of **Erickson** welcome visitors with vibrant orchards and farm stands brimming with seasonal fruit, fresh-baked treats, and homemade preserves. Families have been stopping here

for generations to fill their baskets with the valley's best produce. Erickson is also the heart of Creston's emerging wine scene, home to four wineries that boast stunning valley views, tastings, and light bites.

Crossing the Goat River, you'll reach **Canyon**, an outdoor enthusiast's playground. Mount Thompson offers some of the best hiking and panoramic views in the region. The community park here features a popular campground, ball fields, a playground, and an outdoor gathering space—perfect for a day of fun.

A little further south, **Lister** unfolds with rolling fields and working farms. At Kootenay Meadows, you can sample rich, organic cheeses and fresh ice cream while meeting the cows behind the magic. Nearby, Lister Park features a well-loved disc golf course, sports fields, and a playground, while the Creston Golf Club's 18-hole course offers sweeping views of the valley from its pristine fairways.



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Yaqan Nu?kiy (Lower Kootenay Band) sits atop a beautiful bench overlooking the valley and Kootenay River. Here, you'll find the annual Traditional Pow Wow, the Legend Logos Gift Shop, and the Yaqan Nu?kiy Heritage Centre, where you can explore Indigenous history and craftsmanship.

At the heart of it all is **Creston**, the valley's bustling hub. Downtown is a lively mix of charming cafés, restaurants, unique boutiques, galleries, and professional services. Creston's historic grain elevator stands as a proud reminder of its agricultural roots, while the Creston Valley Farmers' Market is the place to experience local flavours and community spirit.

West of the Kootenay River, **West Creston** is home to the Corn Creek and Summit Creek areas of the Creston Valley Wildlife Management Area, a haven for birdwatching, hiking and cycling. From here, Highway 3 winds up into the Selkirks, ascending **Kootenay Pass**, one of the highest mountain highway passes in North America, offering breathtaking alpine scenery and recreation opportunities year-round.

To the north, **Wynndel** leads you to Duck Lake at the northern end of the Creston Valley Wildlife Management Area (CVWMA), a hotspot for bass fishing and, in winter, an idyllic spot for skating. Further along Highway 3A, the road hugs **Kootenay Lake**, providing stunning lakefront views and access to charming communities like Boswell, Grey Creek, and Crawford Bay, where local artisans and lakeside tranquility await.

While Creston Valley is known for its rich farmland and long growing season, its greatest treasure is the people—hard-working, down-to-earth, and always ready with a warm welcome. It's a place where you come for the food, the scenery, and the adventure—but it's the people who make you want to return.

Welcome to the Creston Valley—enjoy your stay, and don't be surprised if you start planning your next visit before you leave!

To learn more about the communities of the Creston Valley area, visit explorecrestonvalley.com/discover.



GET INSPIRED

TOP 15 THINGS TO DO IN THE CRESTON VALLEY



WHETHER it's your first time here or you're a seasoned Creston Valley fan, the sheer number of things to do can feel overwhelming—in the best way possible! To help you make the most of your visit, we've rounded up our must-do experiences. Let the adventure begin!

- 1. Experience the Creston Valley Farmers' Market.** This year-round market is the ultimate spot to find fresh produce, baked goods, and artisan-made treasures. From May to October, visit the lively outdoor market downtown; in the colder months, the market moves indoors to the Creston & District Community Complex.
- 2. Stroll through downtown Creston.** Grab a coffee and wander through local boutiques, galleries, and artisan studios. Pick up something unique to remember your trip, then settle in for a delicious meal or après at one of the valley's great restaurants.
- 3. Sip your way through local wineries.** The Creston Valley is home to four fantastic small-batch wineries, part of the emerging Kootenay wine region. Sample handcrafted wines, take in the breathtaking valley views, and pair your tasting with a locally sourced charcuterie board.
- 4. Take a scenic drive to Yahk.** This charming hamlet is worth the trip—especially if you stop at Two Scoop Steve for a sweet treat and Yahk Soap & Candle Co. to shop for handmade goods (and say hello to the rooftop-dwelling goats, Toot, Buttin, and Walter!).
- 5. Explore the Wetlands.** Visit the Kootenay Columbia Discovery Centre in the Creston Valley Wildlife Management Area for interactive exhibits, guided canoe and walking tours, and hands-on activities. Don't miss the boardwalk trails that wind through the wetlands, home to an incredible variety of birds and wildlife.
- 6. Tee off at Creston Golf Club.** This stunning 18-hole course is surrounded by farmland and forest, offering a mix of challenge and playability for golfers of all levels. Short distances between greens and tees make it a perfect walkable course with incredible views.



7. Cheers to local beers.

Yes, Creston has two breweries! The Columbia Brewery, famous for Kokanee—“It’s the beer out here!”—offers brewery tours and tastings, while Wild North Brewing Co. serves up fresh, rotating craft brews to enjoy in their bustling tasting room or on the patio.

8. Visit the iconic Grain Elevator. Built in 1935, this historic structure stands as a tribute to the region’s agricultural roots. While the second elevator was recently removed, the remaining one is a must-see. Stop by the adjacent Kunze Gallery for a mix of history and fine art.

9. Get out on the water. If you love being on (or in) the water, you’re in the right place. Take a refreshing plunge in the Goat or Moyie Rivers, kayak or canoe down the winding Kootenay River, cast a line at Duck Lake (a fisherman’s paradise), or enjoy a swim and sunshine at one of Kootenay Lake’s scenic beaches.

10. Hit the trails. Whether you’re looking for a quick nature fix or a serious trek, the valley has a trail for you. Climb up to Balancing Rock, soak in the valley views from the Thompson Rim Trail, wander through the towering Cedars at Ka Papa Cedars Trail, or take on a backcountry quest to the iconic Haystack Mountain.

11. Play in the snow at Kootenay Pass. Winter lovers, this one’s for you! Whether you’re into snowshoeing, backcountry skiing, or snowmobiling, this high-altitude playground promises deep snow and endless adventure.

12. Have some fun around town.

Live music, trivia nights, bingo, and movies are just a few of the ways to stay entertained in Creston. Or, go for a round of mini-golf, visit the Creston & District Rec Complex for swimming and sports, or catch a Creston Valley Thunder Cats hockey game!

13. Savour the valley’s fresh flavours.

Get hands-on with a U-pick experience at a local orchard, meet the farmers, and browse the farm stands overflowing with just-picked fruits, veggies, and homemade treats.

14. Day trip up Kootenay Lake. Follow Highway 3A and explore the charming lakeside communities between Kuskanook and Kootenay Bay. Find a hidden beach, take a dip, and discover some of the area’s unique artisan studios along the way.

15. Dive into local history. The Creston Museum and the Yaqan Nukiy Heritage Centre at Legend Logos offer a deep dive into the valley’s past—from the Indigenous history of the Yaqan Nukiy people to the pioneering days of forestry, mining, and agriculture.

While you might not have time to check off everything on this list, we hope you enjoy a few of these highlights—and start planning your next trip to tackle the rest!

For more inspiration or additional ideas for your trip to the Creston Valley visit explorecrestonvalley.com/get-inspired-blog.



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PLAY

ADVENTURE STARTS HERE



THE vast landscape of the Creston Valley invites you to explore. Hike through alpine forests, paddle along meandering rivers, or tee off at a scenic mountain golf course. Whether you're drawn to the thrill of the outdoors or looking for a peaceful escape, exploration in the Creston Valley awaits!



LOCALS' TIP



Q: What's one unique thing about the Creston area's natural environment or wildlife that visitors often overlook but shouldn't?

A: Our local Wildlife Management Area is designated as an Important Amphibian and Reptile Area of Canada - one can search for painted turtles, rubber boas, western skinks and many other species while exploring the local wetlands and surrounding areas.

~ Carla Ahern, Senior Manager at the Kootenay Columbia Discover Centre

PLAY

IN THE MOUNTAINS



SURROUNDED by rugged peaks and pristine nature, Creston Valley offers hikes for every pace. Traverse wetland boardwalks, climb rocky ridgelines, or wander beneath ancient cedar trees. Every path leads to a new perspective on this breathtaking landscape.

SCENIC WALKING TRAILS

For an easygoing outdoor experience, the **Creston Valley Wildlife Management Area (CVWMA)** features a network of accessible trails that wind through the **Corn Creek Marsh**. Boardwalks and dyke-top paths provide stunning views and excellent birdwatching opportunities. Trails like the **Songbird Stroll**, **Elk Amble**, and **Wood Duck Walk** allow visitors to explore the valley's natural beauty at a relaxed pace.

QUICK HIKING TRAILS

If you're looking for a short but rewarding hike, Creston has several quick-access trails with fantastic viewpoints. **Billy Goat Bluffs** and **Balancing Rock** provide scenic overlooks, while **Sullivan Creek** and **Ka Papa Cedars** take hikers through lush forests and ancient cedar groves. These are great options for those wanting a short but scenic adventure.





CHALLENGING SUB-ALPINE HIKES

Hikers looking for a full-day adventure can explore **Thompson Rim Trail**, **Ripple Ridge**, and **Cornice Ridge**, which offer a challenge with high-elevation views. These sub-alpine hikes are still accessible by vehicle and provide stunning panoramic vistas. They're ideal for those seeking a full day of adventure without an overnight commitment.

REMOTE BACKCOUNTRY TRAILS

For experienced hikers and backcountry explorers, Creston has rugged, remote trails that demand preparation and skill. Routes like **Mount Midgley**, **Sanca Creek to Haystack**, and **Nun Lake Trail** offer solitude and striking alpine landscapes. These trails require navigation skills and backcountry expertise but reward adventurers with untouched wilderness and stunning scenery.

For more detailed descriptions pick up a copy of the new **Creston Valley Hiking Map**, available at the Creston Valley Visitor Centre and other local businesses, or visit explorecrestonvalley.com/hiking.



Creston & District Community Complex



POOL ● FIELDS ● FITNESS CENTRE ● SKATEPARK ● ARENA

More amenities, drop-in and pre-registered classes available.



rdck.ca/recreation

PLAY ON THE WATER



WITH crystal-clear lakes, winding rivers, and sprawling wetlands, Creston Valley is a haven for water lovers. Glide through quiet marshes, cast a line in world-class fishing waters, or take a refreshing swim in a hidden swimming hole. The valley's waterways are full of adventure for all outdoor enthusiasts.

WETLANDS AND WILDLIFE

The **Creston Valley Wildlife Management Area** is a biodiversity hotspot, home to over 300 bird species, along with mammals, fish, reptiles, and amphibians. Explore the network of trails in **Corn Creek Marsh** on foot or paddle along **Kootenay River**, **Duck Lake** and the surrounding channels and keep your eye out for these creatures. Alternatively a visit to the **Kootenay-Columbia Discovery Centre** also offers the opportunity to learn from biologists via guided canoe and walking tours and nature education programs.

PADDLING

Kayakers and canoeists love the calm waters of the **Kootenay** and **Goat Rivers**. A popular launch spot is **Old Ferry Landing**, which provides easy access to the Kootenay River. For a more relaxed paddle or some SUPing, explore the beaches and boat launches along **Kootenay Lake's East Shore**.

FISHING

With 17 fish species in the Creston Valley Wildlife Management Area (CVWMA), anglers have plenty of options. Duck Lake and the CVWMA's ponds and channels



are best for yellow perch and large-mouth bass (permit required—visit crestonwildlife.ca). For cutthroat trout, head to the Goat or Kootenay Rivers for some fly fishing. Kootenay Lake offers bull trout, Gerrard rainbow trout, and more from shore or by boat. For the adventurous, surrounding alpine lakes and creeks also provide great fishing for those willing to hike in a rod.

SWIMMING

Hot summer days call for a refreshing dip! Locals usually choose to cool off at the **Moyie River** (Yahk), the **Goat River** (Creston), and of course, **Kootenay Lake**. Looking for a perfect beach day? Head to **Twin Bays** or **Mackie Beach** for sun and stunning views.

PLAY

WINTER RECREATION



SNOW lovers rejoice! From snowshoeing and cross-country skiing to backcountry ski touring and snowmobiling, winter recreation in the Creston area is full of adventure.

SNOWSHOEING AND NORDIC SKIING

While Creston itself stays fairly mild in winter, nearby **Kootenay Pass** offers deep, pristine snow perfect for snowshoeing adventures. In snowy conditions, you can also cross country ski along the ungroomed trails in the **Corn Creek Marsh** and **Summit Creek areas of the CVWMA**.

SNOWMOBILING

Deep mountain snow draws avid snowmobilers to the Kootenay Pass area. The **Kokanee Country Snowmobile Club** maintains three riding areas and two backcountry huts up Kootenay Pass and to the East towards Yahk. Grab a membership and explore the terrain at crestonsnowmobileclub.com.

BACKCOUNTRY SKI TOURING

Just 35 minutes from Creston, Kootenay Pass is a backcountry ski touring hotspot, with popular routes in **Stagleap Provincial Park**. Visitors interested in backcountry skiing are advised to book an avalanche



safety course and/or trip with a local guide. For the truly devoted ski touring enthusiasts there are also two backcountry ski huts available for rent through the **Ripple Ridge Cabin Association**.

Before heading into the Creston area backcountry during winter, make sure you are adequately prepared and have checked avalanche conditions at avalanche.ca.

PLAY

AROUND TOWN AND IN THE VALLEY



CRESTON VALLEY isn't just about the great outdoors—there are plenty of ways to stay active in town, from golf and biking to yoga and community recreation.

COMMUNITY PARKS AND RECREATION

Creston's parks are perfect for relaxation and activities. **Millennium Park** features an amphitheatre, dog park, and BMX track, while **Lister Park** offers sports fields and a disc golf course. **Centennial Park's** splash pad is a family favourite. Additionally, **Canyon, Wynndel, Yahk, and West Creston** each boast their own community halls and parks equipped with sports courts, fields, and rentable kitchen and dining areas, making them ideal for family reunions and special events.

CRESTON & DISTRICT REC COMPLEX

This award-winning facility has it all with something for just about everyone, including a pool, sauna, gym, curling rink and skating rink indoors! The grounds of the Rec Complex also feature soccer and baseball fields, pickleball and volleyball courts, and a new Skateboard and BMX Park!

GOLFING

Fore! The **Creston Golf Club**, established in 1954, offers a beautifully maintained, playable yet challenging course with rolling

terrain and stunning valley views.

Looking for more golf? Try Kokanee Springs Golf Course (Crawford Bay) or Riondel's 9-hole community course.

BIKING

Pedal your way through the Creston Valley, from scenic farm roads in Lister and Canyon to longer rides up Kootenay Pass or along Kootenay Lake's East Shore. Want to ride with locals? Join the **Creston Valley Cycling Association's** weekly group rides at crestonvalleycycling.ca.

YOGA, MOVEMENT AND FITNESS

Stay balanced with a yoga or dance class at the **Rec Complex, Embody Movement Studio, or The Yoga Room**. Meanwhile visitors will also find a number of gyms and studios offering fitness classes in town including at the **Rec Complex**. So whether you're looking for a high-energy workout or a relaxing stretch, there's something for everyone.

For more on recreation in the Creston Valley, visit explorecrestonvalley.com/recreation.





THINGS TO DO

- **CRESTON & DISTRICT COMMUNITY COMPLEX**

Public Pool, Fitness Centre, Ice Arena, Skateboard/BMX Park.
rdck.ca/recreation | 250-428-7127

- **CRESTON VALLEY ADVENTURE RENTALS**

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thevalleyview.ca

- **CRESTON VALLEY GOLF CLUB**

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crestongolf.com | 250-428-5515

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- **KOOTENAY- COLUMBIA DISCOVERY CENTRE**

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discovery-centre.ca | 250-402-8661

- **SUMMIT CYCLES & SPORTS**

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SHOP RETAIL

SHOPPING in the Creston Valley blends rural charm with creative spirit. Explore stylish boutiques, browse handcrafted artisan goods, and uncover unique treasures tucked away in charming local shops. Each find comes with a story, and every purchase supports our community of entrepreneurs and artisans.

RETAIL

Downtown Creston is home to an array of charming shops offering everything from books and clothing to home décor and outdoor gear. **Modern Alchemy / Public Vinyl** feature an eclectic mix of records, books, stylish apparel, and one-of-a-kind home décor pieces. Food lovers will adore **The Grater Good Kitchen Supply**, a must-visit for top-tier kitchenware, gourmet ingredients, and cooking essentials. **Mawson's Sports** is the go-to spot for fishing, hunting, and camping gear, while **Summit Cycles & Sports** has everything for cyclists and outdoor adventurers.



LOCALS TIP



Q: Beyond Modern Alchemy and Public Vinyl, where in Creston do you go to get inspired—whether it's for music, design, or just a great vibe?

A: We find inspiration in nature walks, motorbike rides up Kootenay Lake, visiting garden centres and Wlokas or the local theatre. Heading to Good Company Coffee, Wild North Brewing or a class at Embody Movement Studio delivers good social vibes!

~ Kevin and Alanna, Modern Alchemy and Public Vinyl

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SHOP ARTISANS



ARTISAN STUDIOS

For those seeking handcrafted, locally made goods, Creston's artisan studios and shops are a must-visit. **Yahk Soap & Candle Co.** is a haven for handmade soaps, bath bombs, and candles, while **V.R. Sudz 'n Stuff** in downtown Creston offers an equally delightful selection of bath and body products. If you're drawn to ceramics, check out **Pridham Studio** and **Pottery on Canyon**, where talented potters create unique, handcrafted pieces. The summer **Creston Valley Farmers' Market** is a hub for local artisans, offering a vibrant selection of handcrafted goods, from textiles and jewelry to woodwork and preserves—an experience not to be missed!



To learn more about the artisans, shops and boutiques in the area visit explorecrestonvalley.com/shops-artisans.



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125 16th Ave N, Creston BC

WHERE FRIENDSHIP,
ADVENTURE AND
GREAT BEER COLLIDE



ARTS & CULTURE

GALLERIES AND STUDIOS

CREATIVITY thrives in the Creston Valley, where art, history, and live entertainment come together. Step inside contemporary galleries, explore historic landmarks, and experience the energy of local theatre and live music. The valley's culture is as rich as its landscape.

GALLERIES AND PUBLIC ART

As you stroll through downtown Creston, you'll spot murals and sculptures blending history with creativity. **Kunze Gallery**, beside the historic Grain Elevator, showcases large-scale paintings, sculptures, ceramics, and photography by renowned artists. Nearby, **Tilted Brick Gallery** highlights contemporary works from emerging and mid-career artists, making it a must-visit for art lovers.



LOCAL ARTIST STUDIOS

For those who love discovering handcrafted, one-of-a-kind pieces, Creston's artisan studios are a must-visit. **The Pottery on Canyon, Pridham Studio, Eversfield Ceramics** and **Jess Stacey's** studio each offer beautifully crafted ceramics, with opportunities to meet the artists and see their process. Other artisans create unique textile and fiber art, while other home studios throughout the valley showcase handcrafted jewelry, woodwork, and more. Exploring these studios provides a deeper connection to the artistry and passion that define Creston's creative community.



LOCALS TIP



Q: When you're not working on pottery, where do you go in Creston for inspiration or to unwind?

A: For inspiration, I love browsing art and history books at Kingfisher Books or visiting Herbarium Studio and Gardens to take in Jess Stacey's beautiful creations. To unwind, you'll often find me at Good Company Coffee, Wild North Brewing, or strolling along the Goat River.

~ Kait McKenna, Owner of The Pottery On Canyon

ARTS & CULTURE

ATTRACTIONS AND HERITAGE



THE Creston Valley's rich history and vibrant arts scene weave together the stories of those who shaped the region and those continuing to add to its creative spirit. From striking public art to historic landmarks, exploring Creston's arts and heritage offers a glimpse into its past and present.

HERITAGE ATTRACTIONS

Dive into local history at the **Creston Museum**, where guided or self-led tours bring the past to life. The **Yaqan Nukiy Heritage Centre** offers insight into Ktunaxa culture, showcasing traditional beadwork, fish traps, and the unique sturgeon-nosed canoe. Standing tall downtown, the historic **Creston Grain Elevator** is among the last of its kind in Canada—ongoing efforts have preserved the iconic agricultural landmark.



For more on Arts and Heritage, visit explorecrestonvalley.com/arts-heritage.



Don't just stand there!

**VISIT THE
CRESTON
MUSEUM!**

(We can't wait to see you)



Exhibits • Family Programs • Gift Shop • Picnic Area

Watch for seasonal events and activities!

For more info: CrestonMuseum.ca or Tammy@CrestonMuseum.ca



219 Devon Street
Creston BC
250-428-9262



THINGS TO DO

- THE ART BARN STUDIO**
 Individual and group arts and crafts classes. Year-round. artbarncreston.com
- CRESTON MUSEUM**
 Guided tours and personalized experiences. May - October. crestonmuseum.ca
- TIVOLI THEATRE**
 Movie showings. Year-round. tivoli-theatre.ca/wordpress
- FOOTLIGHTERS THEATRE**
 Live theatre performances. Year-round. facebook.com/CrestonFootlighters
- CRESTON CONCERT SOCIETY**
 Live music and performing arts concerts. October-May. crestonconcertsociety.ca
- CRESTON MINI-GOLF**
 Rounds of mini golf. May - September. crestonminigolf.wixsite.com/minigolf
- THE POTTERY ON CANYON**
 Ceramics workshops and classes. Year-round. 250-428-6819
- CRESTON VALLEY THUNDERCATS HOCKEY**
 Junior Hockey Games. Sept - Feb. crestonvalleythundercats.com



A Place for
All Things Good

A specialty coffee shop serving a small selection of hand-crafted drinks and locally sourced baked goods.

SUMMER:

May 19-Oct 12:
Monday-Saturday: 8am-5pm
Sunday: 8am-4pm

WINTER:

Oct 13-May 17:
Wednesday-Saturday: 9am-5pm
Sunday: 9am-4pm

goodcompanycoffee.ca

250-977-1306
info@goodcompanycoffee.ca



Amanda Mary Creative

Located next to
Baillie Grohman Winery
1132 27th Ave S., Creston, BC



Madeilyn P Photography



Brittany's
FLOWER FARM & STUDIO

Foraged Fresh Flowers

Brittany's Flower Farm is a full service flower studio specializing in artful floral design. Weddings, workshops, custom orders, flower subscriptions.

Tuesday - Saturday
9-5pm

brittanysflowerfarm.com

250-402-9222
info@brittanysflowerfarm.com



EVENT CALENDAR

ANNUAL EVENTS NOT TO MISS!

FEBRUARY

WOMEN'S VALENTINE'S BONSPIEL
@ Creston & District Community Complex.
2nd weekend of February.
crestoncurling.com

MARCH

MEN'S BUTTERFLY BONSPIEL
@ Creston & District Community Complex.
1st weekend of March. crestoncurling.com

APRIL

SPRING TURNOUT
@ Kootenay Meadows Farm.
3rd weekend of April. kootenaymeadows.ca

MAY

CRESTON VALLEY BIRD FESTIVAL
2nd weekend of May. crestonvalleybirds.ca

CRESTON VALLEY BLOSSOM FESTIVAL
3rd weekend of May. blossomfestival.ca

JUNE

JUST 'TRI' IT! TRIATHLON
@ Creston & District Community Complex.
1st Saturday in June. rdck.ca/recreation

JULY

CANADA DAY CELEBRATIONS
July 1

HOP TO VINE HUSTLE
1st Saturday in July. hoptovinehustle.ca

For more information on upcoming community events and activities closer to your trip, visit explorecrestonvalley.com/events.



SEPTEMBER

CRESTON VALLEY FALL FAIR
@ Creston Flats Stables.
1st weekend of Sept. crestonvalleyfair.com

BLUE HERON HALF MARATHON
Sunday, September 24. crestonmarathon.ca

NOVEMBER

CRESTON CHRISTMAS ART AND CRAFT FAIR @ Creston & District Community Complex. 3rd Sunday of November. crestonvalleyartscouncil.ca

DECEMBER

CRESTON SANTA CLAUS PARADE
@ Downtown Creston.
1st Saturday of December.

YEAR ROUND

CRESTON VALLEY FARMERS' MARKET



OUTDOOR FARMERS' MARKET @
?aku#ni, behind the Visitor Centre

Weekly on Saturdays,
April 26 - October 25.

INDOOR FARMERS' MARKET @
Creston & District Community Complex.

Weekly on Saturdays,
November 1 - December 20

cvfac.ca/farmersmarket



ENTERTAINMENT

SPORTS & LIVE PERFORMANCES

FROM sports to live performances, Creston's entertainment scene offers variety. Catch a hometown hockey game, enjoy an evening of live music, or join locals for some lively trivia or karaoke. Whether you're in the mood for action or relaxation, there's always something happening.

LIVE PERFORMANCES

From local bands at **Jimmy's Pub** and **Wild North Brewing Co.** to country dance nights at **Casey's Community House**, live music keeps the valley buzzing. For something more refined, the **Creston Concert Society** hosts an annual concert series, while **Footlighters Theatre Society** stages everything from Vaudeville comedies to musicals. In the summer, **Baillie-Grohman Winery** offers Friday night performances on their patio, with breathtaking Skimmerhorn Mountain views.

FAMILY FUN

Keeping the whole family entertained is easy in the Creston Valley! Cool off at the **Millennium Park Splash Pad** or the **Rec Complex Pool**, visit **Kootenay Meadows** for farm-fresh ice cream and a chance to meet

the cows, or catch a family-friendly flick at the **Tivoli Theatre**. For hands-on creativity, take a class at **Pottery on Canyon**. And for a dose of education and fun, explore the **Kootenay Columbia Discovery Centre** and the **Creston Museum**, both offering family-friendly tours.

SPORTS

Hockey fans won't want to miss the **Creston Valley Thunder Cats** in action! This Junior B team plays in the Eddie Mountain Division, drawing passionate local crowds all winter long at Johnny Bucyk Arena.

For more entertainment options, visit explorecrestonvalley.com/entertainment.

CRESTON VALLEY BIRD FEST

Where the Birds Are...



Second Weekend in May



www.crestonvalleybirds.ca

PRESENTATIONS PHOTOGRAPHY WORKSHOP

GUIDED CANOE TRIPS at the Discovery Centre

GUIDED BIRDING TOURS

VALLEY EVENTS

Discover our local wildflowers, wine, beer, dairy, honey, and stars!

Marsh Wren Photo Credit: Lindsay Donald

FOOD & FARM

FRESH NEVER TASTED SO GOOD



THE Creston Valley's rich farmland and hardworking producers make it a hub for fresh, locally grown food. From fruit-laden orchards to farm-fresh honey and valley-made wine, the connection between land and table is unmistakable. You'll definitely want to sample the region's local flavours while you are visiting.



LOCALS TIP



Q: Aside from Swan Valley Honey, what's another can't-miss experience for visitors wanting to get a true taste of Creston?

A: The Creston Valley Bird Festival in May is a must-do! As a key stop on a major avian flyway, the area draws birders from around the world, and we love learning something new each year from the expert-led talks and walks.

~ Amanda Goodman & Jeff Lee, owners of Swan Valley Honey



FOOD & FARM

FARMS, FRUIT STANDS, MARKETS AND MORE



like Kootenay Meadows Dairy to do a self-guided tour and try the organic cheeses or head to **Swan Valley Honey** in Wynndel to sample their award-winning wildflower honey.

To round out the local palate, butchers like **Famous Fritz's** and **Bindoya Meats and Treats** offer expertly prepared meats, while small-batch coffee roasters like **Lark Coffee Roasters** provide rich blends for the perfect morning cup. And of course the **Creston Valley Farmers' Market**, held outdoors beside the visitor centre each Saturday from May to October (and then monthly at their indoor location at the **Creston & District Community Complex** in winter), is a lively hub for fresh food and handcrafted goods that is a must-visit. Creston's local food scene is full of quality and character.

FARMS, MARKETS AND LOCAL PRODUCTS

From lush orchards to bustling farmers' markets, Creston's local food scene is deeply rooted in tradition and quality. Here, you can pick sun-ripened fruit, sample handcrafted cheeses, and meet the producers who bring the valley's flavours to life.

The Creston Valley is home to a thriving agricultural scene where fresh produce and artisanal goods abound. Drive through Erickson to find farms and fruit stands brimming with seasonal harvests and greenhouses stocked with local grown plants and flowers. Alternatively, visit a local farm

Find more local food options at explorecrestonvalley.com/ locally-grown-food-drink or check out the Food and Farm Directory on page 36-37.



BINDOYA Meats and Treats



Boerewors
~ South African Style Sausage ~



Air-Dried Cured Meat - Beef with no Nitrates (Biltong)



Fresh Sandwiches



Cheese



Charcuterie



Treats

1014A Canyon Street, Creston, BC ~ 250-254-2628 ~ bindoya.com ~ Open Tuesday to Sunday

FOOD & FARM

WINERIES, BREWERIES AND DISTILLERIES



SUN-SOAKED vineyards, craft-brewed beers, and small-batch distilleries give the Creston Valley its signature flavours. Sip an estate-grown Pinot Noir, sample a flight of locally brewed beer, or enjoy spirits made from valley-grown fruit. Every stop along Creston's tasting trail offers a distinct flavour of the region.

BREWERIES AND DISTILLERIES

Creston's brewing and distilling scene offers a mix of classic and craft beverages.

Columbia Brewery, home of the iconic Kokanee Beer, provides guided tours and tastings in the summer that explore its brewing process and history. Meanwhile Creston's favourite microbrewery, **Wild North Brewing Co.** offers a rotating lineup of small-batch beers, best enjoyed in their cozy taproom or outdoor patio. For spirits, **Sternwheeler Distillery** creates premium small-batch liquors using locally sourced fruit. Their tasting room offers visitors the chance to sample handcrafted gins, vodkas, and liqueurs in a welcoming setting.

WINERIES

Creston's wineries highlight the valley's unique terroir with elegant reds and refreshing whites. **Baillie-Grohman Estate Winery** specializes in Pinot Noir, Pinot Gris, and Chardonnay, best enjoyed on their scenic patio with a charcuterie board. Nearby, **Skimmerhorn Estate Winery** offers tastings of their well-balanced reds and whites, paired with light bites under the shade of their century-old trees. For boutique charm, **Red Bird Estate Winery** produces crisp whites and smooth reds in an intimate setting, while **Wynnwood Cellars**, overlooking Duck Lake, crafts distinctive high-altitude wines with complex flavours.

For more on Creston's wineries, breweries, and distilleries, visit explorecrestonvalley.com/wineries-breweries-distilleries



1046 Lamont Rd, Creston BC
250-254-8885
redbirdwine.com



Visit our Tasting Room to try our award winning, small batch, artisan wines.

Open 7 days a week
starting May Long Weekend,
11am to 5pm.



THINGS TO DO

- **COLUMBIA BREWERY**
Guided Tour and Beer Tasting (by appointment) Mid-May - September.
kokaneebeergearstore.ca
- **FLAMENCO FARMS**
U-Pick Cherries (by appointment).
Mid-July - Mid-August | 250-254-0357
- **BLUE CANOE ORCHARDS**
U-Pick Cherries (by appointment).
Mid-July - Mid-August.
bluecanoeorchards.com
- **BAILLIE-GROHMAN ESTATE WINERY**
Wine Tastings.
May - Fall (seasonally dependent).
bailliegrohman.com
- **RED BIRD ESTATE WINERY**
Wine Tastings.
May-long Weekend - Mid-October.
redbirdwine.com
- **SKIMMERSHORN WINERY**
Wine Tastings. Pre-booked tours.
Book by appointment.
1st Week of April - end of September.
skimmerhorn.ca
- **WILD NORTH BREWING CO.**
Beer Tastings. Year-round.
wildnorthbrewery.ca
- **WYNNWOOD ESTATE WINERY**
Wine Tastings.
May - October.
wynnwoodcellars.com

Experience great wine, delicious food and stunning views



THE ADVENTURE CONTINUES

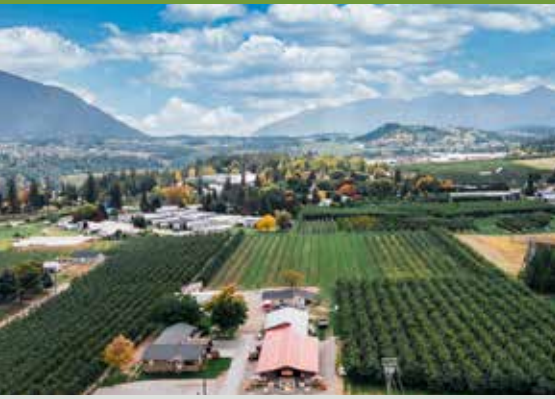


TASTING ROOM OPEN: May to September | hours, tours & events online
1140 27th Ave S, Creston, BC | 250-428-8768
www.bailliegrohman.com





FOOD & FARM GUIDE



FARMS & ORCHARDS

BLUE CANOE ORCHARDS

This family-owned orchard offers a unique “rent-a-cherry-tree” program, allowing you to pick your own tree! Traditional U-Pick also available for smaller quantities. Cherries ready late July/early August. Call ahead to check availability and book your tree!

3403 Beam Road, Erickson • 250-946-6145
bluecanoeorchards.com

DUCK LAKE SASKATOON BERRIES

Stop by this family-owned Saskatoon berry farm in early July for U-Pick from 6am-6pm. Conveniently located on the same property and owned by the same lovely folk at Wynndel Craft Distilleries.

1331 Channel Rd., Wynndel • 250-866-5226

MARKETS & FRUIT STANDS

CRESTON FRUIT MARKET

This large seasonal market carries an abundance of locally grown fruit, vegetables as well as some other tasty eats! Pull through parking also makes this an easy pit stop for RVs.

3016 Hwy 3, Erickson • 250-428-0032

FARAMAN FARMS

This fruit stand sells local cherries, peaches, plums, vegetables, apples, as well as their own fresh-pressed apple cider. Stop by between June and October to pick up your fruit, veggies, bulk grains and fresh juice!

3111 Hwy 3, Erickson • 250-402-3056 • @FaramanFarm on FB

J&B SMAGH FRUIT STAND

This seasonal fruit and vegetable stand sells their own fresh produce grown in the Creston Valley, including cherries, peaches, plums, blueberries, and more! Come on down and taste for yourself! 3851 Hwy 3, Erickson • 250-428-1490

MARAR ORCHARD

Marar Orchard is a fruit and vegetable market with a wide variety of fresh produce grown on-site. Stop by their market during the Summer and Fall to pick up some fresh veggies or fruits to take home with you! 3409 Hwy 3, Creston • 250-254-1188

FLAMENCO FARMS

This family-run farm sells fresh fruit, vegetables, berries seasonally and eggs year round at their stand. Their U-Pick cherries and raspberries in August is also a perfect activity for a family outing.

2642 Erickson Rd., Erickson • 250-254-0357

KOOTENAY MEADOWS FARM

Drop by the on-farm shop to sample and pick up their organic-certified cheese, milk, curds and now soft serve Ice Cream! Self guided tours of the barns are also available to walk around, meet the cows, see the milking robots and pet the calves.

3071 16th St., Lister • 250-428-9655 • kootenaymeadows.com

SUTCLIFFE ASPARAGUS FARM

The largest asparagus producer in British Columbia. Drop by the Sutcliffe family's farm store to buy fresh asparagus during the growing season. But be quick! The asparagus season is usually from the beginning of May to early June.

1252 Indian Rd., Wynndel • 250-428-2734 • sutcliffefarms.com

SWAN VALLEY HONEY

Visit the Kootenay's best-known beekeeping operation, producing honey from Creston's rich fields, wild flowers and surrounding forest and mountains. Pick up some of their honey including comb honey, beeswax and other products from the hive.

220 Placsko Rd., Wynndel • 250-866-6861 • honeybeezen.com

THISTLE FARMS

Garlic galore! This family-run 4-acre farm in Wynndel grows premium garlic and sells it—plus tasty treats like Black Garlic Salt—at their charming roadside stand. Swing by for garlicky goodness straight from the source.

1497 Channel Rd., Wynndel • 250-431-8401 • thistlefarm.ca



MARGO'S ORCHARD

This small, seasonal outdoor fruit stand located along Highway 3 in Erickson specializes in local fruits grown without the use of sprays. Famous for their easygoing, friendly staff and generous samples.

2813 Hwy 3, Erickson • 250-428-9782

WLOKA FARMS FRUIT STAND

Operating July until often the following January, Wloka Farms Fruit Stand offers only local produce grown on their farm and other farms in the Valley. Pop in to meet the famously friendly Frank, Barb and their fantastic crew.

3524 Hwy 3, Erickson • 250-428-0510 • @WlokaFarmsFruitStand on FB

SERVICES



Sales



U-Pick



Storefront



Summer



Fall



Self-Guided Tour



Dining



By Appointment



Winter



Spring



Guided Tour



Tasting



Pop-Up/Farmgate



Year-round

FARMERS' MARKET

CRESTON VALLEY FARMERS' MARKET

This award winning market offers a year-round selection of fruits, vegetables, meat, eggs, honey, baked goods, preserves, as well as local wines, ciders and spirits.

From April to October the outdoor market runs every Saturday morning from 9am to 1pm. The outdoor market is located downtown beside the Creston Valley Visitor Centre.

After Thanksgiving the market moves indoors to the Creston & District Community Complex, running weekly on Saturdays from November to Christmas. In the new year, the indoor market slows to once a month before returning outdoors.

?aku#ni, behind the Visitor Centre (Summer Outdoor)

312 19th Ave N., Creston (Winter Indoor)

877-347-5235 • cvfac.ca/farmersmarket

GREENHOUSES & NURSERIES

BRITTANY'S FLOWER FARM



This flower farm is a wonderful resource for dazzling, colourful and tastefully designed bouquets from their farm grown flowers. Select a custom bouquet while you sip on a delicious warm beverage from the Good Coffee Company next door.

1132 27 Ave S • 250-402-9222 • brittanysflowerfarm.com

HERBARIUM STUDIO & GARDENS



Located in Erickson, Herbarium Studio & Gardens is a flower farm and pottery studio specializing in locally grown seasonal flowers, handmade pottery and botanically inspired artwork by artist Jess Stacey.

3530 Erickson Rd, Erickson • 204-899-0947
herbariumstudioandgardens.ca

MORRIS FLOWERS GREENHOUSE



A full-service home and garden centre, carrying a huge selection of bedding plants adapted for the local climate, and experienced staff who can help. Locally grown produce also available in season.

1403 Erickson Rd • 250-428-5262 • morrisflowersbc.com

PALMER GREENHOUSES



Located in Erickson, Palmer Greenhouse is a quaint family-owned greenhouse specializing in potted and hanging flowers. Visit the seasonally operating greenhouse to explore their colourful collection of flowers to take home with you.

2619 BC-3 • 250-428-5154

VINLAND NURSERY



This family-owned nursery carries a variety of seeds, trees and shrubs, bedding plants, fruit trees and bushes, perennials, vegetable/herb starts as well as a variety of cherries, apples, apricots, and peaches. 2915 BC-3 • 250-428-2062 • vinlandnursery.ca

DISTILLERIES & BREWERIES

COLUMBIA BREWERY



Proud home of Kokanee Beer, the Columbia Brewery offers summer guided tours of the brewery, tastings, and sales of merch at their Kokanee Beer Gear Store.

1220 Erickson Rd., Erickson • 250-428-1238
kokaneebeergearstore.ca

WILD NORTH BREWING COMPANY



Located in the heart of Creston, visit this locally-owned craft brewery to sample some truly delicious beer in their cozy tasting room or out on the sun-drenched patio. Open 7 days a week.

125 16th Ave. N, Creston • 250-431-8624 • wildnorthbrewery.ca

STERNWHEELER DISTILLERY



Using a variety of local fruits and without any artificial flavours, this distillery produces a variety of schnapps, brandies, liqueurs and gins. Drop by their tasting room or book a tour in advance.

1629 Canyon St., Creston • 250-428-1764 • sternwheeler.ca

WINERIES

BAILLIE-GROHMAN ESTATE WINERY



Visit the award winning Baillie-Grohman Estate Winery for a guided tasting led by knowledgeable staff or enjoy a wine flight with a locally-sourced charcuterie board on their scenic outdoor patio. Owned and operated by a family, this winery offers beautiful views and a memorable experience.

1140 27th Ave. S, Erickson • 250-428-8768
bailliegrohman.com

RED BIRD ESTATE WINERY



Red Bird Estate Winery is a boutique family-owned and operated winery, producing small lot wines that represent the Kootenays. They are open May long to September long weekend for tastings on a first come first serve basis.

1046 Lamont Rd., Erickson • 250-254-8885 • redbirdwine.com

SKIMMERHORN WINERY



Come by Skimmerhorn Winery to sample some of their wines in the tasting room. Guests can also sit and enjoy a selection of their wines paired with a tempting charcuterie menu on the patio, which offers breathtaking views of the valley and Skimmerhorn mountains.

1218 27th Ave. S, Erickson • 250-428-4911 • skimmerhorn.ca

WYNNWOOD ESTATE CELLARS



Located north of Wynndel, this winery sits above Duck Lake on its east shore. Mineral rich soil provides complexity to their distinctive wines that reflect the terroir of this unique site. Offering tastings and tours.

5566 Hwy 3A, Wynndel • 250-866-5155 • wyynnwoodcellars.com

ARTISAN & BUTCHER

BINDOYA MEATS & TREATS



Stop by this butcher shop, specializing in traditional-style South African coiled farmers' sausages and air-dried cured meats like biltong, droëwors (dry wors), spicy beef sticks (chili bites), and more. Your one-stop store for charcuterie, cheeses, deli meats, and more.

1014a Canyon St, Creston • 236-351-0351

FAMOUS FRITZ MEATS & DELI



This local European-style butcher shop specializes in producing their own sausages, ham, and bacon, making everything from scratch to ensure that only the best ingredients are used. They also carry a number of local products at their shop.

1420 NW Blvd., Creston • 250-428-9055 • famousfritz.ca

LARK COFFEE ROASTERS



This small, specialty coffee roaster carefully curates its own unique and flavourful coffee blends. Come pick up a batch or try a sample at their new roastery located in the heart of downtown Creston!

237 11th Ave. N, Creston • 250-254-1325 • larkcoffee.ca

TREASURE LIFE FLOUR MILL



This local flour mill specializes in certified organic, stone-milled heirloom and ancient grain flours. Visit their shop and mill in Erickson for top-quality flour!

3102 Hwy 3, Erickson • 250-428-4414



MAY JUNE JULY AUGUST SEPTEMBER OCTOBER

Asparagus

Strawberries

GARLIC

Apricots

CORN

Cherries

CARROTS

Raspberries

Potatoes

BLACKBERRIES

PICKLING CUKES

Apples Transparent

BLUEBERRIES

TABLE CUKES

Peaches

Plums

Tomatoes

PEAS

Bartlett Pear

Honeycrisp

Apples

PEAS

Apples

Macintosh

Italian Prunes

Apples Sunrise



SEPTEMBER

SQUASH

Pumpkins

GRAPES

Apples

Delicious

Apples

Ambrosia

Apples

D'Anjou Pear



OCTOBER

Apples

Spartan

Apples

Delicious

Apples

Delicious

Apples

Ambrosia

Apples



OCTOBER

Baldwin

Apples

Check out this handy chart to see when your favourite fruit or vegetable is in season. TIP: Harvests vary depending on conditions, so ask a local for what's fresh!

The place to stay & enjoy good food in Creston!





NEW!
Kitchen
Suites
renovated
2024



VIEW
OUR
MENU!

1418 Canyon St, Creston BC
250-428-2225
crestonhotel.com

 JimmysPubGrill
 jimmyspub.creston



Buffalo Trails COFFEE HOUSE

Drinking Coffee in The Buff

With our home in our hearts, we source what we can from the people we know.



(250) 428-5730



specialty coffee house
open 7 days a week
breakfast + lunch
homemade treats



Roasted for The Buff

By The Buff

Small Batch Roastery
Premium Arabica Beans
Organic & Fair Trade

1417 Canyon St, Creston

buffalotrailscoffee.ca

DINING

RESTAURANTS, CAFÉS & BARS



CRESTON'S dining scene is full of diverse flavours—from fresh-brewed coffee and homestyle soups to crispy fish and chips and spicy Indian dishes. The settings are just as inviting: sip coffee in an orchard, grab lunch in a barn-style café, or enjoy cocktails on a cherry tree-lined patio. Here, variety truly is the spice of life!

CAFÉS AND RESTAURANTS

Start your day with a fresh-brewed coffee and a homemade treat at one of Creston's many cafés. **Buffalo Trails Coffee House** and **Brunch Club & Coffee Bar** offer cozy atmospheres and delicious breakfast & lunch options, while **Good Company Coffee**, just outside of town, serves artisan coffee with vineyard views. Heading further afield?

Two-Scoop Steve and Garden Bistro in Yakh provide tasty sandwiches, soups, and 24 flavours of ice cream—plus the chance to spot some rooftop goats!

When it comes to dinner, Creston has a variety of options, from casual eateries serving classic burgers and pizzas to modern restaurants crafting poke bowls and gourmet sliders to more globally inspired restaurants offering Thai, Indian, and Korean dishes. Bon appetit!

PUBS AND BARS

Looking for a laid-back meal or a great drink? Creston's pubs and bars also offer a mix of comfort food, craft brews and creative cocktails. A local favourite, **Jimmy's Pub & Grill** serves up an extensive list of beers on tap, along with oven-baked pizzas,



signature burgers, and souvlaki. Their cherry tree-lined patio is the perfect place to enjoy a warm summer evening.


For those craving a handcrafted drink, most spots also feature house-made cocktails and local wines and brews, making it easy to unwind after a day of exploring. Many also feature live music, trivia nights, and entertainment, making them great places to gather with friends and soak up Creston's lively atmosphere.

For more on Creston's cafés, restaurants, and pubs, visit explorecrestonvalley.com/places-to-eat



RESTAURANT GUIDE

	MEAL	LICENSED	FAMILY FRIENDLY		PATIO
RESTAURANTS & CAFÉS					
BASASAK CHICKEN 1821A Canyon St, Creston 250-431-8642	L, D	✓	✓	✓	
BAY LEAF FUSION 1403 Canyon St, Creston 250-428-7713 creston.bayleaffusion.com	B, L	✓	✓	✓	✓
BIGFOOT CAFÉ 2808 Hwy 3, Erickson bigfootcafe.ca	L, D			✓	✓
BINDOYA MEATS & TREATS 1014A Canyon St, Creston 236-351-0351 TAKE OUT ONLY	L		✓	✓	
BLACKSTONE CAFÉ 1521 Cook St, Creston 250-428-0631	B, L		✓	✓	✓
BUFFALO TRAILS COFFEE 1417 Canyon St, Creston 250-428-5730	B, L	✓	✓	✓	✓
BUSABA THAI CRESTON 223 - 10th Ave, Creston 250-351-4000 busabathaicafe.com/creston-busaba	L, D	✓		✓	✓
BRUNCH CLUB & COFFEE BAR 1015 Canyon St, Creston 250-402-9233 thebrunchclub.ca	B, L		✓	✓	
CANYON COUNTRY STORE 4493 Canyon-Lister Rd, Canyon 250-428-8771 TAKE-OUT ONLY	L		✓	✓	
CASEY'S COMMUNITY HOUSE 1136 Canyon St, Creston 250-428-7474 caseyscommunityhouse.com	L, D	✓		✓	
CRESTON FOOD JUNCTION 113 10th Ave N, Creston 236-351-1111	B, L		✓	✓	✓
GOLDEN FLOUR BAKERY 1025 Canyon St, Creston 250-428-9345	B, L		✓	✓	
GOOD COMPANY COFFEE 1132 27 Ave S, Creston, BC 250-428-2661	B, L		✓		✓
I & J FUSION 11-1000 NW Blvd, Creston 250-428-2077	L, D			✓	
INDIAN CURRY KING 1521 Canyon St, Creston 250-254-0801 TAKE-OUT ONLY	L, D		✓	✓	
JIMMY'S PUB & GRILL 1418 Canyon St, Creston 250-428-2225 crestonhotel.com/jimmys-pub-grill	L, D	✓		✓	✓
KOKANEE PUB 123 9th Ave S, Creston 250-428-4241	B, L, D	✓	✓	✓	✓
MOUNTAIN BARN 2706 BC-3A, Wynndel 250-866-0063 mountainbarn.ca	B, L		✓	✓	✓
RETRO CAFÉ 1431 NW Blvd, Creston 250-428-2726 retrocafe.ca	B, L		✓	✓	
RICK'S IRON KETTLE 1420 Northwest Blvd, Creston 250-428-7425	B, L		✓	✓	✓
RICKY'S ALL DAY GRILL 1809 Northwest Blvd, Creston 250-428-8826 rickysrestaurants.ca	B, L, D	✓	✓	✓	✓
SIRDAR STATION PUB Hwy 3-A, Sirdar 250-949-0840 sirdarstationpub.com	L, D	✓		✓	
SUN R RESTAURANT 1510 Canyon St, Creston 250-428-2414 TAKE-OUT ONLY	D	✓	✓	✓	
THE MALLORY RESTAURANT 1800 Mallory Rd, Lister 250-428-5515 crestongolf.com/menu	B, L, D	✓		✓	✓
TIM'S FISH & CHIPS 1108 NW Blvd, Creston 250-428-4008	L, D		✓		✓
TWO SCOOP STEVE 8707 Johnson Road, Yahk 250-424-5166	B, L		✓		✓

	MEAL	LICENSED	FAMILY FRIENDLY		PATIO
FAST FOOD					
A&W 916 Northwest Blvd, Creston 250-428-4849 aw.ca	B, L, D		✓	✓	✓
DAIRY QUEEN 1804 Canyon St, Creston 250-428-9800 dq.com	L, D		✓	✓	✓
MCDONALD'S 212 Collis St, Creston 250-402-0088 mcdonalds.com	B, L, D		✓	✓	
PANAGO PIZZA 1029 Canyon St, Creston 1-866-310-0001 panago.com	L, D		✓	✓	
PIZZA PIZZA 1229 Canyon St, Creston 1-877-295-7305 pizzapizza.ca	L, D		✓	✓	
SUBWAY 1415 Canyon St, Creston 250-428-5292 subway.com	B, L, D		✓	✓	
TIM HORTONS 300 Helen St, Creston 250-402-0062 timhortons.ca	B, L, D		✓	✓	
WAREHOUSE PIZZA 1335 NW Blvd, Creston 250-428-0069 warehousepizza.com	L, D		✓	✓	✓

Visit explorecrestonvalley.com/places-to-eat for more information on places to eat in the Creston Valley.



FAMOUS FRITZ

MEATS & DELI

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THE BRUNCH CLUB
& COFFEE BAR

All Day Lunch & Brunch • 7 Days A Week



Featuring local coffee & food ingredients!

1015 Canyon St, Creston BC • 250-402-9233 • www.thebrunchclub.ca

STAY

RESTORE AND RESET



REST easy in the Creston Valley, where hospitality comes in many forms. Book a cozy B&B with mountain views, settle into a full-service hotel, or camp beneath a sky full of stars. Wherever you choose to stay, comfort and charm come naturally.

HOTELS AND MOTELS

Creston's hotels and motels offer a mix of convenience, comfort, and affordability. Travelers looking for extra amenities will appreciate the **Creston Hotel & Suites**, located downtown near shops and cafés, featuring well-appointed rooms and an on-site pub. For a more secluded stay, **Bavarian Orchard Inn** in Erickson offers a peaceful setting with orchard views. Many motels in the valley cater to road trippers, with pet-friendly rooms, large vehicle parking, and extras like saunas, hot tubs, and EV charging stations.

BED AND BREAKFASTS

For a more personal and intimate stay, Creston's bed and breakfasts provide warm hospitality in beautiful settings. Whether you prefer a cozy in-town B&B within walking distance of shops and cafés or a secluded retreat in the countryside, there are plenty of options. Many B&Bs feature home-cooked breakfasts, private patios, and scenic valley views, making them ideal for couples looking for a quiet getaway.



LOCALS TIP



Q: What's a lesser-known activity or destination in Creston that first-time visitors shouldn't miss?

A: I love telling newcomers about my favourite hiking trail, Thompson Rim Trail, where you can see stunning valley views.

~ Karen Peck, Co-owner of the Uptowner Hotel, Agent at Go Forth Real Estate Team



RV PARKS AND CAMPGROUNDS

Creston is a great stop for campers and road-trippers, offering full-service RV parks, rustic campgrounds, and backcountry escapes.

Pair-A-Dice RV Park & Campground, conveniently located in town, offers full hookups for RV travellers. For a more natural setting, **Canyon Park Campground** provides spacious sites near hiking trails and

scenic views. Those seeking an off-the-grid experience can camp under the stars at nearby provincial parks, where tenting and boondocking opportunities abound.

For more on accommodations in Creston, visit explorecrestonvalley.com/places-to-stay-accommodations



Visit Historic Canyon!

Inspiring Healthy Living Through Recreation

A 10 minute drive from Creston



www.canyonbc.ca



Canyon Park, 4275 Samuelson Rd
A beautiful, rustic park featuring:

- Timberframe pavillion with kitchen
- Playground, ball diamond, walking trails
- Public horse arena
- 14 tenting/RV sites (max 18ft RV with no hookups), group camping area, dish washing station, coin op showers

Canyon Community Hall
Capacity 211
4110 - 43rd St, Canyon, BC

For all facility rental information call or email:
236-351-4040
canyonparkhall@gmail.com



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Call Today: 1(877)428-2234 | Office: (250)428-2234

ACCOMMODATION GUIDE

ACCOMMODATION LEGEND



Kitchen



Pet-friendly



Breakfast



Restaurant



Wheelchair



Hottub



Outdoor Patio



Gym

HOTELS, MOTELS AND INNS	AMENITIES	ROOMS
BAVARIAN ORCHARD 3205 Hwy 3, Erickson 250-428-9935 bavarianmotel.ca		11
CITY CENTRE MOTEL 226 15th Ave N, Creston 250-428-2257 citycentremotel.ca		12
CRESTON VALLEY MOTEL 1809 Canyon St, Creston 250-428-9823 crestonvalleymotel.com		13
CRESTON HOTEL 1418 Canyon St, Creston 250-428-2225 crestonhotel.com		25
MAGNUSON HOTEL 800 Northwest Blvd, Creston 250-428-2224 magnusoncreston.com		52
THE VALLEY VIEW CABINS 216 Valleyview Dr, Creston 250-428-2336 thevalleyview.ca		15
RAMADA CRESTON #1-1809 Hwy 3A, Creston 250-254-1111 wyndhamhotels.com/ramada/creston		71
SKIMMERHORN INN 2711 Hwy 3, Erickson 250-428-4009 skimmerhorninn.ca		25
SUNSET MOTEL 2705 Hwy 3, Erickson 250-428-2229		24
UPTOWNER HOTEL 1218 Canyon St, Creston 250-402-8819 uptownerhotel.com		22
YAHK MOTEL & CAMPGROUND 8769 Highway 3 250-424-5556 yahkmotel.com		8
B&BS AND VACATION RENTALS		
BOHO B&B 310 A 16th Ave, Creston 780-723-1647		1
CRESTON MOON B&B 1206 Lilac St., Creston 403-969-9887 crestonmoonbnb.ca		2
DUNLOP HOUSE 3246 Riverview Rd, Lister 250-254-9779		4



Situated in the heart of Creston's orchards and only minutes to downtown.



3205 BC-3, Creston, BC
250-428-9935
bavarianmotel.ca
bavarianorchardmotel01@yahoo.com

Sparkling Clean • Air Conditioned • Cable TV, Free WiFi
One or Two Bedroom Suites, Some with Private Deck
• Non-Smoking • No Pets • Daily housekeeping

RV AND CAMPGROUNDS GUIDE

RV AND CAMPGROUND LEGEND



RV AND CAMPGROUNDS	AMENITIES	SITES
ARROW MTN. RV PARK 1809 Hwy 3-A, Creston 250-428-1882 arrowmountainrv.com		24
CANYON PARK CAMPGROUND 4725 Samuelson Rd, Canyon 236-351-4040 canyonbc.ca		14
HAY U RANCH 9432 Hwy 3, Yahk 250-464-1111 hayuranchrvresort.godaddysites.com		100
KOZY TENT & TRAILER PARK 3003 Hwy 3, Erickson 250-428-4143		28
MOUNTAIN PARK RESORT 4021 Hwy 3, Erickson 250-428-2954 mountainprk.com		43
RIVERS EDGE RANCH RV PARK 8623 BC-3, Yahk, BC 250-254-9999 riversedgeranchrv.com		18
PAIR-A-DICE RV & CAMPGROUND 1322 Northwest Blvd, Creston 1 866-223-3423 pairadicepark.com		40
SCOTTIES RV PARK & CAMPGROUND 1409 Erickson Rd, Creston 250-428-4256 scottiesrv.com		44
YAHK MOTEL & CAMPGROUND 8769 Hwy 3, Yahk 250-424-5556 yahkmotel.com		12
YAHK PROVINCIAL PARK CAMPGROUND 8440 Hwy 3, Yahk 250-422-3003 env.gov.bc.ca/bcparks/explore/parkpgs/yahk		26

Visit explorecrestonvalley.com/places-to-stay-accommodations for information about accommodations and campgrounds in the area.



Open year-round, located within walking distance to grocery store and restaurants!



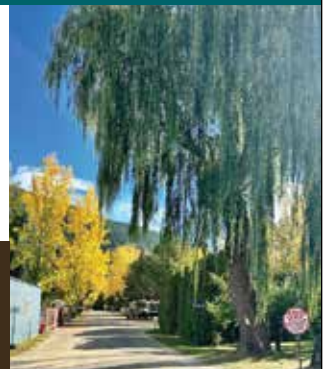
PAIR-A-DICE
RV PARK & CAMPGROUND

- GoodSam Park
- 15/30/50 Amps Sites
- 65' Pull-Thru Sites
- 44 Camp Sites
- Tenting Sites
- Pets Welcome
- Free Showers
- Coin op Laundry
- Sani-Dump onsite

1322 Northwest Blvd. (Hwy #3)
Creston BC

Office hours: 8:00 am - 9:00 pm
250-428-2347
1-866-223-3423 (DICE)
pairadice@shaw.ca

pairadicepark.com



PLANNING YOUR TRIP

DRIVING ROUTES



YOU'VE planned when to visit, where to stay, and what to do—now it's time for the details! From travel routes and ferry schedules to border crossings and time zones, this section ensures you have everything you need for a smooth trip.

Whether you're arriving by car, motorcycle, or RV, getting to the Creston Valley is easy no matter which direction you're coming from!

HIGHWAY 3 FROM THE EAST

Reach Creston and Yahk via Crowsnest Highway 3 from Lethbridge, Fernie, and Cranbrook.

The Highway 95 junction at Cranbrook connects travellers from Calgary, Banff, Invermere, and Golden. Cranbrook also hosts the Canadian Rockies International Airport, offering daily flights from Vancouver and Calgary.

HIGHWAY 3 FROM THE WEST

Travel to Creston and Yahk from Vancouver, Osoyoos, Castlegar, and Nelson along Crowsnest Highway 3. The Highway 97 junction at Osoyoos links to Kelowna and the Okanagan.

HIGHWAY 3A FROM THE NORTH

Creston is accessible via Nakusp, Kaslo, and Nelson through Highways 3A and 31. At Balfour, the free Kootenay Lake Ferry



crosses to Kootenay Bay, where Highway 3A continues to Creston.

IDAHO STATE HIGHWAY 1 & US 95 FROM THE SOUTH

Creston and Yahk can be reached via US 95 from Spokane, Coeur d'Alene, Sandpoint, and Bonners Ferry. The US 95 connection leads to Kingsgate and Yahk, while Idaho State Highway 1 links north of Bonners Ferry to Creston.

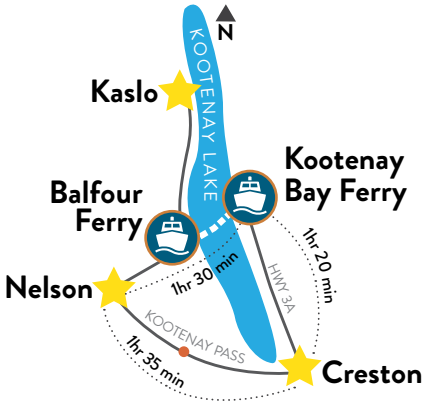
For current road updates visit drivebc.ca.

For more information about how to get to Creston by road visit explorecrestonvalley.com/getting-here.



PLANNING YOUR TRIP

FERRY AND BORDER INFORMATION



KOOTENAY LAKE FERRY AND HWY 3A

The **Kootenay Lake Ferry** is the longest free ferry ride in British Columbia, crossing the lake multiple times a day between Balfour Ferry Terminal (west side) and Kootenay Bay Ferry Terminal (east side). This scenic journey, taking approximately 1 hour and 15 minutes, is a must for many visitors travelling through the region.

From Kootenay Bay, Highway 3A leads south to Creston, winding along the East Shore of Kootenay Lake. This route, taking about 1 hour and 20 minutes, offers breathtaking views but is narrow and winding, so travellers should drive with caution.

Departure Balfour		Departure Kootenay Bay	
SUMMER	WINTER	SUMMER	WINTER
6:30 am	6:30 am	7:10 am	7:10 am
8:10 am	8:10 am	9:00 am	9:00 am
9:50 am	9:50 am	10:40 am	10:40 am
10:40 am		11:30 am	
11:30 am	11:30 am	12:20 pm	12:20 pm
12:20 pm		1:10 pm	
1:10 pm	1:10 pm	2:00 pm	2:00 pm
2:00 pm		2:50 pm	
2:50 pm	2:50 pm	3:40 pm	3:40 pm
3:40 pm		4:30 pm	
4:30 pm	4:30 pm	5:20 pm	5:20 pm
5:20 pm		6:10 pm	
6:10 pm	6:10 pm	7:00 pm	7:00 pm
7:50 pm	7:50 pm	8:40 pm	8:40 pm
9:40 pm	9:40 pm	10:20 pm	10:20 pm

VESSELS: Osprey 2000 • **M.V. Balfour**

- All times are Pacific Time (PST).
- Times in **bold** indicate peak ferry travel. Anticipate delays during this period.
- Summer schedule runs late June to September Labour Day.
- Winter schedule begins a week after Labour Day to late June.

BORDER CROSSINGS

The Creston Valley is a short drive from the Canada–U.S. border, making it an accessible destination from Idaho, Washington, and Montana via two major border crossings:

Kingsgate/Eastport Border Crossing

The closest entry point to Yahk, just 15 minutes north of the border. Open 24 hours a day, year-round.

Rykerts/Porthill Border Crossing

The closest entry point to Creston, located 15 minutes south of town. Open daily with hours changing seasonally. Note: The Canadian and U.S. sides have different operating hours, so be sure to check both before traveling.

For up-to-date Rykerts Port hours, call:
 Within Canada: 1-800-461-9999
 Outside Canada: 1-204-983-3500

For more information visit explorecrestonvalley.com/border-information.



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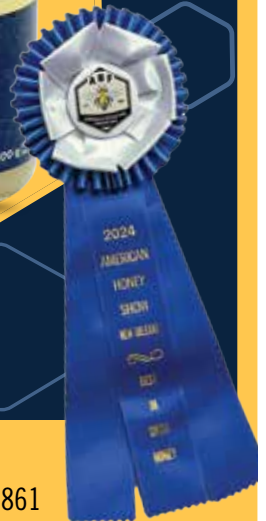


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– Rick Sutton, American Honey Show judge

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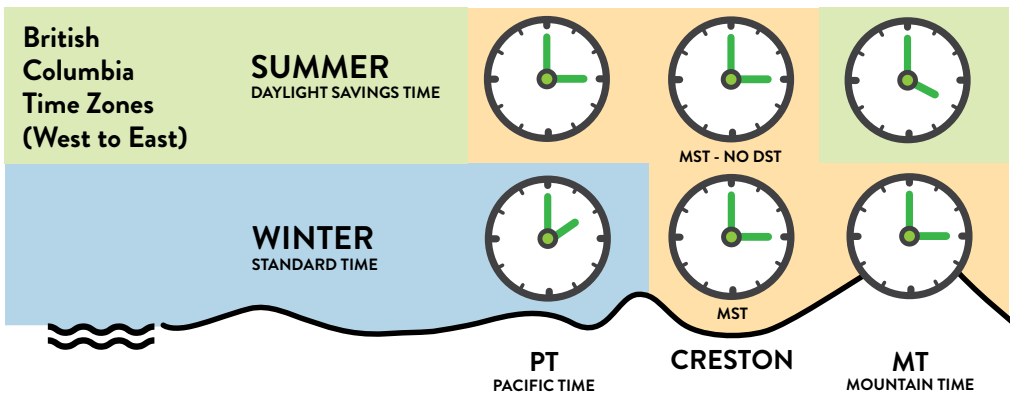


HONEY TASTINGS AT OUR FARM GATE HONEY SHOP

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PLANNING YOUR TRIP

TIME ZONE AND VISITOR SERVICES



TIME ZONE

Here in the Creston Valley, time stays consistent year-round! Unlike most of British Columbia, Creston operates on Mountain Standard Time (MST) year-round—meaning it does not observe Daylight Savings Time (DST).

Summer: Creston aligns with Pacific Daylight Time (PDT), the same as Vancouver.

Winter: Creston aligns with Mountain Standard Time (MST), the same as Calgary.

This means no adjusting clocks twice a year—just seamless transitions between seasons! Whether you're visiting in the long, sunny days of summer or enjoying extra daylight in winter, you'll always be on local time.

For more details on Creston's unique time zone, visit explorecrestonvalley.com/time-zone.



VISITOR SERVICES

Conveniently located in downtown Creston, the **Creston Valley Visitor Centre** is your go-to resource for local knowledge. Whether you're looking for insider tips on must-see sights, seasonal activities, or up-to-date travel information, the friendly and well-informed team is happy to assist.

Creston Valley Visitor Centre
121 NW Boulevard, Creston BC

Mid-May to August:
7 days a week, 9am – 5pm

September to May:
Monday – Friday, 9am – 5pm
Phone: 250-428-4342

For more details, visit:
explorecrestonvalley.com/visitors-centre.



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health.creston.ca

MAP DIRECTORY



PROVINCIAL PARKS & WILDERNESS AREAS



- 1 YAHK PROVINCIAL PARK**
Activities: swimming, fishing
Season: Spring, Summer
- 2 CRESTON VALLEY WILDLIFE MANAGEMENT AREA**
Activities: hiking, wildlife-viewing, canoeing, kayaking, fishing
Season: Year-round
- 3 STAGLEAP PROVINCIAL PARK**
Activities: hiking, snowshoeing, backcountry skiing
Season: Year-round
- 4 KIANUKO PROVINCIAL PARK**
Activities: hiking, horseback riding
Season: Year-round

- 5 CRESTON & DISTRICT COMMUNITY COMPLEX**
Facilities: pool, hot tub, steam room, curling rink, fitness gym/track, hockey arena, ball diamonds, soccer field, outdoor sport courts, children's playground, BMX/skateboard park.
Season: Year-round
- 6 DOG & BMX PARK**
Facilities: dog park, BMX dirt jump track, outdoor exercise equipment, walking path
Season: Spring, Summer, Fall
- 7 CENTENNIAL PARK**
Facilities: children's splash park, playground, covered picnic area, change rooms, public washrooms, baseball field, outdoor exercise equipment
Season: Spring, Summer, Fall
- 8 BURNS PARK**
Facilities: playground, public washrooms
Season: Spring, Summer, Fall
- 9 SCHIKURSKI PARK**
Facilities: public washrooms, walking path
Season: Spring, Summer, Fall



COMMUNITY PARKS & FACILITIES

- 1 YAHK KINGSGATE COMMUNITY HALL AND PARK**
Facilities: hall, indoor gym, kitchen, bandstand, multi-use sport court, bocce and horseshoe pits, baseball diamond
Season: Year-round
- 2 CANYON COMMUNITY PARK**
Facilities: baseball diamond, horse arena, walking track, playground, public washrooms, outdoor kitchen and pavilion
Season: Spring, Summer, Fall
- 3 LISTER PARK**
Facilities: baseball diamond, outdoor hockey arena, disc-golf course, playground, washrooms, and pavilion.
Season: Spring, Summer, Fall
- 4 MILLENNIUM PARK**
Facilities: walking path, public washrooms, fountain, covered bandstand, RV parking and sani-dump.
Season: Spring, Summer, Fall

HIKING AREAS & TRAILS



- 1 MOUNT THOMPSON TRAILS**
Activities: hiking, horseback riding, mountain biking
Season: Spring, Summer, Fall
- 2 GOAT (ARROW) MOUNTAIN TRAILS**
Activities: hiking
Season: Spring, Summer, Fall
- 3 CRESTON VALLEY WILDLIFE MANAGEMENT AREA TRAILS**
Activities: hiking, biking, snowshoeing, cross-country skiing
Season: Year-round
- 4 MOUNT CRESTON TRAILS**
Activities: hiking
Season: Spring, Summer, Fall
- 5 KOOTENAY PASS TRAILS**
Activities: hiking, snowshoeing, Backcountry skiing
Season: Year-round
- 6 BACKCOUNTRY TRAILS**
Includes Haystack Mountain Trail in Kianuko Prov. Park and Mt. Midgely Trail to the NW of the Creston Valley.
Activities: hiking
Season: Summer, Fall

BOAT & CANOE LAUNCHES



- 1 KOOTENAY RIVER OLD FERRY LANDING LAUNCH**
Activities: boating, canoeing, kayaking, SUPing, fishing
Season: Spring, Summer, Fall
- 2 CVMA KOOTENAY RIVER CANOE LAUNCH**
Activities: non-motorized boating, canoeing, kayaking, fishing
Season: Spring, Summer, Fall
- 3 CVWMA DUCK LAKE SIRDAR CANOE LAUNCH**
Activities: non-motorized boating, canoeing, kayaking, fishing
Season: Spring, Summer, Fall
- 4 KUSKANOOK HARBOUR BOAT LAUNCH AND MARINA**
Activities: boating, canoeing, kayaking, SUPing, fishing
Season: Spring, Summer, Fall
- 5 BOSWELL PUBLIC BOAT LAUNCH**
Activities: boating, fishing
Season: Spring, Summer, Fall

Find these locations on the Downtown Creston map on page 46 and the Creston Valley Area map on page 48.

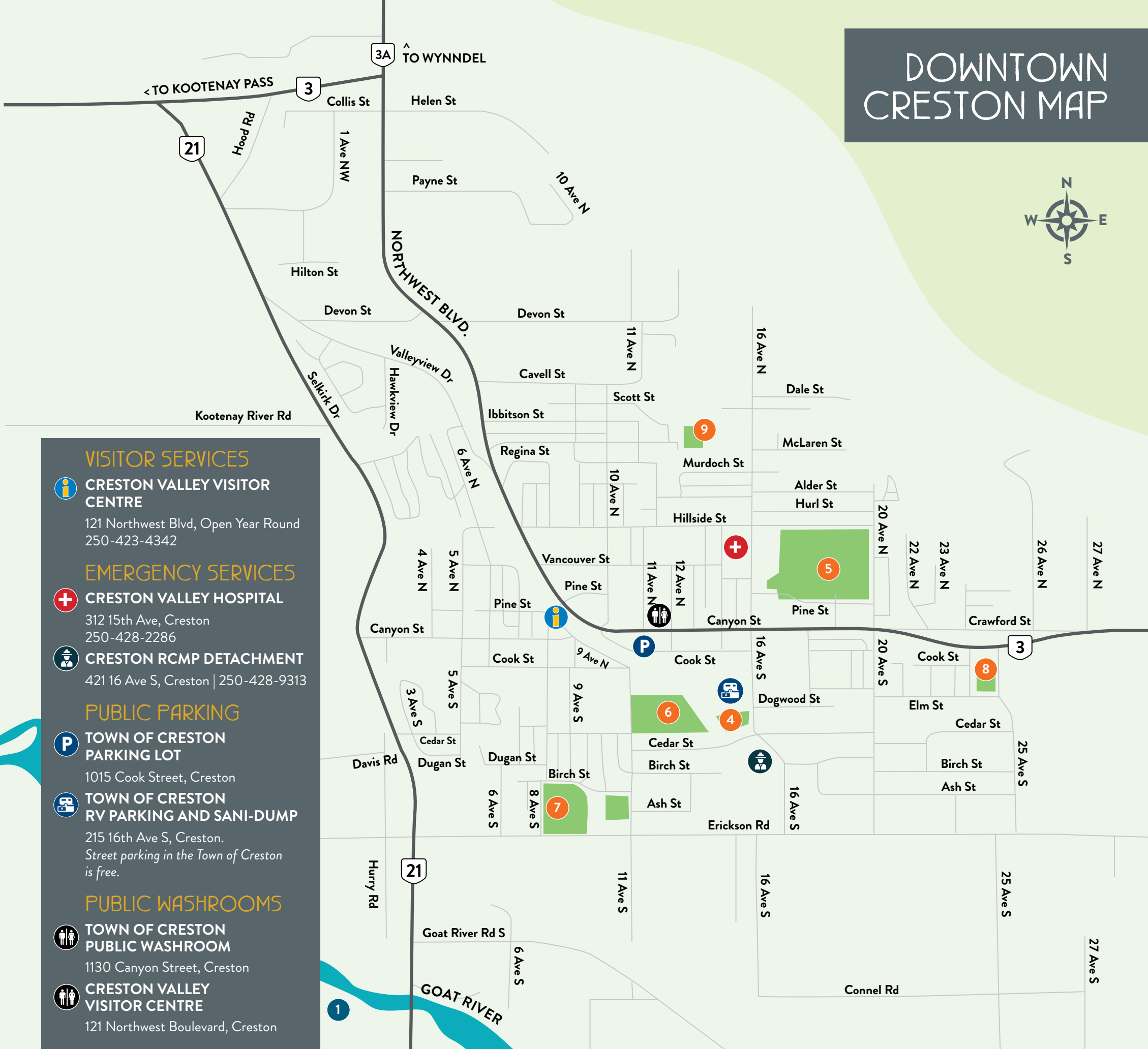
BEACHES & SWIMMING SPOTS



- 1 GOAT RIVERSIDE PARK**
Activities: swimming, fishing
Season: Spring, Summer, Fall
- 2 TWIN BAYS BEACH**
Activities: swimming, SUPing, kayaking
Season: Spring, Summer, Fall
- 3 MACKIE BEACH**
Activities: swimming, SUPing, kayaking
Season: Spring, Summer, Fall
- 4 LOCKHART BEACH**
Activities: swimming, SUPing, kayaking
Season: Spring, Summer, Fall



DOWNTOWN CRESTON MAP



VISITOR SERVICES

CRESTON VALLEY VISITOR CENTRE
 121 Northwest Blvd, Open Year Round
 250-423-4342

EMERGENCY SERVICES

CRESTON VALLEY HOSPITAL
 312 15th Ave, Creston
 250-428-2286

CRESTON RCMP DETACHMENT
 421 16 Ave S, Creston | 250-428-9313

PUBLIC PARKING

TOWN OF CRESTON PARKING LOT
 1015 Cook Street, Creston

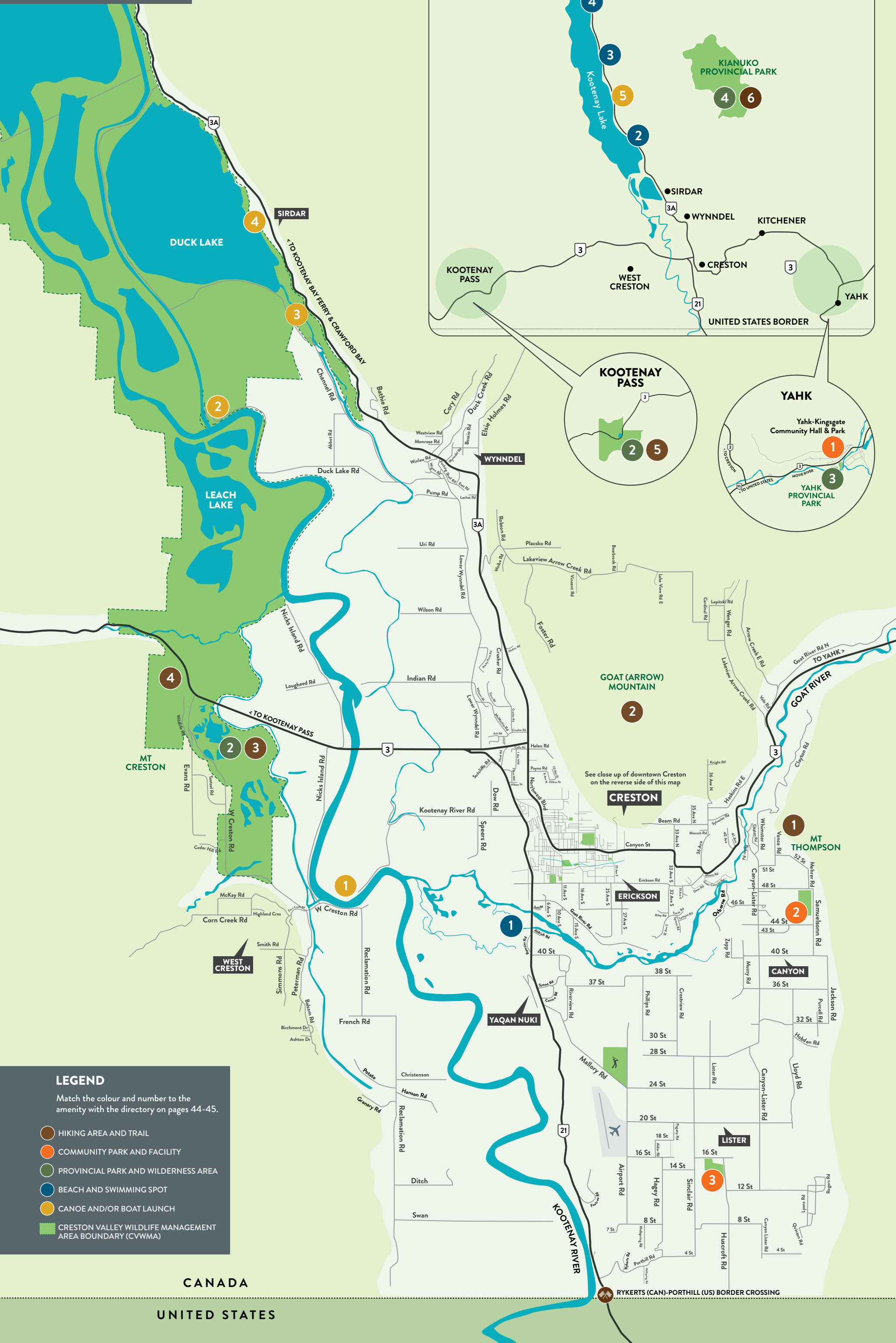
TOWN OF CRESTON RV PARKING AND SANI-DUMP
 215 16th Ave S, Creston.
 Street parking in the Town of Creston is free.

PUBLIC WASHROOMS

TOWN OF CRESTON PUBLIC WASHROOM
 1130 Canyon Street, Creston

CRESTON VALLEY VISITOR CENTRE
 121 Northwest Boulevard, Creston

CRESTON AREA MAP



LEGEND

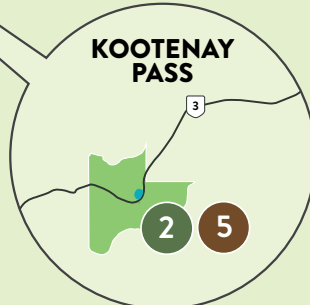
Match the colour and number to the amenity with the directory on pages 44-45.

- HIKING AREA AND TRAIL
- COMMUNITY PARK AND FACILITY
- PROVINCIAL PARK AND WILDERNESS AREA
- BEACH AND SWIMMING SPOT
- CANOE AND/OR BOAT LAUNCH
- CRESTON VALLEY WILDLIFE MANAGEMENT AREA BOUNDARY (CVWMA)

CANADA

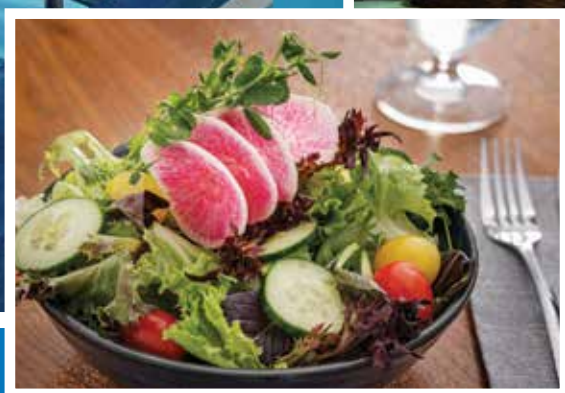
UNITED STATES

See close up of downtown Creston on the reverse side of this map




Ainsworth
hot springs resort


KTUNAXA
grill
Fresh, Local, Indigenous-Inspired




spirit
water
spa

YEAR-ROUND ENJOYMENT

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Tours available mid-May until September.

(weather permitting)

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growlers and merchandise
available.

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kokaneebeergearstore.ca

 **Columbia Brewery**
Kokanee Beer Gear Store

 [kokanee_beer](https://www.instagram.com/kokanee_beer)

Kokanee Beer Gear Store,
Columbia Brewery
1220 Erickson Rd., Creston, BC
250-254-1601



Kokanee*

GLACIER FRESH BEER